

We seek to foster an open-minded understanding among individuals, organizations and groups. We support this understanding through outreach, increasing opportunities for collaboration, formal education

We are encouraged to be engaged in the university community. Thus, we strive to build a genuine community that promotes the advancement of knowledge, cooperation and leadership.

We recognize that the mission of the university is enhanced when we work together to achieve the goals of the university. Therefore, we value each member of the Iowa State University community for their insights and efforts, d individual to onbone

disagreement.		quality of campus life.
RESPECT	PURPOSE	COOPERATION
We recognize and cherish the richness of diversity in our university experience. Furthermore, we strive to increase the diversity of ideas, cultures and experiences throughout the university	We recognize that we must strive to overcome historical and divisive biases in our society. Therefore, we commit ourselves to create and maintain a community in which all students,	We affirm the right to and the importance of a free exchange of ideas at lowa State University within the bounds of courtesy, sensitivity and respect. We work together to promote
community.	staff, faculty and administrators can work together in an atmosphere free from discrimination, and to respond	awareness of various ideas through education and constructive strategies to consider and engage in honest

RICHNESS OF DIVERSITY

appropriately to all acts of discrimination. FREEDOM FROM

DISCRIMINATION

disagreements. **HONEST & RESPECTFUL EXPRESSION OF IDEAS**

IOWA STATE UNIVERSITY

IOWA STATE UNIVERSITY

WELCOME TO THE CYCLONE FAMILY!

We are delighted your student is attending lowa State University. Whether it's the first step, or another step on their journey, we can't wait to help your student become the leader, innovator, and difference maker our world needs!

Your student is joining a community of scholars from every corner of lowa, every state in our nation, and 100 other nations around the world. Our caring faculty and staff are dedicated to supporting your student as they pursue their dreams – not only earning their lowa State degree, but landing that first job, pursuing graduate school, and setting the stage for lifelong personal and professional success.

lowa State has a long history of excellence and a bright future as one of the America's most renowned research universities. Your student will have countless opportunities to Innovate at Iowa State both inside and outside the classroom through learning communities, undergraduate research projects, service learning, participation in student organizations, and entrepreneurial activities.

They can also transform their ideas into reality at the new Student Innovation Center, a state-of-the-art space where students can design, build, fabricate, and test ideas. Students in all programs and majors are able to create, collaborate, and extend their learning by doing. Be sure to check out the Center on your next visit to campus, and indulge in a sweet treat from our new ISU Creamery!

lowa State University is also committed to helping your student make a positive transition to college and contribute to a welcoming and inclusive environment. As Cyclones, we believe in the Principles of Community: respect, purpose, cooperation, richness of diversity, freedom from discrimination, and the honest and respectful expression of ideas. Iowa State offers many programs and resources to support students' sense of belonging, wellbeing, and academic achievement. Please use this calendar as a tool to encourage your student to plan and connect to the services and support that will be important to their success.

While COVID-19 has caused challenges, our Cyclone spirit remains strong and resilient. The pandemic has reinforced students' desire for a college experience that combines world-class academics with a vibrant campus life, and we are excited to move forward together. Be assured that the health and wellness of your student remains our top priority.

Again, welcome to the lowa State University family. We look forward to a great year of creativity, innovation, personal growth, and educational achievement.

TOYIA K. YOUNGER SENIOR VICE PRESIDENT FOR STUDENT AFFAIRS



Jansendal

JONATHAN WICKERT SENIOR VICE PRESIDENT AND PROVOST







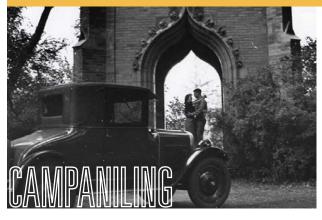




Who knows what prompted that first student to step around the bronze zodiac relic on the floor of the Gold Star Hall in the Memorial Union, but for more than 70 years, subsequent students have done likewise, understanding that to step on the zodiac is to ensure that they will flunk their next exam.

Since 1935, two swans, Lancelot and Elaine, have always graced Lake LaVerne. In the 80+ years since they made their gracious entrance, there have been numerous Lancelots and Elaines who have called Lake LaVerne home.

A memorial to students fallen in WWI, WWII, Korea, Vietnam, Somalia, Iraq, and Afghanistan. This memorial was created by students to salute veterans and those who made the ultimate sacrifice for their country.



