

Being New at ISU: *Student Session*



IOWA STATE
UNIVERSITY

Part I

- Important dates
- AccessPlus
- Housing
- Dining



Mark your *calendar*



August 1	Fall UBill ready in AccessPlus
August 14	On Campus Apartment Move-In
August 17	New Student Move-In (odd)
August 18	New Student Move-In (even)
August 19-21	Destination Iowa State
August 20	Fall UBill due
August 23	Fall 2021 classes begin
September 6	Labor Day – no classes
September 17-19	Cyclone Family Weekend
October 15	Mid-term reports
November 25-26	Fall break – no classes
December 1	Priority deadline for 2021-2022 FAFSA
December 13-16	Final Exams
December 17	Fall semester ends



AccessPlus – *Your student portal*

- Pay Your UBill
- Set Up Third Party Access
- Change your information (phone number, address, etc.)
- View midterms and final grades
- Sign up for ISU Alerts
- Look for jobs
- So much more!

AccessPlus – *Third Party Access*

- You can grant a family member access to certain parts of your account
- You choose who can log-in and what they can view
 - Class Schedule
 - Grade report
 - Unofficial transcript
 - Financial aid status
 - Dining Dollars (view/add)
 - CyCash (view/add)
 - University Bill (view/pay)
 - Enrollment certification
 - Tax credit information



AccessPlus – Your information

Account/U-Bill

Address Change

Admissions

Campus Dining

Campus Housing

Campus Org Events

Class Registration

Class Schedule

Current Stdnt Info

CyCash

Degree Audit

Direct Deposit

Emergency Contact

Enrollment Cert

Financial Aid

Gift Certificate

Grad Stdnt Status

Grades&Transcripts

Graduation

Health Insurance

ISU Alert

Parking Division

Student Job Board

Tax Info (1098)

Telephone Services

Third Party Access

Votes and Surveys

Web Based Training

Address Change

Enter keyword

Contact Print Help Hide Tabs

** Use this form to change your In-Session, Interim, and Parent Address Information.

Updates will be processed within one business day of submission. Address changes will not be updated to the ISU Online Phone Book until the last working day of the week.

If you are no longer enrolled at ISU, please update your **Interim Address, Phone Number** and **Non ISU E-mail**.

IMPORTANT REMINDERS:

Be sure to review and update your **ISU Alert** emergency notification information.

Change your **ISU Directory Information privacy options**.

In-Session Address

(where you live while classes are in session)

Street: 123 University Drive
City: AMES
State: Iowa
Zip: 50014 -

Interim Address

(where you want your mail sent between terms)

Street: 123 State Street
City: AMES
State: Iowa
Zip: 50014 -

Phone: - -

ISU E-mail: amanda23@iastate.edu

Non ISU E-mail:

Parent/Guardian Address (Used primarily for notification of honors, events, etc. Check box and give Name and Address for a Relative other than Parent or Guardian when appropriate.)

Parent Guardian Spouse Other None

Title: Mr Name:

Street: (Last First MI)

City: State: Iowa Zip: -

Submit Reset

Send comments and questions about your Current Student Address to the [Office of the Registrar](#) or call 515-294-1840. *Note: Address changes will **not** be processed via e-mail.*

Your name, ISU e-mail address, in-session address and phone number, curriculum and year-in-school will be published in the ISU Directory (phone book) during semesters when you are registered unless you request that your information be suppressed. To restrict release of your information, update your privacy preferences for your [ISU Directory Information](#). See the [confidentiality policy](#) for more information.

