

Cardinal Directions

2021-
2022

IOWA STATE
UNIVERSITY





Welcome to Iowa State University and your next adventure! Let me be one of many Iowa State University faculty and staff to welcome you to your new community. Let me also challenge you to prepare for the journey ahead.

As you start your journey to success at Iowa State, invest in yourself by exploring resources and services designed to help you achieve your goals. This guide was designed with you in mind. Read through the material now to prepare yourself and visit it again once you have a few weeks under your belt. As your journey evolves, the information here can be a great tool throughout your experience.

During orientation, reach out to the Cyclone Aides. These students have a story to tell and are excited to be here to help you write your own. We hope you make the most of your experience at Iowa State—your adventure has begun! Go Cyclones!

Sarah Merrill

SARAH MERRILL, DIRECTOR

NEW STUDENT PROGRAMS

Table of Contents

SECTION 1

LET THE ADVENTURE BEGIN

- 2 Iowa State history and traditions
- 6 Iowa State fast facts
- 7 Quick Q&A

SECTION 2

START SOMETHING SPECIAL

- 9 Academic advising and student services
- 10 Academic support and resources
- 10 AccessPlus
- 10 Iowa State University Book Store
- 10 ISUCard
- 10 Parks Library
- 11 2020–2021 Academic Calendar dates
- 12 Destination Iowa State

SECTION 3

CONSTRUCT YOUR FUTURE

- 14 Getting involved
- 16 Living independently
- 16 Plugging in
- 18 Taking care of your health
- 19 Managing your finances
- 20 Creating community
- 21 Staying safe

SECTION 4

THRIVE IN A CULTURE OF RESPECT

- 22 Principles of Community
- 23 Office of Diversity and Inclusion
- 23 Office of Equal Opportunity
- 24 Student policies

**SECTION 1
LET THE
ADVENTURE
BEGIN**

As an Iowa State student, you're part of a university that's advancing the world. You're part of a history that's steeped in tradition. And, of course, you're part of an adventure that's sure to last a lifetime. Read more to learn about your new home.

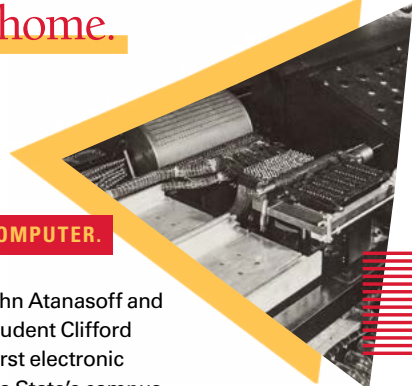
DIFFERENT NAME. SAME AWESOMENESS.

Iowa State started as Iowa Agricultural College and Model Farm in 1858, was renamed Iowa State College of Agriculture and Mechanic Arts in 1898, and became Iowa State University of Science and Technology in 1959. But no matter the name, helping others succeed has always been our priority.



BIRTHPLACE OF THE COMPUTER.

Iowa State professor John Atanasoff and engineering graduate student Clifford Berry built the world's first electronic digital computer on Iowa State's campus from 1939 through 1942. Yes, attracting brilliant minds is kind of our thing.



**MAKING VETERINARY MEDICINE
WHAT IT IS TODAY.**

In 1879, Iowa State established the first public college of veterinary medicine in the United States. Can you tell our love for animals runs deep?



SUBJECT MATTER EXPERTS.

Throughout the years, Iowa State has become a leader in entrepreneurship, plant and animal genomics, materials sciences, analytical chemistry, biology, physics, behavioral studies, information assurance, virtual reality, engineering, architecture, landscape architecture, business, journalism, kinesiology, transportation and logistics, and education. Impressed yet?



A+ IN ART.

You can find the largest murals of famed artist Grant Wood in Iowa State's Parks Library. May we recommend taking an art-filled study break to check them out?

**CREATORS AND
GROUNDBREAKERS**

With unlimited academic support, it's no wonder so many brilliant minds have chosen to study at Iowa State.

GEORGE WASHINGTON CARVER

One of the nation's most distinguished educators and agricultural researchers received bachelor's (1894) and master's (1896) degrees from Iowa State.

NAWAL EL MOUTAWAKEL

While she was earning her degree from Iowa State, she became the first Arab woman, first African woman, and first Muslim woman to win Olympic gold. She currently sits on executive board of the International Olympic Committee.

CLAYTON ANDERSON

Before he spent 167 days in outer space, this astronaut got his master's degree in aerospace engineering from Iowa State.

TED KOOSER

The 13th Poet Laureate of the United States received his degree in English from Iowa State.

Welcome to Iowa State

TINY BUT MIGHTY.

Our first class graduated with 26 students in 1872. That's just a few short of the more than 31,000 students we have today!

SAY CHEESE.

Blue cheese lovers can thank Iowa State professors Clarence Lane and Bernard Hammer for their favorite stinky cheese. In 1937, these dairy microbiology professors developed the process that's now standard for the industry. Yum!



**WHERE AGRICULTURAL
ENGINEERING GOT ITS START.**

We're proud to say the first agricultural engineering degree in the world was granted at Iowa State in 1910. Big breakthroughs love happening here.