A student officially becomes an lowa Stater when they are kissed under the campanile at the stroke of midnight. During homecoming, hundreds of students gather for mass campaniling. Couples kiss, the band plays, and fireworks go off at the stroke of midnight.



In 1954, Iowa State's Pep Council decided that Iowa State needed a mascot. Since a cyclone was difficult to depict in costume, a cardinal was selected from the cardinal and gold of the official school colors. "Cy," was the winning name selected from a Pep Council contest.



In 1895, Iowa State's football team beat Northwestern 36–0. The *Chicago Tribune* reported: "Struck by a Cyclone ... Northwestern might as well have tried to play football with an Iowa cyclone as with the Iowa team it met yesterday." The name "Cyclones" stuck!



Office/Service/Department	Questions About	Phone	Office/Service/Department	Questions About	Phone
Academic Success Center	Supplemental Instruction, Tutoring Services, and Academic Coaching	515 294-6624	Margaret Sloss Center for Women and Gender Equity	Gender equity, social justice	515 294-4154
Accounts Receivable	University Bill (U-Bill)	515 294-7388	Multicultural Student Affairs	Multicultural student support	515 294-6338
Admissions	Future students	515 294-5836	National Student Exchange	Collegiate study away	515 294-6479
Athletics	Athletic events, tickets	515 294-3662	New Student Programs	Orientation	515 294-0801
Book Store	Books, apparel, supplies	515 294-5684	Parents' Advisory Line (PAL)	Family member support and resources	800 772-8546
Center for LGBTQIA+ Student Success	LGBTQIA+ at lowa State	515 294-5433	Parent and Family Programs	Support for ISU families	515 294-1020
College of Agriculture and Life Sciences	CALS student services	515 294-2518	Parking Division	Parking permits, citations	515 294-3388
Ivy College of Business	Undergraduate business programs	515 294-8300	Registrar	Academic calendars, courses, student records	515 294-1840
College of Design	Design student services	515 294-6983	Residence	Housing, residence life	515 294-2900
College of Engineering	Engineering student services	515 294-7186	SafeRide	Safe transportation	515 294-4444
College of Human Sciences	HS student services	515 294-6466	Sorority and Fraternity Engagement	Sorority and fraternity membership	515 294-1023
College of Liberal Arts and Sciences	LAS student services	515 294-4831	Student Accessibility Services	Accommodations for students with disabilities	515 294-7220
Dean of Students Office	Academic, personal, and community support	515 294-1020	Student Activities Center	Student organizations, activities	515 294-8081
Department of Public Safety (DPS)	Police, safety, and security	515 294-4428	Student Assistance	Referrals and crisis situations	515 294-1020
Destination Iowa State	Destination Iowa State	515 294-5492	Student Counseling Service	Counseling services	515 294-5056
Financial Aid	Financial aid and scholarships	515 294-2223	Student Financial Success	Loans and budgeting	515 294-2223
Honors	Honors program	515 294-4371	Student Government	Student government	515 294-1585
Information Technology	Computer support and technology	515 294-4000	Student and Scholar Health Insurance Office	Health insurance	515 294-4800
International Students and Scholars	International student support	515 294-1120	Study Abroad Center	Studying abroad	515 294-6792
Iowa State Center	Events	515 294-3347	Thielen Student Health Center	Health and wellness	515 294-5801
ISUCard Office	Student ID card	515 294-2727	Veterans Center	Support for military-affiliated students	515 294-9801
ISU Dining	Dining and meal plans	515 294-3856		Visual, oral, and written	
Library (Parks Library)	Books, research, study spaces	515 294-3642	Writing and Media Center	communication support	515 294-5411

This page provides families access to the many resources and services available on campus. The guide is designed to be helpful when your student calls home ("What do I do?"). Family members are encouraged to lead their student to a solution rather than solving the problem for them. If you are unable to find a resource you are looking for, visit info.iastate.edu to help answer your question.

AFTER ORIENTATION

- Have your student register for Destination Iowa State. To register, visit admissions.iastate.edu/destination.
- Confirm whether your student needs special accommodations through Student Accessibility Services and reach out to their office if needed.
- Encourage your student to review AccessPlus. Use this time to verify ISU Alert Information and add an emergency contact.
- Help your student review health requirements at cyclonehealth.iastate.edu and submit immunization records through AccessPlus.
- Confirm all final transcripts of high school and/or college credit earned during high school were submitted to the Office of Admissions.

