We seek to foster an open-minded understanding among individuals, organizations and groups. We support this understanding through outreach, increasing opportunities for collaboration, formal education programs and strategies for resolving disagreement.

We are encouraged to be engaged in the university community. Thus, we strive to build a genuine community that promotes the advancement of knowledge, cooperation and leadership.

We recognize and cherish the richness of diversity in our university experience. Furthermore, we strive to increase the diversity of ideas, cultures and experiences throughout the university community.

We affirm the right to and the importance of a free exchange of ideas at Iowa State University within the bounds of courtesy, sensitivity and respect. We work together to promote awareness of various ideas through education and constructive strategies to consider and engage in honest disagreements.

We recognize that the mission of the university is enhanced when we work together to achieve the goals of the university. Therefore, we value each member of the Iowa State University community for their insights and efforts, collective and individual, to enhance the quality of campus life.

We recognize that we must strive to overcome historical and divisive biases in our society. Therefore, we commit ourselves to create and maintain a community in which all students, staff, faculty and administrators can work together in an atmosphere free from discrimination, and to respond appropriately to all acts of discrimination.

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WELCOME TO THE CYCLONE FAMILY!

We are delighted your student is attending Iowa State University. Whether it’s the first step, or another step on their journey, we can’t wait to help your student become the leader, innovator, and difference maker our world needs!

Your student is joining a community of scholars from every corner of Iowa, every state in our nation, and 100 other nations around the world. Our caring faculty and staff are dedicated to supporting your student as they pursue their dreams – not only earning their Iowa State degree, but landing that first job, pursuing graduate school, and setting the stage for lifelong personal and professional success.

Iowa State has a long history of excellence and a bright future as one of the America’s most renowned research universities. Your student will have countless opportunities to Innovate at Iowa State both inside and outside the classroom through learning communities, undergraduate research projects, service learning, participation in student organizations, and entrepreneurial activities.

They can also transform their ideas into reality at the new Student Innovation Center, a state-of-the-art space where students can design, build, fabricate, and test ideas. Students in all programs and majors are able to create, collaborate, and extend their learning by doing. Be sure to check out the Center on your next visit to campus, and indulge in a sweet treat from our new ISU Creamery!

Iowa State University is also committed to helping your student make a positive transition to college and contribute to a welcoming and inclusive environment. As Cyclones, we believe in the Principles of Community: respect, purpose, cooperation, richness of diversity, freedom from discrimination, and the honest and respectful expression of ideas. Iowa State offers many programs and resources to support students’ sense of belonging, wellbeing, and academic achievement. Please use this calendar as a tool to encourage your student to plan and connect to the services and support that will be important to their success.

Again, welcome to the Iowa State University family. We look forward to a great year of creativity, innovation, personal growth, and educational achievement.

TOYIA K. YOUNGER
SENIOR VICE PRESIDENT FOR STUDENT AFFAIRS

In 1954, Iowa State's Pep Council decided that Iowa State needed a mascot. Since a cyclone was difficult to depict in costume, a cardinal was selected from the cardinal and gold of the official school colors. "Cy," was the winning name selected from a Pep Council contest.

Who knows what prompted that first student to step around the bronze zodiac relic on the floor of the Gold Star Hall in the Memorial Union, but for more than 70 years, subsequent students have done likewise, understanding that to step on the zodiac is to ensure that they will flunk their next exam.

A memorial to students fallen in WWI, WWII, Korea, Vietnam, Somalia, Iraq, and Afghanistan. This memorial was created by students to salute veterans and those who made the ultimate sacrifice for their country.

In 1895, Iowa State's football team beat Northwestern 36–0. The Chicago Tribune reported: “Struck by a Cyclone … Northwestern might as well have tried to play football with an Iowa cyclone as with the Iowa team it met yesterday.” The name “Cyclones” stuck!
Questions About Engineering student services
Phone 515-294-5684
Encourage your student to download the Navigate App and MyState App.

515-294-3856
515-294-6466
515-294-4831
Celebrate with your student the excitement that going to college provides. Hint: do this well before move-in day! Plan how you will say good luck and goodbye.

Design student services

515-294-7220
Health and wellness

515-294-4000
Events

515-294-6479
Promote completion of AlcoholEdu, Kognito, Cyclone CashCourse, and Sexual Assault Prevention trainings through Canvas. These trainings educate your student on important policies, healthy choices, and responsible habits.