A PRIZED JOURNALISM DEPARTMENT.

Greenlee School of Journalism and Communication graduates have won numerous awards, including the Pulitzer Prize and the highest civilian honor possible—the Presidential Medal of Freedom. Who knows what they'll do next?



THE FIRST OF ITS KIND.

In 1864, Iowa State became the nation's first land-grant institution. See, we've been leading the way since day one.



Talk about *tradition*

Iowa State has a history rich with traditions you'll love.

MEMORIAL UNION ZODIAC

Legend has it that stepping on the zodiac at the Memorial Union will lead to bad luck and flunking your next test. Don't risk it—sidestep it!



IOWA STATE CARILLON

Don't know what a carillon is? Just head to central campus and listen for bells ringing. Every weekday at 11:50 a.m., our university carillonneur plays a 20-minute concert from our bell tower's carillon. She takes student requests, so don't be surprised if you hear one of today's most popular songs being played in bell form.



LANCELOT & ELAINE

These two swans (or iterations of them) have graced Lake LaVerne since 1935. Be sure to say hi!



LAKE LAVERNE

Speaking of Lake LaVerne, want to be with your beloved forever? Then walk around the lake three times in silence to make it official.

CAMPANILING

The story of Iowa State's campanile is a love story. Iowa State faculty member Edgar Stanton had it built in memory of his wife, Margaret MacDonald Stanton, Iowa State University's first dean of women. So it's fitting that a student is said to officially become an Iowa Stater when kissed under the campanile at the stroke of midnight. And during homecoming, hundreds of students gather for mass campaniling, where couples kiss, the band plays, and fireworks go off.



THE BELLS OF IOWA STATE

Green hills for thy throne,
And for crown a golden melody
Ringing in the hearts of all
Who bring thee love and loyalty;
Dear Alma Mater,
Make our spirits great,
True, and valiant
Like the bells of Iowa State.

HILTON MAGIC

There's really nothing quite like Hilton Magic. Just ask the thousands of Iowa State basketball fans that pack Hilton Coliseum during every home game. It's been said that fans often cheer so loud, the floor shakes.



RAH!

RAH!

IOWA STATE FIGHT SONG

O we will fight, fight, fight for Iowa State
And may her colors ever fly.
Yes, we will fight with
might for Iowa State
With a will to do or die, Rah! Rah! Rah!
Loyal sons forever true
And we will fight the battle through,
And when we hit that line
We'll hit it hard ev'ry yard for I.S.U.

RAH!

Fast facts

31,825
total enrollment
for Fall 2020

26,846
undergraduate enrollment
for Fall 2020

118
countries
represented

50
every state
represented

99
every Iowa
county
represented

56%
of students are Iowans

203K+
living Iowa State
University alumni



Quick Q&A

WHEN DOES EVERYTHING START?

Classes for Fall 2021 start Monday, August 23, and Spring 2022 classes start Tuesday, January 18. Moving into residence halls and Destination Iowa State will take place the week before. Keep reading for more info!

WHAT IS MOVE-IN DAY LIKE?

You will be assigned to a move-in day and signs will be posted on campus to direct you to your residence hall. The Move-In Crew will help you unload and carry your items into your new room and direct you to longer term parking.

WHERE'S THE FOOD?

Iowa State has 26 dining facilities to choose from on campus. Hours and menus are available on the MyState app.

WHEN IS THE BILL DUE?

Your university bill is on a semester basis. The fall bill is due August 20, 2021 and the spring bill is due January 20, 2022.

HOW DO I GET AROUND?

CyRide is a convenient, accessible, and free way to get around campus and the city of Ames. Download the MyState app for bus routes and times. CIT Signature Transportation provides travel to the Chicago area and Minneapolis area during holiday breaks (citbus.com). The Executive Express shuttle (executiveexpress.biz) and cab service is available to navigate to the Des Moines International Airport for air travel.

WHAT IF I NEED MEDICAL ATTENTION?

Thielen Student Health Center provides medical treatment on campus. Ames is served by McFarland Clinic and Mary Greeley Medical Center.

HOW DO I MEET PEOPLE?

Joining a conversation in class or a dining center, attending an on-campus event, joining a student club, and getting involved in your residence hall are all popular ways to meet people. The Cyclone community is diverse, welcoming, and waiting for you!

WHO CAN I TALK TO ABOUT CLASSES?

Your academic advisor is a great resource. Get in touch with your academic college for questions about classes and career exploration.



You're about to embark on an extraordinary moment in your life—your Iowa State adventure. It's one where you'll meet new people, be inspired by brilliant minds, and make these years your years. Here's just some of what you can expect when you get to Iowa State.

Academic advising and student services

Registering for classes starts with your academic advisor in your academic college. Some excellent questions to ask your advisor include:

- What classes should I take?
- How many classes can/should I take?
- Can I see how my credits transfer over?
- What happens if I don't go to class the first week?
- What do I do if this isn't the right major for me?
- How many credits is full-time status?
- Where is a list of classes for next semester?