BEFORE CLASSES BEGIN

- Have your student check for their university billing statement after August 1. Consider discussing third-party access for AccessPlus at this time, if you haven't yet.
- Plan for your students' health insurance needs and bring a medical insurance card to campus.
- Teach your student the basics, such as doing laundry and being economical about purchases.
- Discuss how you will handle expenses for the year; will you send a monthly allowance or contribute money as needed? Prepare a monthly budget, if possible.
- Review finances and talk about how to manage a checking account and debit/ATM card. Also, make sure your student is prepared to respond appropriately to credit card offers.
- Talk with your student about what communication will look like. Discuss how often you plan to connect and how best to stay in contact (text messages, email, phone calls, etc.). Be sure to address social media (Facebook, Twitter, etc.) and determine what is appropriate information to be posting online.
- Review Iowa State's Principles of Community with your student and discuss what this means for them.
- Celebrate with your student the excitement that going to college provides. Hint: do this well before move-in day! Plan how you will say good luck and goodbye.
- Send a letter or care package that will arrive the day after move-in or the first day of classes!

FIRST TWO WEEKS OF CLASS

- □ Register for Cyclone Family Weekend (Sept. 17–19, 2021). To register, visit familyweekend.iastate.edu.
- Encourage your student to connect with their academic advisor to get to know them better or to attend a student organization meeting to meet other students.
- Promote completion of AlcoholEdu, Kognito, Cyclone CashCourse, and Title IX trainings through Canvas. These trainings educate your student on important policies, healthy choices, and responsible habits.



PACK IT UP

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The time has finally arrived! In a month, your student will be off to Iowa State for their new adventure. Here are some important items to include on your packing list:

ISUCard, medical insurance card, backpack, school supplies, study lamp, fan, first-aid kit, umbrella, small tool kit, bedding (extra-long twin sheets), clothing hangers, laundry supplies, shower flip-flops, toiletries, towels, coax cable for television.

Textbooks and course materials may be purchased at the lowa State University Book Store in the Memorial Union. Students can preorder textbooks starting May 24 and in-store purchases and rentals begin on July 15 for the fall semester. Students may use their U-Bill to purchase course materials at the ISU Book Store.

Iowa State Book Store

515 294-5684

isubookstore.com

The Iowa State Equine Farm, which sits at the north end of campus, maintains a herd of Quarter Horse and Thoroughbred broodmares who are used in teaching and demonstrations for ISU students, youth, and the public.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		te is an exciting event to welco nissions.iastate.edu/destinatio	1	2	3	
Independence Day	University Closed				Last day to drop full-session 12-week summer course	
4	5	6	7	8	9	10
			Encourage your student to reach out to their roommate before move-in		Last day to add/drop course for Summer Session II	
11	12	13	14	15	16	17
		Summer semester fee payment deadline				
18	19	20	21	22	23	24
25	26	27	28	20	20	31
23	20	ΖΙ	20	29	30	1001



THE ADVENTURE BEGINS

Move-in day is exciting! It's time to help your student create a cozy space to call home while they're at Iowa State. Staff will be on hand to help the process go smoothly and answer any questions you have. Remember to be patient and flexible as you get parked and unpack their belongings. Be sure to give yourself and your student a little grace – move in day can also be emotional when it's time for a hug goodbye!

Department of Residence

515 <u>294-2900</u>

housing.iastate.edu

Destination lowa State is a program designed to ease the transition to college for new lowa State students. Students will join a team and meet their team leader who is familiar with the area the student is living. They will become acquainted with campus and attend sessions to increase their success at lowa State, all while creating lifelong friendships. We encourage students to preregister for Destination lowa State during Orientation or on the Destination lowa State website.