515-294-8081
Phone
Studying abroad

515-294-5433
Health insurance

515-294-2900
Academic calendars, courses, Supplemental Instruction, Tutoring

Financial aid and scholarships

Confirm whether your student needs special accommodations through Student Accessibility Services and reach out to their office if needed.

Loans and budgeting

515-294-3662
Student organizations, activities

Support for military-affiliated students

515-294-1020
Parking Division

515-294-3388
Registrar

515-294-1840
Residence

515-294-2900
SafeRide

515-294-4444
Sorority and Fraternity Engagement

515-294-1023
Student Accessibility Services

515-294-7220
Student Engagement

Student organizations, activities

515-294-8081
Student Assistance

515-294-1020
Student Counseling Service

Counseling services

515-294-5054
Student Financial Success

515-294-2223
Student and Scholar Health Insurance Office

Health insurance

515-294-4800
Study Abroad Center

515-294-6792
Thielien Student Health Center

Health and wellness

515-294-5801
Veterans Center

Support for military-affiliated students

515-294-9861
Writing and Media Center

Visual, oral, and written communication support

515-294-5411

CAMPUS RESOURCES

This page provides families access to the many resources and services available on campus. The guide is designed to be helpful when your student calls home (“What do I do?”). Family members are encouraged to lead their student to a solution rather than solving the problem for them. If you are unable to find a resource you are looking for, visit info.iastate.edu to help answer your question.

FAMILY CHECKLIST

AFTER ORIENTATION
☐ Have your student register for Destination Iowa State. To register, visit admissions.iastate.edu/destination.
☐ Confirm whether your student needs special accommodations through Student Accessibility Services and reach out to their office if needed.
☐ Encourage your student to review AccessPlus. Use this time to verify ISU Alert Information and add an emergency contact.
☐ Help your student review health requirements at cyclonehealth.iastate.edu and submit immunization records through AccessPlus.
☐ Confirm all final transcripts of high school and/or college credit earned during high school were submitted to the Office of Admissions.

BEFORE CLASSES BEGIN
☐ Have your student check for their university billing statement after August 1. Consider discussing third-party access for AccessPlus at this time, if you haven’t yet.
☐ Plan for your students’ health insurance needs and bring a medical insurance card to campus.
☐ Teach your student the basics, such as doing laundry and being economical about purchases.
☐ Discuss how you will handle expenses for the year; will you send a monthly allowance or contribute money as needed? Prepare a monthly budget, if possible.
☐ Encourage your student to download the Navigate App and MyState App.
☐ Review finances and talk about how to manage a checking account and debit/ATM card. Also, make sure your student is prepared to respond appropriately to credit card offers.
☐ Talk with your student about what communication will look like. Discuss how often you plan to connect and how best to stay in contact (text messages, email, phone calls, etc.). Be sure to address social media (Twitter, Instagram, TikTok etc.) and determine what is appropriate information to be posting online.
☐ Make sure your student is checking their Iowa State email in Outlook before classes begin. Faculty and advisors will often communicate before the semester begins.
☐ Review Iowa State’s Principles of Community with your student and discuss what this means for them.
☐ Celebrate with your student the excitement that going to college provides. Hint: do this well before move-in day! Plan how you will say good luck and goodbye.
☐ Send a letter or care package that will arrive the day after move-in or the first day of classes!

FIRST TWO WEEKS OF CLASS
☐ Encourage your student to connect with their academic advisor to get to know them better or to attend a student organization meeting to meet other students.
☐ Promote completion of AlcoholEdu, Kognito, Cyclone CashCourse, and Sexual Assault Prevention trainings through Canvas. These trainings educate your student on important policies, healthy choices, and responsible habits.
☐ Students can access online orientation at any point during their first year at admissions.iastate.edu/orientation to refer back to any questions that might come up.
Register for DIS!
Destination Iowa State is an exciting event to welcome students to campus. Register online at admissions.iastate.edu/destination/registration.

The time has finally arrived! In a month, your student will be off to Iowa State for their new adventure. Here are some important items to include on your packing list:
- ISUCard
- Medical insurance card
- Backpack
- School supplies
- Study lamp
- Fan
- First-aid kit
- Umbrella
- Small tool kit
- Bedding (extra-long twin sheets)
- Clothing hangers
- Laundry supplies
- Shower flip-flops
- Toiletries
- Towels

Textbooks and course materials may be purchased at the Iowa State University Book Store in the Memorial Union and on the Book Store website at isubookstore.com. Students may use their U-Bill to purchase course materials at the ISU Book Store.