Your advisor is there to support your academic adventure by serving as a resource on major and graduation requirements. Meeting with your advisor often is encouraged. Each academic college also provides student services and resources to support you during your time at Iowa State.

The *Iowa State University Catalog* helps you stay on top of available classes, your program of study, and academic policies. Check out this essential resource at catalog.iastate.edu.

AGRICULTURE AND LIFE SCIENCES STUDENT SERVICES

0020 Curtiss Hall
515 294-2766
cals.iastate.edu/student-services/home

DESIGN STUDENT SERVICES

297 Design
515 294-6983
design.iastate.edu/current-students/student-services-office

ENGINEERING STUDENT SERVICES

1300 Marston Hall
515 294-7186
engineering.iastate.edu/student-services

HUMAN SCIENCES STUDENT SERVICES

131 MacKay Hall
515 294-6466
hs.iastate.edu/current-students/student-services

IVY COLLEGE OF BUSINESS UNDERGRADUATE PROGRAMS OFFICE

1200 Gerdin Business Building
515 294-8300
business.iastate.edu/undergraduate

LIBERAL ARTS AND SCIENCES STUDENT SERVICES

102 Catt Hall
515 294-4831
las.iastate.edu/students



Academic support and resources

Academic support comes in many forms at Iowa State. Resources are in place to help you achieve success in your academic adventure throughout the academic year.

ACADEMIC SUCCESS CENTER

As you work toward your academic goals, look to the Academic Success Center for academic coaching, tutoring and Supplemental Instruction. Learn more at asc.dso.iastate.edu. You can also stop by the office located at 1060 Hixson-Lied Student Success Center.

STUDENT ACCESSIBILITY SERVICES

If you require accommodations as a student with a diagnosed disability (e.g. chronic health, mental health, learning, sensory, mobility, etc.) or temporary health condition, please schedule a virtual meeting or phone call with Student Accessibility Services as soon as possible to provide documentation, determine eligibility, identify challenges, and coordinate reasonable accommodations for: courses/campus activities, captioning/interpreting, facilities/classrooms, housing, dining, and assistance animals. You can start our process by completing our online registration at sas.dso.iastate.edu or by calling 515 294-7220 to schedule an appointment.

IOWA STATE UNIVERSITY BOOK STORE

Your official campus bookstore is committed to helping you start your time at Iowa State off right by offering textbooks, computers, and your favorite Cyclone gear at the best educational prices and unmatched convenience. Learn how Iowa State is making your classroom experience more affordable with the Immediate Access digital course material program, as well as how to pre-order your textbooks through your official book list for the upcoming term. Save on your computer and software purchases with TechCyte educational pricing, and more! Visit isubookstore.com/new-students or stop by the bookstore located on the 1st floor of the Memorial Union.

PARKS LIBRARY

Parks Library is focused on student success, supporting lifelong learning, and the application of knowledge. Print and digital resources are available with a variety of gathering spaces to study, printing access, scanners, and charging stations. Visit lib.iastate.edu to learn more about what is available to you.

WRITING AND MEDIA CENTER

The Writing and Media Center, located at 208 Carver Hall, assists students with essays, speeches, presentations, cover letters, résumés, and more. Seek help at all stages of the composition process, including brainstorming, drafting, revising, and polishing. Learn more at wmc.dso.iastate.edu.

ISUCARD

Hang on to your ISUCard! This contains important personal information and grants access to residence halls if you are living on campus, serves as your library card, and more. You can visit the ISUCard office at 0530 Beardshear Hall or contact the office at idcard@iastate.edu.



2021–2022 Academic Calendar dates

A full version of the Academic Calendar can be viewed at registrar.iastate.edu/calendar.

FALL

Monday, August 23—Fall 2021 classes begin
Monday, September 6—Labor Day (No classes held)
Saturday, October 16—Midterm grade reports available
Wednesday, October 20—Registration for Spring 2022 classes opens by classification
Monday, November 22—Fall Break (No classes this week)
Monday, December 13—Finals Week
Friday, December 17—Fall term ends

WINTER

Monday, December 20—Optional online Winter term begins
Friday, January 14—Winter term ends

SPRING

Monday, January 17—Martin Luther King Jr. Day (No classes held)
Tuesday, January 18—Spring 2021 classes begin
Saturday, March 5—Midterm grade reports available
Monday, March 14—Spring Break (No classes this week)
Monday, March 21—Registration for Summer 2022 and Fall 2022 opens by classification
Monday, May 9—Finals Week
Friday, May 13—Spring term ends

SUMMER

Monday, May 16—Optional Summer term begins
Friday, August 5—Summer term ends



ACCESSPLUS

AccessPlus is the online student information system that you will use to navigate your entire college adventure. Just a few things you will accomplish through AccessPlus include reviewing/altering your housing assignment and meal plans, viewing your class schedule and class locations, submitting your immunization records, updating your emergency contact and signing up for ISU Alert, viewing your university bill (U-Bill), and much more! Visit login.iastate.edu and select AccessPlus to start getting familiar with this system today.