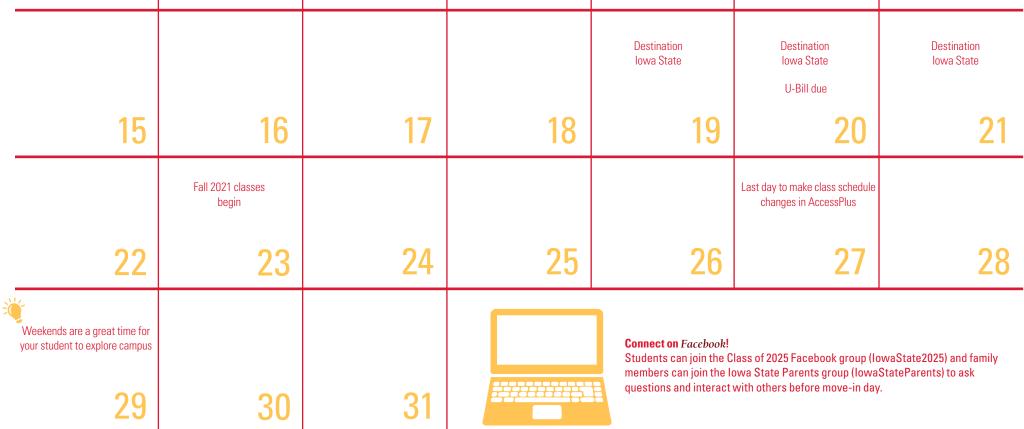
lew Stud	lent Programs	
	ione i rogiuno	

515 294-0801

admissions.iastate.edu/destination

Held prior to the start of the Fall semester, Destination lowa State kicks off the transition to college with fun activities, sessions, and guest speakers all over campus. Students are split into groups with a Team Leader to get them into the Cyclone spirit. The whole weekend kicks off with a picnic with the entire freshman class and a pep rally in Hilton Coliseum.

SUNDAY	MONDAY	NDAY TUESDAY WEDNESDAY THURSDAY		FRIDAY	SATURDAY	
Fall U-Bill available on AccessPlus					Summer Session II ends	
1	2	3	4	5	6	7
Q	Q	10	11	12	12	1/1







lowa State has more than 900 recognized organizations for students to join. Students can find out about clubs by using Student Activities' Student Organization Database and searching for a club based on their interests. Categories include councils, academic, fraternity/sorority, honor societies, media, military, multicultural, music/performing arts, political, sports/recreational, religious, service, and special interest. Additionally, students can get involved early with the Alumni Association by joining the Future Alumni Network or participating in homecoming activities.

Student Activities Center	515 294-8081	sac.iastate.edu
ISU Alumni Association	515 294-6525	isualum.org



CyRide is a bus system between the City of Ames, Iowa State University, and Iowa State Student Government. CyRide offers buses throughout the city of Ames and around campus. One of the most popular routes is the #23 Orange Route which circles the main part of campus, making stops in front of the Memorial Union. It is free to ride for all students. Just hop on!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	ClubFest. There are ove	it to attend the Fall 2021 er 900 student organizations, s of ways to get involved at	1	2	3	4
	University Closed					
	Labor Day					
5	6	7	8	9	10	11
					CYCLONE FAN	IILY WEEKEND
12	13	14	15	16	17	18
CYCLONE FAMILY WEEKEND					How are your student's classes going?	
19	20	21	22	23	24	25
26	27	28	29	30		
						2021



After the first six weeks of classes, students should be familiar with their course syllabus and expectations from their instructors. Encourage your student to visit with professors and teaching assistants (TAs) during office hours with any questions or concerns they may have regarding their academic progress and their career goals. Around this time, students will receive feedback from their first round of exams or papers. Iowa State has several resources available to help prepare students for exams and support their learning. Encourage your student to set up an appointment for academic coaching or request a peer tutor with the Academic Success Center. Your student may also have any paper or project reviewed by a peer communication consultant in the Writing and Media Center. Academic advisers are another resource who can provide support regarding your student's academic experiences. These resources can all support student success!

Academic Success Center	51	5 294-6624	asc.dso.iastate.edu
Writing and Media Center	51!	5 294-5411	wmc.dso.iastate.edu

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Just to the west of the Memorial Union sits Lake LaVerne. Thanks to LaVerne W. Noyes, a member of Iowa State's first graduating class, the three-acre lake was created in 1916 and has been a beautiful addition to campus. An Iowa State tradition says that if you walk around Lake LaVerne three times in silence with your beloved, you are destined to be together.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Class is <i>in session</i> ! Your student's spring regis weeks away! What course on taking?	stration is just a few as are they planning	FAFSA and OneApp open	2
					•	Z
3	4	5	6	7	8	9
10	11	12	13	14	15	16
HOMECO	DMING WEEK		HOMECOMING WEEK		HOMECOMING	WEEK
				Spring course registration begins for projected seniors		
17	18	19	20	21	22	23
24				Spring course registration begins for projected juniors		
31	25	26	27	28	29	30
						2021



MONEY MATTERS

Financial aid is any loan, scholarship, grant, or part-time employment used specifically to help pay for education related expenses.