Move in

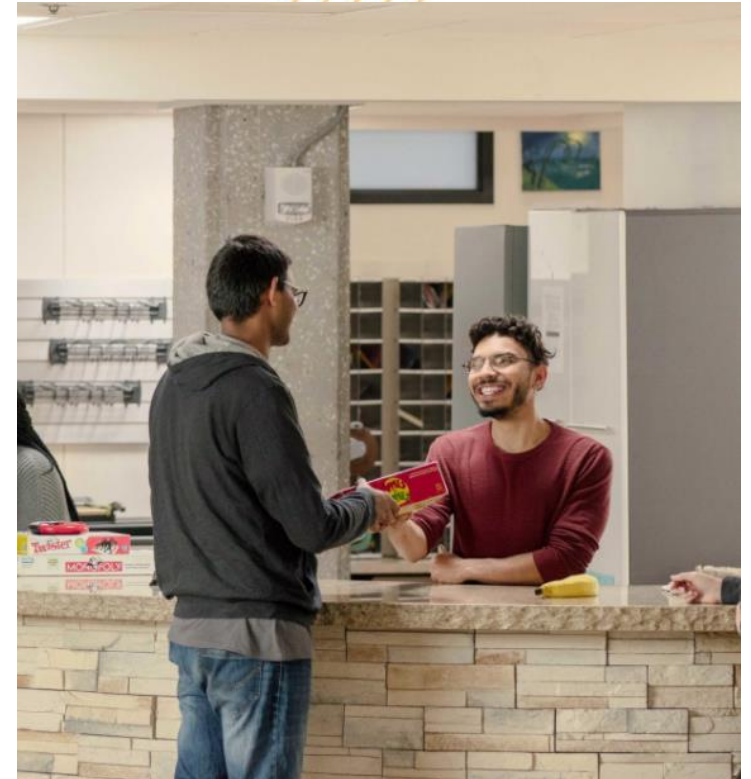
- Dates

- **Friday, August 13:** Sorority recruitment move in
- **Saturday, August 14:** Apartment/Early move in (fees may apply)
- **Tuesday, August 17:** New student move in (odd numbered rooms)
- **Wednesday, August 18:** New student move in (even numbered rooms)

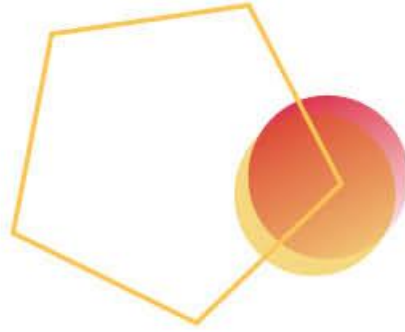
- Move-in Crew

- Move-in process

- 30-minute parking pass
- Unload belongings and move vehicle



Packing tips



- Pack light!
- During the summer, talk to your **roommate** about who is bringing what for your room
 - Refrigerator
 - Microwave
 - TV
 - Futon
 - Rug/carpet
- Beds in all buildings are lofted
- Mattresses are extra-long twin



What not to bring:

- Wireless routers
- Space heaters
- Air conditioners
- Candles
- Extension cords
- Pets (other than fish)
- Weapons
- Tobacco

Get to know your roommate

- Remember that everyone is different
- Communication is key
 - Determine your boundaries
 - Complete a roommate agreement once you get to campus
- Questions? Contact the Department of Residence



ISU Dining: *Using your meal plan*

- Near your residence hall and classrooms
- Breakfast as early as 6:45 a.m. to a late-night snack after 9 p.m.
- Over 20 locations
 - 4 dining centers
 - 5 restaurants
 - 11 cafés
 - 2 markets (convenience stores)
 - 1 GET & Go Location
- GET App



Residence hall *meal plans*

Meal Plan	Meals/Access <i>Per Semester</i>	Flex Meals <i>Per Semester</i>	Dining Dollars <i>Per Semester</i>	Rate <i>Per Semester</i>
Cardinal (Default)	Unlimited	14 (\$9 value)	\$100	\$2,249
Cyclone	Unlimited	20 (\$9 value)	\$300	\$2,464
Gold	200	15 (\$9 value)	\$200	\$2,113
CyFlex	60	160 (\$10.50 value)	\$75	\$2,464

All meal plans include up to 10 visits per week to GET & Go!