Don't miss

DESTINATION

IOWA

STATE

20
21

AUGUST 19-21

SIGN UP AT [ADMISSIONS.IASTATE.EDU/DESTINATION](https://admissions.iastate.edu/destination)



Cyclones challenge themselves

Cyclones never settle. That's why they're always challenging themselves to do more and become better than they were the day before. So, now we challenge you to challenge yourself. Here are a few ways to get started.

CHALLENGE 1: EXPLORE LEARNING OPPORTUNITIES

Challenge yourself to try something new—and be prepared for it to be hard at times. Maybe it's a new course or academic competition. Maybe it's sticking with a subject that's tough or working with a peer who has different viewpoints than you. These experiences will help you discover your potential and prepare you to excel far beyond your time at Iowa State.

CHALLENGE 2: GET OUTSIDE THE CLASSROOM

Explore Iowa State's more than 900 clubs and organizations, service-learning opportunities, musical and theater performances, athletic events, and intramural programs. Whatever path you choose, we encourage you to get involved and make the most of your time at Iowa State.

CHALLENGE 3: DISCOVER YOUR COMMUNITY

Connections are what will make Iowa State become your Cyclone home. There are limitless opportunities for you to find your people and create a community. Choose to find your place in an academic discipline, housing community, or leadership program. Surround yourself with people who support you.

CHALLENGE 4: KNOW YOU BELONG HERE

Chances are, you'll experience some bumps in the road on your adventure. These bumps might be academic setbacks or personal challenges that feel difficult to overcome. Iowa State offers a variety of support to help you, so don't be afraid to reach out. We know you belong here and want you to believe it too.

This is your moment. Make it count. Your future is in good hands—your hands. By choosing Iowa State, you're laying a solid foundation for your future self. Here you'll find classes to empower your mind, organizations to feed your soul, and all the support you could ever want along the way. It's a culture that builds you up and allows you to shine.



Getting involved

Whatever you're into, Iowa State has a way for you to get involved.

STUDENT ACTIVITIES

Memorial Union Student Activities supports over 900 student organizations, so find the people who love what you love through the Student Organizations section of the MyState app. Student Activities also offers everything from live music in the Maintenance Shop, relaxing crafts in the Workspace, alternative breaks, leadership conferences, and more. Visit sac.iastate.edu to learn more.

SORORITIES AND FRATERNITIES

Sorority and fraternity organizations can be a rewarding way to get involved at the university and find a community. The Office of Sorority and Fraternity Engagement offers over 60 chapters that are a part of four governing councils. Recruitment and intake processes will vary by chapter and will take place throughout the academic year. You can learn more about joining a sorority or fraternity at sfe.dso.iastate.edu.

CYCLONE ATHLETICS

Attending Cyclone athletic events is a popular way for students to get involved. Incoming students will enter a ticket lottery to purchase either Football Season Tickets or the All-Sports Package. You will be notified in early August if you are chosen in the lottery, and the cost will be applied to your U-Bill.

- *Football Season Ticket*: one student ticket for each game hosted at MidAmerican Field at Jack Trice Stadium.
- *All-Sports Package*: one student ticket to home football, women's and men's basketball, volleyball, wrestling, and gymnastics events. You will also be granted access to Cyclone Alley and Future Alumni Network!
- Regular season home women's basketball, gymnastics, and volleyball events are free to attend!

Contact the Iowa State Athletic Ticket Office at tickets@iastate.edu or 888 478-2925 for more information.

UNIVERSITY HONORS PROGRAM

Honors Program students have opportunities to enhance their education with small, specialized classes, advanced research opportunities, leadership development, dedicated housing, and more. In Honors you'll find a diverse community of peers committed to engaging in dialogue and eager to challenge themselves, inspire others, and chart their own path. To learn more, visit honors.iastate.edu.

STUDY ABROAD

Join the more than 1,800 Cyclones who study in another country each year to develop personal and career skills and build lifelong memories. Programs vary in length and allow you to meet your anticipated graduation date. Find out more about locations, cost and funding, and how to make a study abroad experience work for you at studyabroad.iastate.edu or by visiting their office in the Memorial Union.



Living independently

The cozy center of your Iowa State experience starts in our on-campus halls and apartments! With amazing eateries just around the corner, it's easy to grab a meal with your new friends and head back to your Cyclone home to relax, study, or hang out.

HOUSING AND ROOMMATES

Fall housing and roommate assignments from the Department of Residence will be available to view in the Housing Portal, found at housing.iastate.edu, starting in early June and will continue through the summer depending on when you submitted your application. Changes to your assignment can be made throughout the summer. Spring housing information for new residents will be viewable in December. To learn more about contracts, moving in, receiving mail and packages, resident amenities, virtual tours, and housing policies, visit housing.iastate.edu.

ISU DINING

Your meal plan means you never have to worry about grocery shopping, meal planning, cooking, or cleaning up! Leave it to the experts in ISU Dining and enjoy one of their 26 campus locations. Check out menus, hours, and nutritional information on the go at dining.iastate.edu. You can also download the GET Mobile app to order from your favorite campus locations right from your phone. Check out meal plans and pricing at dining.iastate.edu/meal-plans. For Cyclones with concerns about food allergens or those wanting to learn more about our special diet kitchen, visit dining.iastate.edu/nutrition/accommodations to learn how we can help!