Students seeking financial aid are encouraged to fill out the FAFSA (Free Application for Federal Student Aid) even if they aren't sure they'll qualify. Students should complete their FAFSA (lowa State code - 001869) by December 1 for the upcoming school year. The application will open on October 1; tax information is required to complete the application. The FAFSA must be completed every year to be eligible for financial aid in the next year.

Students wishing to apply for scholarships may fill out the form on OneApp to be considered for scholarships from the Office of Student Financial Aid and their college.

Office of Student Financial Aid	515 294-2223	financialaid.iastate.edu
Office of Student Financial Success	515 294-2223	financialsuccess.iastate.edu

Fall is a fan favorite in Ames, Iowa. As the leaves are changing, fall activities come in to play. Students can be seen at Center Grove Orchard with a group of friends, hiking around Ledges State Park, or riding their bikes around campus. Iowa State features almost 2,000 acres of campus that was named one of America's most beautiful.

SUNDAY	MONDAY	MONDAY TUESDAY		THURSDAY	FRIDAY	SATURDAY
	1	2	2	Spring course registration begins for projected sophomores	5	6
	Start thinking about housing contract for next school year	Z	5	Spring course registration begins for projected freshmen	J	0
7	. 8	9	10	Veterans Day	12	13







BE WELL. BE HEALTHY. BE MINDFUL. BE ACTIVE.

lowa State strives to partner with students, staff, faculty, and the surrounding community to proactively create a health-promoting university that supports and enhances student success, higher learning, holistic development, belonging, and engagement by implementing evidence-informed strategies and providing services, opportunities, and resources that build a culture of well-being, empowering all students to achieve their full potential.

Student Health and Wellness is made up of four departments that work together to create a health-promotion university: Student Counseling Services, Thielen Student Health Center, Student Wellness, and Recreation Services.

Student Health and Wellness

515 294-5801

cyclonehealth.iastate.edu

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The Campanile, a fixture on central campus, features 50 bells that can be heard ringing all over campus every 15 minutes. As the first semester is coming to an end, a fresh snowfall is the perfect addition to make lowa State's campus even more beautiful. (And don't worry, there is plenty of snow to go around in the winter months). Thankfully, a snowy campus offers lots of chances for winter activities or provides a reason to curl up inside with a book.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JOB	Student job <i>board</i> ! Now that your student has settled into a routine, are they looking for a job for the spring semester? Students can find		FAFSA due			
	work on the student job board the "Student" tab.	located in AccessPlus under	1	2	3	4
			Good sleep is a must before final exams			
5	6 6	7	8	9	10	11
	FINAL EXAN	15	FINAL EXAMS			Undergraduate Commencement
12	2 13	14	15	16	17	18
	Optional Winter Session begins				University Closed	
19	20	21	22	23	24	25
	University Closed					
26	5 27	28	29	30	31	
						2021



TAKE THE CLASSROOM OUTSIDE

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With the academic year well underway and your student becoming more comfortable with campus, now is an excellent time to start looking at other opportunities to enhance their adventure at lowa State. Your student can participate in a variety of opportunities on or off campus through the following campus partners and apply classroom learning to new out-of-class experiences.

Career Services: Career Services offers a broad range of programs to help students with their career development such as career advising, seminars, and position listings.

National Student Exchange: NSE provides students access to member colleges and universities across North America to exchange for up to one year. This affordable option opens the door to more courses and culture to enhance their college journey.

Study Abroad Center: Iowa State offers programs in 50+ countries, from one week to two semesters long. Where will your student choose their adventure?