Off-campus or apartment *meal plans*

Silver

- 150 meals/semester
- \$300 Dining Dollars/semester
- Cost: \$1,932 per semester

Bronze

- 125 meals/semester
- \$275 Dining Dollars/semester
- Cost: \$1,641/semester

Block Meals

Flex Meals or dining center access, purchase in bulk for a discount

Dining Dollars

Purchase in bulk via the Housing/Dining Portal for a discount



Finalize your meal plan choice before August 1!

Additional Resource:
SHOP Food Pantry
theshop.stuorg.iastate.edu

Part *II*

- Finances
- Student resources
- Principles of Community
- Diversity, equity, and inclusion



Student *finances*

- How will you pay for school?
- Do you need a part time job?
- How will you budget?

Office of Student Financial Aid

- Help with FAFSA
- Advising to assist with financial hardships
- Discuss types of loans
- Go over loan action steps
- OneApp for scholarships



Office of Student Financial Success

- Help with:
 - Budgeting
 - Student loans
 - Credit
 - Savings
 - Working/Earning
 - So much more!
- One-on-one advising

Cardinal Directions – Pg. 19
financialaid.iastate.edu
financialsuccess.iastate.edu

Student Job Board

- On AccessPlus under the “student” tab
- On- and off-campus jobs available
- Most fall jobs are posted in August

The screenshot shows the Iowa State University AccessPlus Student Job Board. The top navigation bar includes 'Home', 'Student', 'Employee', and 'uBusiness'. A search bar is present with the text 'Enter keyword'. On the left, there is a sidebar with various service links such as 'View Jobs', 'Account/U-Bill', 'Address Change', etc. The main content area displays a table of job categories and their counts.

Category	Count
Childcare	12
Clerical / Office / Administrative	4
Construction / Maintenance / Labor / Agriculture	14
Delivery / Transportation	4
Education / Tutor	12
Food Service / Restaurant	27
Graduate Assistant	0
Graphic Art / Design / Media	6
Health / Social Services	10
Housekeeping / Custodial	6
Information Technology / Web Design	14
Lab / Research	12
Miscellaneous	24
Personal Services	3
Sales / Retail	13
Security	1
Sports / Recreation	13
Telecommunications / Telemarketing	2
Undergraduate Research Assistantship	0
Veterinary Medicine & Animal Care	0
Volunteer / Unpaid	10

CyHire

Search for internships
or professional jobs!

Cardinal Directions – Pg. 19

accessplus.iastate.edu

Dean of Students Office

The Dean of Students Office is made up of 14 different departments:

- Academic Success Center
- Center for LGBTQIA+ Student Success
- International Students & Scholars Office
- Margaret Sloss Center for Women and Gender Equity
- Office of Multicultural Student Affairs
- Parent and Family Programs
- Office of Sorority and Fraternity Engagement
- Student Accessibility Services
- Office of Student Assistance
- Office of Student Conduct

- Student Legal Services
- Student Support Services (TRIO)
- Veterans Center
- Writing and Media Center



Sharron Evans, Esq. // Dean of Students

Cardinal Directions – Pg. 20

dso.iastate.edu

Academic *success*

Academic Success Center

- Tutoring
- Academic coaching
- Supplemental instruction

Academic advisors


- Keep you on track for graduation
- Connect you to department or college-specific resources

Writing and Media Center

- One-on-one consultation
- Workshops
- Writing groups

Faculty

- Office hours
- Appointments



Have you
thought
about school
supplies?