TECH RESOURCES

Technology supports everything you do at Iowa State—inside and outside of the classroom. If you experience issues with your technology and need assistance, your go-to resource is the IT Solution Center, supported by the Information Technology Services (ITS) department. To contact the IT Solution Center, email solution@iastate.edu, call 515 294-4000, or stop by 192 Parks Library.

You will also have access to a suite of hardware and software designed to offer an accessible digital learning environment. The Digital Accessibility Lab contains computers paired with assistive technologies like screen readers and magnifiers, text-to-speech and speech-to-text software, eye tracking devices, and more. Learn more at digitalaccess.iastate.edu or visit Durham Center 108.



Community advisors build close relationships with the residents of each housing community. They're great resources to build an Iowa State connection.



Taking care of *your health*

Your health and wellness is essential to your success at Iowa State and there are many resources on campus to support you.

THIELEN STUDENT HEALTH CENTER

Get health care help on campus. Thielen Student Health Center is a full-service medical clinic located on the west side of campus. Services include illness and injury care, vaccinations, physical therapy, mental health, and pharmacy services. Learn more at health.iastate.edu.

STUDENT WELLNESS

Your wellness journey begins here. Student Wellness plans, implements, and evaluates health promotion and prevention strategies that focus on health and wellness issues that directly affect student success, higher learning, and personal development such as power-based personal violence, suicide, mental health, substance use, body image and disordered eating, sexual health, and more. Learn more at studentwellness.iastate.edu.

STUDENT COUNSELING SERVICES

Located on the 3rd floor of the Student Services Building, SCS provides confidential services to address loneliness, depression, relationship problems, substance abuse, career/major/academic motivations, stress, and other concerns. Most professional services are provided at no charge. Learn more at counseling.iastate.edu.

RECREATION SERVICES

At Iowa State, Recreation Services has plenty of indoor and outdoor space for students to enjoy. Explore State Gym, Beyer Hall, and Lied Recreation Athletic Center where you can swim, climb, lift, or move throughout the year. Get some fresh air and utilize the 115 acres of outdoor space where you'll find a variety of fields, courses, and courts. Intramural sports, sport clubs, outdoor rec, and fitness classes are great ways to build community. For more information go to recservices.iastate.edu.

HEALTH INSURANCE

If you have questions about health insurance options available through the university, please contact the Student & Scholar Health Insurance Program at isusship@iastate.edu or visit sship.hr.iastate.edu.

COMMUNITY PARTNERS

Additional health care providers in the Ames community include Mary Greeley Medical Center (mgmc.org), McFarland Clinic (mcfarlandclinic.com), Primary Health Care (phciowa.org), and Doran Clinic for Women (doranclinic.com).

Managing *your finances*

Your education is an investment. Iowa State provides information and support as you navigate financial aid and your university bill.

SCHOLARSHIPS AND GRANTS

Questions about scholarships and grants can be directed to the Office of Student Financial Aid at 515 294-2223. You can learn more about the Office of Student Financial Aid at financialaid.iastate.edu.

U-BILL

All questions about your university bill (or U-Bill as it's widely known) and payment plan options should be directed to the Accounts Receivable Office at 0880 Beardshear Hall. You can learn more about Accounts Receivable at ubill.iastate.edu.

STUDENT LOANS

The Office of Student Financial Success is an excellent resource for questions about understanding your student loan but also about personal finance, managing debt, and budgeting. Please contact the office for a one-on-one appointment in 0680 Beardshear Hall by visiting financialsuccess.iastate.edu.

STUDENT EMPLOYMENT

Working on campus as a student employee is a convenient and effective way to assist with the cost of attending Iowa State and to pay for life's necessities. You can explore the Student Job Board on AccessPlus for a variety of employment opportunities across campus.

**Free Application
for Federal Student
Aid (FAFSA)
opens October 1.
Priority deadline
is December 1.**



Creating community

Connecting with fellow students to build a strong community of support is one way to achieve success at Iowa State. The Dean of Students Office is committed to helping you find a strong sense of self and to learn more about those around you.

CENTER FOR LGBTQIA+ STUDENT SUCCESS

Lesbian, gay, bisexual, trans, queer, intersex, asexual and allied (LGBTQIA+) students can find support and foster personal and academic success, pride, community, and leadership opportunities here! Learn more by visiting The Center space at 3224 Memorial Union or center.dso.iastate.edu.

INTERNATIONAL STUDENT AND SCHOLARS OFFICE

Assisting international students with the transition to Iowa State, providing immigration services, engagement opportunities for community building, and more supportive services. Find them at 3241 Memorial Union or isso.dso.iastate.edu.

MARGARET SLOSS CENTER FOR WOMEN AND GENDER EQUITY

By providing space and programming, the Margaret Sloss Center for Women and Gender Equity promotes social justice and gender equity to the Iowa State community. Learn more by visiting them at the Sloss House or sloss.dso.iastate.edu.