Study Abroad		515 294-6792		studyabroad.iastate.edu	
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Beardshear Hall, home to Iowa State's administration, sits on the west side of Central Campus. Although no classes are held within the building, its strong pillars, stone exteriors, and admirable architectural features are worth the stop by. Make sure to say hello to President Wendy Wintersteen!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Everybody's working for <i>the weekend!</i> Encourage your student to speak with their college career services office about internships. It's a great way to try a new field or experience a unique adventure! Visit career.iastate.edu .							
2	3	4	5	6	7	8	
					Optional Winter Session ends		
0	10	11	10	10	1.4	15	
9	10	11	12	13	14	15	
	University Closed Martin Luther King Jr. Day	Spring semester begins		Spring U-Bill due	Last day to make class schedule changes in AccessPlus		
16	17	18	19	20	21	22	
23	University Closed						
30	31	25	26	27	28	29	
						2022	



Residence: To live on campus, students can use AccessPlus to contract for housing and submit their assignment preferences as soon as recontracting opens. Whether they like their current room, the room down the hall, or want to switch to an apartment, students can choose which space they would like to live in for the upcoming year.

Department of Residence

515 294-2900

housing.iastate.edu

Dining: Once students have their housing assignment, they can also select their meal plan on AccessPlus. Meal plans vary for students depending on where they are living. For students who are living in Wallace Hall, Wilson Hall, a campus apartment, a fraternity or sorority house, or off campus, we recommend looking at the apartment and off-campus meal plan options.

ISU Dining

515 294-3856

dining.iastate.edu

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After World War I, Iowa State students began discussing the need for a living memorial to honor the students who gave their lives in the conflict. When initial funding efforts came up empty, students organized to raise money to create the Memorial Union. A long corridor entrance from the North leads through Gold Star Hall, a memorial inside the union to honor those who have lost their lives in battle.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28		Disease), contact our r	edical special dining need (i.e., egistered dietitian so we can h st. dining.iastate.edu/nutrition/	elp you with a dietary	





KNOW THE CODE

Students will face dozens of choices during their time in college, including the choice to use alcohol and other drugs. Iowa State expects students to make safe, healthy, and legal decisions. The legal drinking age is 21. If your student chooses to drink, they should do so responsibly. Students should consider what they are drinking, the pace of drinking, overall consumption, and make a plan to get home safely.

The use, possession, distribution, cultivation, or sale of a controlled substance is illegal in Iowa. Neither recreational nor medical marijuana possession or use is permitted on university property or at university-sponsored events. Students should also do their own academic work. Students could be in violation of university policy if they cheat, plagiarize, or use online study sites which can impact their grades, graduation status, and disciplinary file.

Office of Student Conduct

515 294-1020

knowthecode.dso.iastate.edu

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Located on Lake LaVerne are two of our local residents at lowa State, Lancelot and Elaine. Since 1935, the swans have made the three-acre lake their home. Grab a bench by the lake to admire Lancelot and Elaine in their natural lowa habitat!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Talk with your student about their spring break plans				
		1	2	3	4	5
6	7	8	9	10	11	12
	SPRING B No Classes	REAK No Classes	SPRING BREAK No Classes	SPRING No Classes	BREAK No Classes	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		Safety <i>first</i> ! Feeling apprehensive on ca late at night? SafeRide ISU provides safe transportatio of charge. Call 515 294-444
						2022



HELPING YOUR CYCLONE SUCCEED

Your student will gain new independence, define values and beliefs, and gain a new sense of self. It is important that you support them during this transformative time in their lives. Iowa State has several ways to promote students' sense of belonging on campus through centers and services to build community.

Multicultural Student Affairs multicultural.dso.iastate.edu

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Margaret Sloss Center for Women and Gender Equity sloss.dso.iastate.edu

Center for LGBTQIA+ Student Success center.dso.iastate.edu

Sorority and Fraternity Engagement sfe.dso.iastate.edu

Veterans Center veterans.iastate.edu

Dean of Students Office

515 294-1020

dso.iastate.edu

Built in 2020, the Student Innovation Center is a resource that serves all Iowa State students with unique facilities and workspaces to foster innovation. The Student Innovation Center is fully equipped with the latest technology for heavy metal working, wood and light metal, as well as electronics, textiles, and additive manufacturing. There are also open collaboration facilities and learning spaces to all students from all across the University to innovate together.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
	Thinking of you! Spring is a great time to send your student a friendly note or treat from home. Let your student know you are thinking of them during finals week!									
					1	2				
3	4	5	6	7	8	9				
10	11	12	13	14	15	16				
Talk with your student about th move-out plans	eir									
17	18	19	20	21	22	23				
		26		28						
24	25	26	27	28	29	30				
						2022				



ONE YEAR DOWN, A LIFETIME OF ADVENTURE

Congratulations! You and your student have been a part of the Cyclone family for one full academic year. In this time, your student has stepped out, found their independence, met new friends, joined a club or two, learned A LOT, and so much more. As the semester winds down, now is an excellent time to learn more about your student's experiences at lowa State. Consider asking your student some of the following questions to spark conversations about the first year of their adventure:

What was the best part about your first year?