Iowa State Book Store
515-294-5684
isubookstore.com

The Campanile, a fixture on central campus, features 50 bells that can be heard ringing all over campus every 15 minutes. Tradition states that a student officially becomes an Iowa Stater when kissed under the Campanile as the carillon tolls midnight.

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SUNDAY     MONDAY     TUESDAY              WEDNESDAY               THURSDAY      FRIDAY      SATURDAY

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27 26 25 24 23 22 21

Fall 2022 classes
begin

2022

Destination
Iowa State
Destination
Iowa State
Destination
Iowa State

Fall U-Bill available on AccessPlus
Residence Hall Move-In
Residence Hall Move-In
Destination Iowa State
Destination Iowa State
UI Bill due

THE ADVENTURE BEGINS
Move-in day is exciting! It’s time to help your student create a cozy space to call home while they’re at Iowa State. Staff will be on hand to help the process go smoothly and answer any questions you have. Remember to be patient and flexible as you get parked and unpack their belongings. Be sure to give yourself and your student a little grace – move in day can also be emotional when it’s time for a hug goodbye!

Fall U-Bill available on AccessPlus
Residence Hall Move-In
Residence Hall Move-In
Destination Iowa State
Destination Iowa State
UI Bill due

Department of Residence    515-294-2900                housing.iastate.edu
New Student Programs    515-294-0801    admissions.iastate.edu/destination

Destination Iowa State is a program designed to ease the transition to college for new Iowa State students. Students will join a team and meet their Team Leader who is familiar with the area the student is living. They will become acquainted with campus and attend sessions to increase their success at Iowa State, all while creating lifelong friendships. We encourage students to pre-register for Destination Iowa State during Orientation or on the Destination Iowa State website.

WelcomeFest
ClubFest (Tentative)

Held prior to the start of the Fall semester, Destination Iowa State kicks off the transition to college with fun activities, sessions, and guest speakers all over campus. Students are split into groups with a Team Leader to get them into the Cyclone spirit. The whole weekend kicks off with a picnic with the entire first-year class and a pep rally in Hilton Coliseum.

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Weekends are a great time for your student to explore campus.

2022
Iowa State has more than 800 recognized organizations for students to join. Students can find out about clubs by using Student Engagement’s Student Organization Database and searching for a club based on their interests. Categories include councils, academic, fraternity/sorority, honor societies, media, military, multicultural, music/performing arts, political, sports/recreational, religious, service, and special interest. Additionally, students can get involved early with the Alumni Association by joining the Future Alumni Network or participating in homecoming activities.

Get involved!
Encourage your student to attend the Fall 2022 ClubFest. There are over 800 student organizations, which means hundreds of ways to get involved at Iowa State!

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CyRide is a bus system between the City of Ames, Iowa State University, and Iowa State Student Government. CyRide offers buses throughout the city of Ames and around campus. One of the most popular routes is the #23 Orange Route which circles the main part of campus, making stops in front of the Memorial Union. It is free to ride for all students. Just hop on!
SUCCESSFUL STUDENTS SEEK SUPPORT

After the first six weeks of classes, students should be familiar with their course syllabus and expectations from their instructors. Encourage your student to visit with professors and teaching assistants (TAs) during office hours with any questions or concerns they may have regarding their academic progress and their career goals. Around this time, students will receive feedback from their first round of exams or papers. Iowa State has several resources available to help prepare students for exams and support their learning. Encourage your student to set up an appointment for academic coaching or request a peer tutor with the Academic Success Center. Your student may also have any paper or project reviewed by a peer communication consultant in the Writing and Media Center. Academic advisers are another resource who can provide support regarding your student’s academic experiences. These resources can all support student success!

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<tr>
<th>Academic Success Center</th>
<th>515-294-6624</th>
<th>asc.dso.iastate.edu</th>
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<tr>
<td>Writing and Media Center</td>
<td>515-294-5411</td>
<td>wmc.dso.iastate.edu</td>
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Built in 2020, the Student Innovation Center is a resource that serves all Iowa State students with unique facilities and workspaces to foster innovation. The Student Innovation Center is fully equipped with the latest technology for heavy metal working, wood and light metal, as well as electronics, textiles, and additive manufacturing. There are also open collaboration facilities and learning spaces to all students from all across the University to innovate together.