MULTICULTURAL STUDENT AFFAIRS

Multicultural Student Affairs provides services of support for multicultural students at Iowa State through the creation of an inclusive environment for professional and personal development. Visit them at 2080 Student Services Building or multicultural.dso.iastate.edu.

NATIONAL STUDENT EXCHANGE

This is your opportunity to study at another university for a semester while maintaining student status at Iowa State. Learn more at 1080 Hixson-Lied Student Success Center or nse.dso.iastate.edu.

PARENT AND FAMILY PROGRAMS

Keep your support system in the loop with the *Relatively Speaking* newsletter, annual Cyclone Family Weekend, and more. Learn more at parents.dso.iastate.edu.

STUDENT ASSISTANCE

Student Assistance staff help students connect to appropriate campus and community resources for whatever question, concern or challenge they may be experiencing in their personal or academic lives. Navigating an emergency or grieving a grade, Student Assistance staff can assist! Visit them at 1010 Student Services Building or studentassistance.dso.iastate.edu.

STUDENT LEGAL SERVICES

See Student Legal Services for assistance in a number of areas including notary services, landlord/tenant issues, employment issues, and hosting educational programs for student groups. See them at 0367 Memorial Union or studentlegal.dso.iastate.edu.

VETERANS CENTER

Iowa State's Veterans Center offers space to create community for veteran and military-affiliated students and provides academic and social support while at Iowa State. Learn more at 3540 Memorial Union or veterans.iastate.edu.

HELPING
CYCLONES
SUCCEED

Staying safe

Your safety is a top priority at Iowa State University. Campus resources are in place to help ensure you have a positive and safe experience on campus. The Department of Public Safety (DPS) has two areas especially beneficial to students—the Parking Division and Police Department.

PARKING DIVISION

The Parking Division, located at 27 Armory Building, issues parking permits for the on-campus parking of your motorized vehicle. The purchase of a parking permit is completed through AccessPlus, with prices that vary depending on location. Registering your bicycle is a free service and useful to have on file should an issue arise. You can contact the Parking Division at parking@iastate.edu or 515 294-3388 and visit parking.iastate.edu.

IOWA STATE UNIVERSITY POLICE DEPARTMENT (ISUPD)

The Iowa State University Police Department (ISUPD) is comprised of over 40 state-certified officers here to respond to the needs of the Iowa State community. Field services and investigative services are provided by ISUPD along with vehicle lockouts and community outreach programs. ISUPD is located at 55 Armory Building and can be reached for non-emergencies at 515 294-4428. Visit police.iastate.edu for more information and excellent tips on keeping yourself and your belongings safe.

ADDITIONAL SAFETY SERVICES

Help Van: Having car trouble on ISU property? Help Van is here to jump start a dead battery, help change a flat tire, provide a snow shovel, or give you a lift to a gas station to get you on your way—free of charge! Call 515 294-4444.

Safe Ride: From 6 p.m. to 5:30 a.m., you can request to be escorted to your destination in those times you feel uneasy about traveling the campus community alone. Call 515 294-4444 or download the SafeRide ISU app for iOS or Android.

ISU Alert: Receive notifications about potentially dangerous situations via text, call, and/or email. Sign up through AccessPlus.

Rave Guardian app: Download this app for a virtual assistant to “walk” along with you as you head home at the end of your day.



You want a place where you feel at home. Where your voice is heard. Where you have the freedom to be exactly who you are, even if you're still figuring it out. That's what we strive to provide all Cyclones on their Iowa State adventure. So you feel welcome not just the minute, but the second, you get to campus.

Principles of Community

Developed in 2005 by a group of student leaders, the Principles of Community guide all of our campus interactions with students, faculty, staff, and administration. You will have the opportunity to live, study, and work alongside Cyclones from all over the world with different values and ideals and these principles serve to create a strong and inclusive Iowa State University community. A community you are now a part of!

OFFICE OF DIVERSITY AND INCLUSION

Being a Cyclone means being a part of a diverse community and taking shared responsibility for the progress of Iowa State University. The Office of Diversity, Equity, and Inclusion serves all Iowa State community members and visitors to our campus in their efforts to positively impact inclusion (ongoing and meaningful interaction) on campus and in Ames.

You'll see the impact of the work of the Office of Diversity, Equity, and Inclusion as you attend university events, serve on campus committees, participate in student organizations, and engage in other ways during your Cyclone experience. As you navigate your adventure at ISU, you will become connected to a number of different people and groups that will broaden the way you think and help you become a person who will change the world for the better.

OFFICE OF EQUAL OPPORTUNITY

Iowa State University is committed to being a place where our students can succeed and thrive in a community that is free of discrimination, harassment, and violence. The Office of Equal Opportunity (OEO) provides a Sexual Assault Prevention Title IX Training initiative to educate students on the prevention of sexual assault, relationship violence, stalking, and sexual harassment. This course must be completed by all currently enrolled students and is available in Canvas (canvas.iastate.edu).

Sexual misconduct is a broad term encompassing any unwelcome and unreasonable behavior of a sexual nature that is committed without consent or by force, intimidation, coercion, or manipulation. Students who have experienced this type of behavior are encouraged to report the behavior to the Office of Equal Opportunity

and/or the Iowa State Police Department.