Did anything surprise you about your classes?

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Were you able to meet with your adviser throughout the year?

Do you have an idea about what kind of career you want to pursue?

What are your plans for the summer?

What experiences can you seek out to get more knowledge about your future career?

The courtyard outside of Lagomarcino Hall is home to one of the best hidden spots on campus. Built in 1912, the building was known as the Quadrangle and was originally used by the College of Veterinary Medicine. Now, you will find students relaxing under the shade, studying, and admiring the few pieces of public artwork.



	Ŭ					
	Summer Session I begins					
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	University closed Memorial Day 30	31	f	back home, trave	nmunicate plans for move-out v ling, summer classes, or off to summer mapped out.	with your student. Whether it's an internship, make sure your





AROUND TOWN

Listed as one of the Top 100 Places to Live in 2018 by Livability.com, Iowa State calls Ames, Iowa, home. Ames offers a variety of dining, shopping, and entertainment options including performers like Chance The Rapper, Dan + Shay, and Chelsea Peretti, along with international symphonies and Broadway musicals. The CyRide bus system gives students a convenient way to get around campus but also offers fare-free rides throughout the community. Ames also boasts hundreds of acres of parks, numerous bike paths, as well as cultural festivals and celebrations.

Iowa State Center	515 294-3347	center.iastate.edu
Ames Convention and Visitors Bureau	515 232-4032	thinkames.com



Summertime in Ames, Iowa, presents endless activities. Watching the sunset over Central Campus, relaxing in hammock with your best friend, strolling through downtown Ames, or biking around Ada Hayden Park Lake are just a few ways to enjoy summers in Iowa.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	What's <i>next</i> ? Is your student still exploring r Encourage them to check with career services office to see v path will best match their care	their college's vhich academic	1	2	3	4
	5 6	7	8	9	10	11
1	Summer Session I begins	14	15	16	17	18
		21	22	23	24	25
2		28	29	30		
	I	1	I	I		2022



WHEN DOES EVERYTHING START?

Your student's assigned move-in day will be available in AccessPlus this summer. Destination Iowa State begins Thursday, August 19 and runs through Saturday, August 21. Classes begin on Monday, August 23.

WHERE WILL MY STUDENT LIVE?

Students who want to join a community of more than 8,000 Cyclones living on campus should contract for housing (housing.iastate.edu) as soon as possible. Most first-year students live in halls or suites. On-campus apartments are a great option for students as they progress through their academic career. The Department of Residence will send your room assignment and roommate information beginning in June. Full move-in details will be shared with your student over the summer (make sure they check their @iastate.edu email address!) and posted to housing.iastate.edu.

WHAT RECORDS DO I HAVE ACCESS TO?

The Family Educational Rights and Privacy Act (FERPA) provides guidance to Iowa State on who has access to a student's university records. Your student can decide who can access their information and records such as grades and bills through AccessPlus by granting third-party access. Certain areas of campus must also adhere to the Health Insurance Portability and Accountability Act (HIPAA) regulations to ensure the privacy of a student's health care information. Students can create up to five third-party access accounts and choose what information they would like to share.

You can learn more about FERPA and Iowa State confidentiality policies at registrar.iastate.edu/policies. More information on HIPAA can be found at policy.iastate.edu/policy/ healthinfo.

WHEN CAN I SEE MY STUDENT'S BILL?

Bills are not viewable to you unless you have been given third-party access to this information by your student. Fall semester bills are available on August 1 with a due date of August 20. Spring semester bills are available on January 1 with a due date of January 20.