Cardinal Directions – Pg. 10

asc.dso.iastate.edu

wmc.dso.iastate.edu

**RICHNESS
OF DIVERSITY** RESPECT
FREEDOM FROM **HONEST &**
DISCRIMINATION **PURPOSE** **RESPECTFUL**
EXPRESSION
OF IDEAS
PRINCIPLES OF
COMMUNITY **COOPERATION**

Diversity, equity and *inclusion*

- Students at Iowa State come from:
 - Every county in Iowa
 - Every state in the country
 - Over 100 countries across the world
- Our goal to create a welcoming campus climate for all students, faculty, and staff
- Office of Equal Opportunity
- Identity-based support services:
 - Multicultural Student Affairs
 - Veterans Center
 - The Center for LGBTQIA+ Student Success
 - The Margaret Sloss Center for Women and Gender Equity
 - Directors of Multicultural Student Success

Part *III*

- Student Health and Wellness
- Campus safety
- Navigating campus
- Getting involved



COVID-19 *updates*



Student Health and Wellness: *Thielen Student Health Center*

- Located conveniently on campus
- Open during business hours Monday-Friday with late hours on Monday and Saturday
- Full-time physicians and registered nurses
- Pharmacy services
- Allergy clinic, physical therapy, x-rays, wellness programs, and nutritional testing
- \$120 mandatory student fee plus \$8 facility fee
- Submit proof of immunizations on AccessPlus under “Student Health Center” by July 31
- Submit health insurance information via AccessPlus before school starts



Student and Scholar *Health Insurance*



- Talk with your family about insurance:
 - Are you covered while you're a student living in Ames?
 - What needs will you have while at Iowa State?
 - What happens if you need to see a doctor?
 - Am I covered if I need to go to the emergency room?
- You can enroll in a plan through Blue Cross/Blue Shield and/or Delta Dental of Iowa for additional insurance

Wellness

Student Counseling Services

- 3rd Floor, Student Services Building
- Free walk-in triage, crisis management, assessment, and treatment recommendations
- Individual or group
- Career exploration
- Biofeedback program

Required Online Trainings

- **AlcoholEDU**
 - Substance abuse prevention
 - Available July 1-August 1
 - Located in Canvas
- **Kognito**
 - Mental health training
 - Interactive, virtual-role play
 - Available July 1 – August 1
 - Located in Canvas



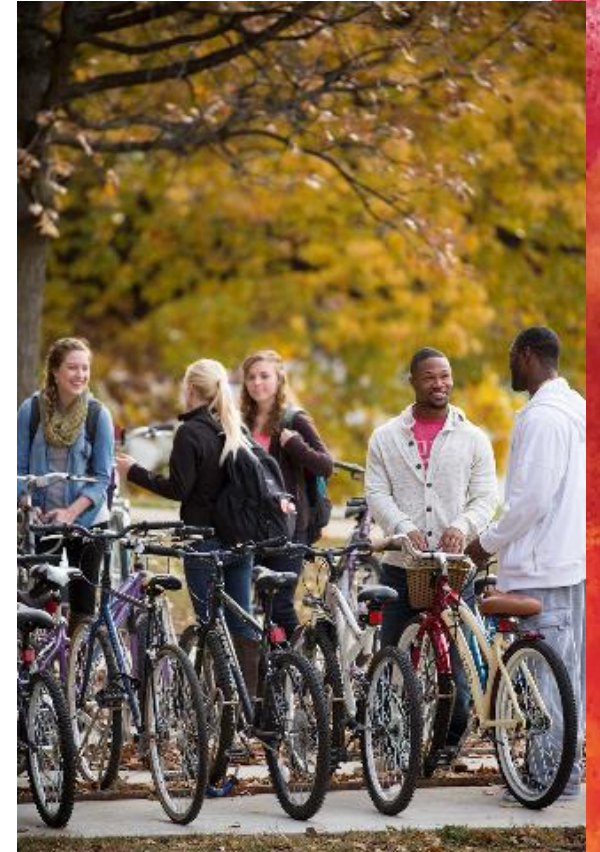
Recreation Services

- Lied Recreation Center
- State Gym/Beyer Hall
- Forker Building
- Intramural sports
- Outdoor Recreation