**OCTOBER**

Class is in session!
Your student’s spring registration is just a few weeks away! What courses are they planning on taking?

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CYCLONE FAMILY WEEKEND

FAFSA and OneApp open

Spring course registration begins for projected seniors

Flu shots are available to students through Thelan Student Health Center during the month of November

HOMECOMING WEEK
MONEY MATTERS

Financial aid is any loan, scholarship, grant, or part-time employment used specifically to help pay for education-related expenses.

Students seeking financial aid are encouraged to fill out the FAFSA (Free Application for Federal Student Aid) even if they aren’t sure they’ll qualify. Students should complete their FAFSA (Iowa State code - 001869) in the fall for the upcoming school year. The application will open on October 1; tax information is required to complete the application. The FAFSA must be completed every year to be eligible for financial aid in the next year.

Students wishing to apply for scholarships may fill out the form on OneApp to be considered for scholarships from the Office of Student Financial Aid and their college.

Office of Student Financial Aid
Office of Student Financial Success
515-294-2223
515-294-2223
financialaid.iastate.edu
financialsuccess.iastate.edu

Fall is a fan favorite in Ames, Iowa. As the leaves are changing, fall activities come in to play. Students can be seen at Center Grove Orchard with a group of friends, hiking around Ledges State Park, or riding their bikes around campus. Iowa State features almost 2,000 acres of campus that was named one of America’s most beautiful.

HOMECOMING WEEK

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The FAFSA deadline is approaching. Be sure to fill it out again for the upcoming school year.

2022
### Student job board!

Now that your student has settled into a routine, are they looking for a job for the spring semester? Students can find work on the student job board located in Access Plus under the "Student" tab.

If your student does plan to work on campus, it will be important they have their social security card and passport in a safe place they can easily access.

### Iowa State strives to partner with students, staff, faculty, and the surrounding community to proactively create a health-promoting university that supports and enhances student success, higher learning, holistic development, belonging, and engagement by implementing evidence-informed strategies and providing services, opportunities, and resources that build a culture of well-being, empowering all students to achieve their full potential.

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<tr>
<th>Recreation Services</th>
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<th>Student Counseling Services</th>
<th>Thielen Student Health Center</th>
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<td>515-294-5801</td>
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<td>recservices.iastate.edu</td>
<td>studentwellness.iastate.edu</td>
<td>counseling.iastate.edu</td>
<td>health.iastate.edu</td>
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### Located on Lake LaVerne are two of our local residents at Iowa State, Lancelot and Elaine. Since 1935, the swans have made the three-acre lake their home. Grab a bench by the lake to admire Lancelot and Elaine in their natural Iowa habitat!

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### December 2022

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- **Undergraduate Commencement**
- **Optional Winter Session begins**
- **University Closed**
- **University Closed**
- **Final Exams**
- **Final Exams**

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**Student Counseling Services** 515-294-5056  counseling.iastate.edu

**Thielen Student Health Center** 515-294-5801  health.iastate.edu

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**BE WELL. BE HEALTHY. BE MINDFUL. BE ACTIVE.**
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Take the Classroom Outside

With the academic year well underway and your student becoming more comfortable with campus, now is an excellent time to start looking at other opportunities to enhance their adventure at Iowa State. Your student can participate in a variety of opportunities on or off campus through the following campus partners and apply classroom learning to new out-of-class experiences.

Career Services: Career Services offers a broad range of programs to help students with their career development such as career advising, seminars, and position listings.

National Student Exchange: NSE provides students access to member colleges and universities across North America to exchange for up to one year. This affordable option opens the door to more courses and culture to enhance their college journey.

Study Abroad Center: Iowa State offers programs in 50+ countries, from one week to two semesters long. Where will your student choose their adventure?

Study Abroad | 515-294-6792 | studyabroad.iastate.edu

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**Making Iowa State Home**

**Residence:** To live on campus, students can use AccessPlus to contract for housing and submit their assignment preferences as soon as recontracting opens. Whether they like their current room, the room down the hall, or want to switch to an apartment, students can choose which space they would like to live in for the upcoming year.

**Dining:** Once students have their housing assignment, they can also select their meal plan on AccessPlus. Meal plans vary for students depending on where they are living. For students who are living in Linden Hall, Wallace Hall, Wilson Hall, a campus apartment, a fraternity or sorority house, or off campus, we recommend looking at the apartment and off-campus meal plan options.