There are three payment options available: paying the account in full by the due date, the Deferred Billing Plan that divides the bill into three equal payments to be made during the first three months of the semester, and the Monthly Payment Plan that allows for payment of both fall and spring semester over a period of 9, 10, 11, or 12 months. Please contact the Accounts Receivable Office at 515 294-7388 or ubill.iastate.edu for more information.

HOW CAN MY STUDENT ACCESS MEDICAL CARE?

lowa State students are served on campus by Thielen Student Health Center, a full-service medical clinic committed to providing care in an inclusive and respectful environment to meet the needs of a diverse campus. McFarland Urgent and Express Care is available for acute and non-emergent health problems and emergency medical services are provided by Mary Greeley Medical Center (MGMC) located near campus.

More information on services provided by Thielen Student Health Center, McFarland Urgent and Express Care, and MGMC can be found at health.iastate.edu/services.

WHAT ARE MY STUDENT'S TUITION AND FEES?

Tuition is assessed depending on the student's major and number of credits enrolled in each semester. Mandatory fees each semester include health facility fee; health fee; activity, services, building and recreation fee; and technology fee. A full list of tuition rates and fees can be found at registrar.iastate.edu/fees.

HOW WILL MY STUDENT RECEIVE SUPPORT ON CAMPUS?

Many students will face challenging times in college. Iowa State provides services to assist students with college success. The Student Assistance staff in the Dean of Students Office can provide helpful information on a variety of issues and can guide students to additional resources such as Student Counseling Services, Student Accessibility Services, Academic Success Center, and more. Students can visit the Dean of Student's Office or reach out via email at **studentassistance@iastate.edu** to learn more about resources on campus and how they can notify instructors in times of difficulty.

HOW WILL MY STUDENT GET AROUND THE CAMPUS/THE CITY/THE COUNTRY/THE WORLD?

Transportation for Iowa State students comes in many forms. Though primarily a pedestrian campus, Iowa State is served by the Ames public transportation system CyRide to navigate campus and Ames. Current students can use CyRide for free by showing their ISU student ID card. Students can also use bicycles, skateboards, and roller skates when adhering to campus policies. Students may also bring their vehicles to campus. Parking permit information can be found at parking.iastate.edu or by contacting the Parking Division at 515 294-3388.

Ames is served by multiple taxi services, bus lines to travel farther away from the city, and the Des Moines International Airport located approximately 40 miles south of campus. Both taxi and shuttle service are available for travel to the airport. Providers include Executive Express Shuttle (888 522-9899), Cyclone Cab (515 232-1343), Big Dog Cab (515 608-8271), Fitz's Taxi (515 451-8769),

and Des Moines International Airport (515 256-5000).

CIT Signature Transportation offers direct, exclusive transportation to lowa State students wanting to travel home to the Chicago and Minneapolis areas for Thanksgiving, winter, and spring break. Picking up and dropping off on the south side of the Memorial Union.

Our stops include: Chicago Area: Naperville, Schaumburg, Union Station, and Oak Lawn. Minneapolis Area: Albert Lea, Burnsville, Bloomington, St. Paul, and Roseville.

Booking information, pricing, dates, and times can be found at citbus.com and by clicking on CIT Express or on the CIT Mobile App and choosing CIT Express.

WHAT SHOULD I KNOW ABOUT CAMPUS SAFETY?

lowa State's police department is among the best in the nation and all officers are graduates of the lowa Law Enforcement Academy. Officers are on staff 24 hours a day and provide support in emergency situations, offering SafeRide ISU, providing HelpVan to assist motorists having vehicle issues on campus, and more. Your student will also want to sign up for ISU Alert on AccessPlus for notifications on potentially dangerous situations. Visit isualert.iastate.edu for more information.

Iowa State University is committed to being a place where our students can succeed and thrive in a community that is free of discrimination, harassment, and intimidation. Your student will learn more about the commitment to creating a safer and healthier environment through online modules regarding Title IX.

THIS CALENDAR WAS GREAT! WHAT OTHER DATES ARE IMPORTANT FOR MY STUDENT TO KNOW?

Students will want to be aware of add/drop dates for their classes. Changes made after the first week of classes will require assistance from advisers and/or instructors. Students will be able to avoid tuition charges if they drop a class early enough or avoid fees for adding a class too late. You can view these dates and more at **registrar.iastate.edu/calendar**. Students can also keep up with campus happenings at **event.iastate.edu**.