Navigating *campus*

- CyRide
- Vehicle Pass // Register via AccessPlus beginning July 18
 - \$160 per year at residence halls
 - \$119 per year for stadium permits
 - \$62 per year for motorcycles
- Bikes
 - Register with university (no charge)
 - Quality locks are recommended
 - Park in bike racks on campus
 - Bike maintenance stations on campus
- CIT bus shuttle to Chicago area
- Executive Express Shuttle to DSM Airport




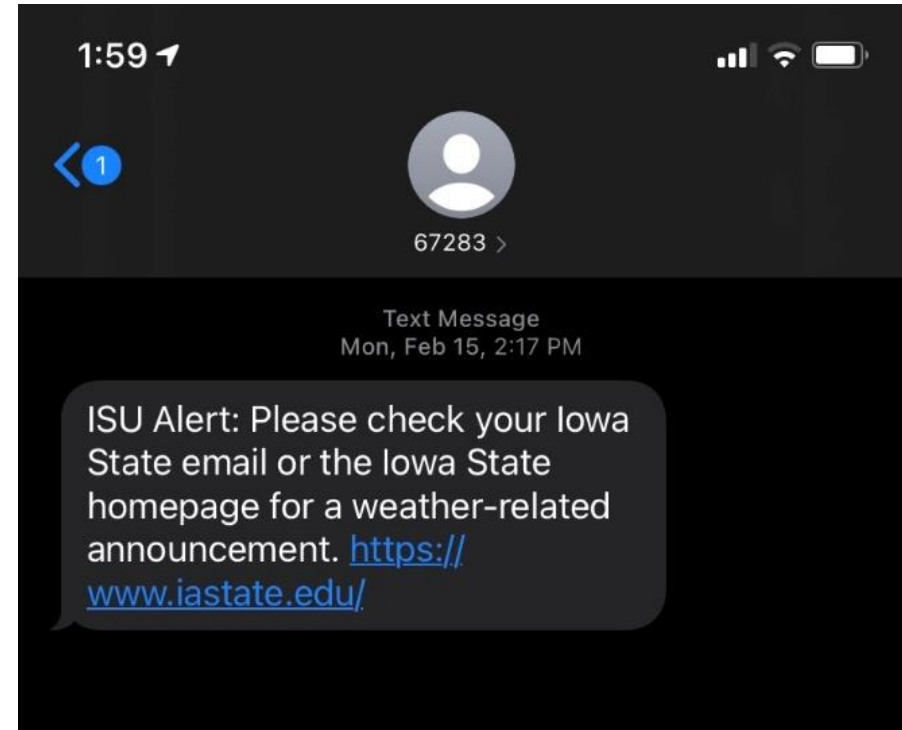
Campus safety

- Iowa State University Police support you as an ISU student
 - Non-emergency line (515 294-4428)
 - Save this number now
- Use common sense just like you would at home
 - Lock doors, mark belongings, purchase bike lock
- HelpVan
- SafeRide ISU
- ISU Guardian



ISU Alert

- Sign up in AccessPlus 
- Campus emergency notification system
- Phone call, text, and email notification
- Choose one notification method or all methods



Getting *involved*

- 900+ student clubs and organizations
- ClubFest – Sept 8.
- ISU AfterDark
- Student Union Board
- The Workspace, CyBowl & Billiards, The M-Shop
- Lecture series
- Theatre and music programs
- Study abroad



Iowa State athletic tickets



- Big 12 Conference
- ISU students get into the following sports for free:
 - Women's basketball, wrestling, volleyball, and gymnastics
- **All Sports Pass // \$299**
 - Home football and men's basketball games
 - Cyclone Alley/FAN (Future Alumni Network) membership
- **Football Only Pass // \$175**
 - All 7 home football games



Action *items*

- Checklist in the ISU Guides App
- Checklist on the back of Cardinal Directions
- Resources:
 - Refer back to this presentation at admissions.iastate.edu/orientation/publications
 - Review your online orientation
 - Check out the Virtual Resource Fair at flipgrid.com/nsp2021
- Connect with your Cyclone Aide or team members over the summer!