You can find the Office of Equal Opportunity at 3410 Beardshear Hall and at eoc.iastate.edu for more information on services and resources.

Respect

Richness of **DIVERSITY**

Honest and respectful expression of ideas

COOPERATION

Freedom from discrimination

PURPOSE

Learn more about the Principles of Community at diversity.iastate.edu/connect/principles.



Student policies

As a student at Iowa State, we want you to be aware of some key policies we have on campus. These are designed to make your time at Iowa State the best student experience possible. This list isn't all inclusive, but a good place to start.

ALCOHOL POSSESSION AND DRUG POSSESSION POLICY

Students are expected to abide by local, state, and federal law concerning the use of alcohol and other drugs. Additionally, students of age are expected to use alcohol in a way that neither harms nor degrades the individual or the university community. For more information, visit policy.iastate.edu/policy/drugs.

You will want to log into Canvas and complete the required online alcohol risk reduction program AlcoholEdu soon.

You can reach Student Wellness if you have questions or concerns at studentwellness@iastate.edu.

CONFIDENTIALITY POLICIES AND THE OFFICE OF THE REGISTRAR

The Office of the Registrar is designed to protect information with policies and practices that keep student information secure. Please visit registrar.iastate.edu/policies or contact the Office of the Registrar at registrar@iastate.edu for more information.

PUBLIC INFORMATION AT IOWA STATE

Online directory information and public information may be released to the public upon request, except in cases where the student has suppressed the release of their information. Iowa State reserves the right to review and respond to the requests for release of public information on a case-by-case basis. Students can withhold public information through the Address Change link on the Student tab in AccessPlus.

HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA)

HIPAA is a federal regulation that protects certain health care information from being shared with someone other than you. Only some departments within Iowa State fall under the umbrella of HIPAA and you will be notified of this the first time you have contact with the departments. Visit policy.iastate.edu/policy/healthinfo to learn more about HIPAA.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA)

The Family Educational Rights and Privacy Act (FERPA) affords eligible students certain rights with respect to their education records. (An "eligible student" under FERPA is a student who is 18 years of age or older or who attends a postsecondary institution.)

POLICY ON STUDENT NAMES

Your name can be an important part of your identity. The Office of the Registrar will work closely with you to update student records with a name that best reflects who you are.

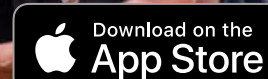
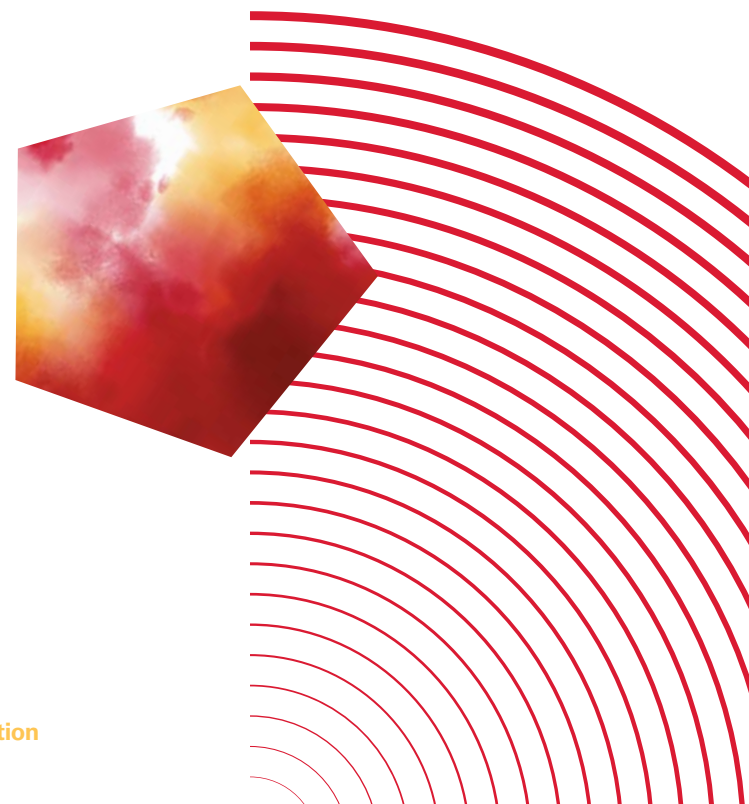
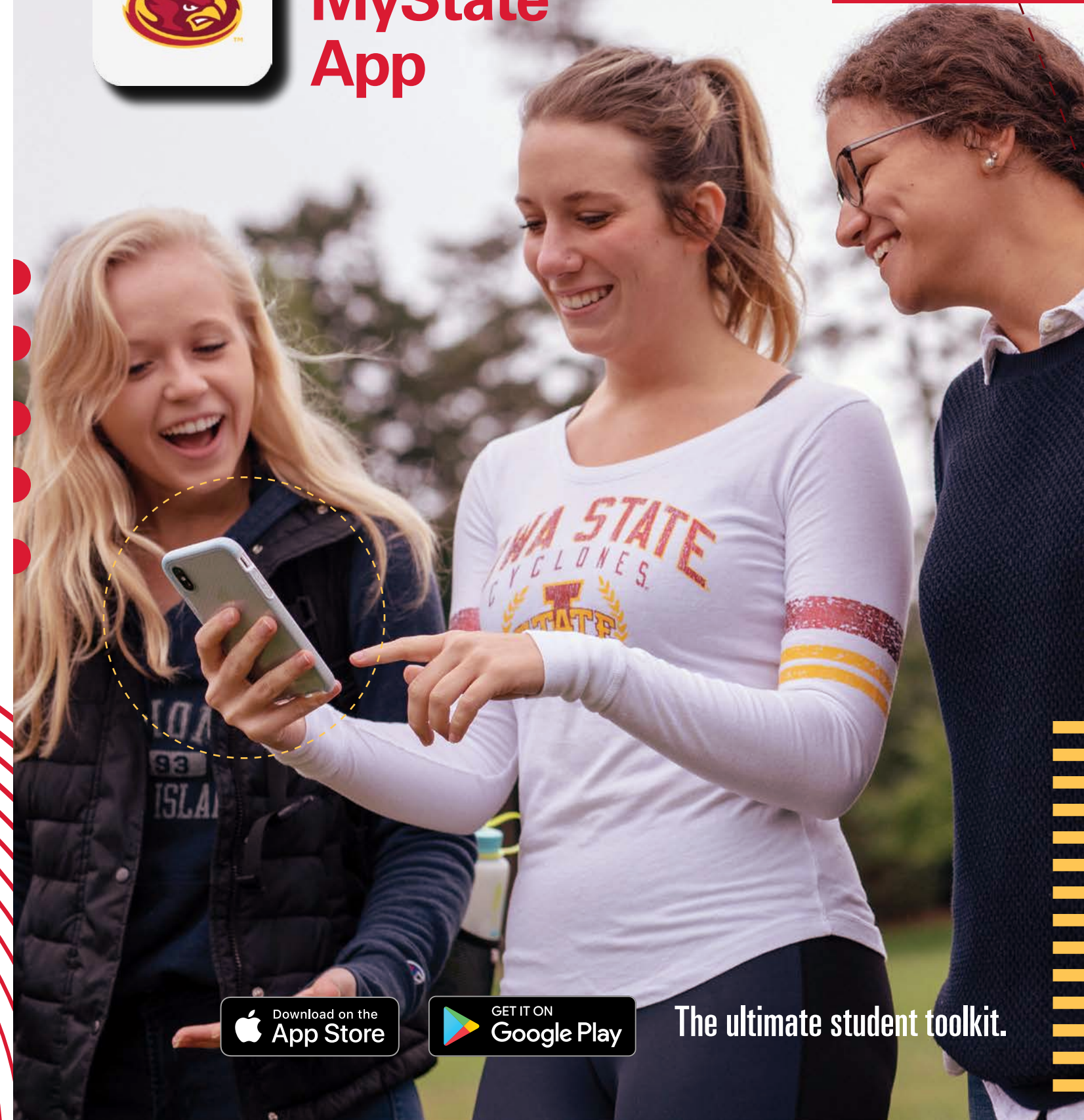
KNOW THE CODE

The Student Conduct Code outlines prohibited conduct and behavioral expectations of all students. The Office of Student Conduct can answer questions you may have about these policies. Get to Know the Code by visiting knowthecode.dso.iastate.edu.



The MyState App

IOWA STATE UNIVERSITY



The ultimate student toolkit.

POST-ORIENTATION CHECKLIST

- Submit any final transcripts before the semester begins.
- Submit immunization records and health insurance information through AccessPlus.
- Select a meal plan through ISU Dining.
- Sign up for ISU Alert and update your emergency contact information.
- Download the MyState App
- Get to know your new roommate if you're living on campus.
- Review your textbook list for upcoming classes.
- Verify your financial aid offer and watch for your U-Bill in August and January.
- Register for Destination Iowa State.
- Start an unforgettable adventure.

IOWA STATE UNIVERSITY

OFFICE OF NEW STUDENT PROGRAMS

Email: nsp@iastate.edu

Phone: 515 294-0801

Office Location: 2630 Memorial Union

Office Hours: Monday through Friday 8am–5pm

The security of all members of the campus community is of vital concern to Iowa State University. Information regarding crime prevention strategies, the law enforcement authority of the university police, policies concerning crime reporting on campus, and crime statistics for the most recent three-year period may be requested from the Iowa State University Department of Public Safety, 151 Armory, Ames, Iowa 50011, or by calling 515 294-4428. This information is also available on the Iowa State Department of Public Safety website at dps.iastate.edu.

Iowa State University does not discriminate on the basis of race, color, age, ethnicity, religion, national origin, pregnancy, sexual orientation, gender identity, genetic information, sex, marital status, disability, or status as a U.S. Veteran. Inquiries regarding non-discrimination policies may be directed to Office of Equal Opportunity, 3410 Beardshear Hall, 515 Morrill Road, Ames, Iowa 50011, Tel. 515 294-7612, Hotline 515 294-1222, email eooffice@iastate.edu.