Department of Residence: 515-294-2900

housing.iastate.edu

Dining: ISU Dining: 515-294-3856
dining.iastate.edu

**Special diet questions?**
If your student has a medical special dining need (i.e., food allergy, celiac Disease), contact our registered dietitian so we can help you with a dietary accommodation request: dining.iastate.edu/nutrition/accommodations

After World War I, Iowa State students began discussing the need for a living memorial to honor the students who gave their lives in the conflict. When initial funding efforts came up empty, students organized to raise money to create the Memorial Union. A long corridor entrance from the North leads through Gold Star Hall, a memorial inside the union to honor those who have lost their lives in battle.

2023
**Safety first!**

Feeling apprehensive on campus late at night? SafeRide ISU provides safe transportation free of charge. Call 515-294-4444.

**SEXUAL ASSAULT PREVENTION**

Iowa State University does not tolerate sexual violence. Ongoing efforts to foster a safer community include prevention skills training, outreach, and programming. All students should complete Sexual Assault Prevention training in Canvas coordinated by the Office of Equal Opportunity. Students are encouraged to participate in Green Dot—an opportunity to increase awareness, education, and skills practice to reduce violence in the community.

Students will face dozens of choices during their time in college, including the choice to use alcohol and other drugs. Iowa State expects students to make safe, healthy, and legal decisions. The legal drinking age is 21.

If your student chooses to drink, they should do so responsibly. Students should consider what they are drinking, the pace of drinking, overall consumption, and make a plan to get home safely. The use, possession, distribution, cultivation, or sale of a controlled substance is illegal in Iowa. Neither recreational nor medical marijuana possession or use is permitted on university property or at university-sponsored events. Students should also do their own academic work. Students could be in violation of university policy if they cheat, plagiarize, or use online study sites which can impact their grades, graduation status, and disciplinary file.

**Office of Student Conduct**

Student Wellness

515-294-1020

knowthecode.dso.iastate.edu

studentwellness.iastate.edu/greendot

---

Hilton. Magic. The two words that strike fear into the hearts of opposing teams as they step into Hilton Coliseum. Hilton is home to the men’s and women’s basketball teams, as well as gymnastics and wrestling. This month, the men’s and women’s basketball teams will compete to be the best in the land. In 2022, Iowa State was one of only three universities in the country to have BOTH the men’s AND women’s team make the Sweet 16 of the NCAA Tournament.
### HELPING YOUR CYCLONE SUCCEED

Your student will gain new independence, define values and beliefs, and gain a new sense of self. It is important that you support them during this transformative time in their lives. Iowa State has several ways to promote students’ sense of belonging on campus through centers and services to build community.

<table>
<thead>
<tr>
<th>Multicultural Student Affairs</th>
<th>Margaret Sloss Center for Women and Gender Equity</th>
<th>Center for LGBTQIA+ Student Success</th>
<th>Sorority and Fraternity Engagement</th>
<th>Veterans Center</th>
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<td>multicultural.dso.iastate.edu</td>
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<td>center.dso.iastate.edu</td>
<td>sfe.dso.iastate.edu</td>
<td>veterans.iastate.edu</td>
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**Dean of Students Office**  
515-294-1020  
dso.iastate.edu

In 1999 a national landscape architects’ group selected Iowa State’s central campus as a “medallion” site. The park-like central lawn was among three central campuses selected for special recognition by the American Society of Landscape Architects (ASLA).

**Thinking of you!**  
Spring is a great time to send your student a friendly note or treat from home. Let your student know you are thinking of them during finals week!

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**APRIL 2023**
**ONE YEAR DOWN, A LIFETIME OF ADVENTURE**

Congratulations! You and your student have been a part of the Cyclone family for one full academic year. In this time, your student has stepped out, found their independence, met new friends, joined a club or two, learned a LOT, and so much more. As the semester winds down, now is an excellent time to learn more about your student’s experiences at Iowa State. Consider asking your student some of the following questions to spark conversations about the first year of their adventure:

- What was the best part about your first year?
- Did anything surprise you about your classes?
- Were you able to meet with your adviser throughout the year?
- Do you have an idea about what kind of career you want to pursue?
- What are your plans for the summer?
- What experiences can you seek out to get more knowledge about your future career?

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**MAY**

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- **Hittin’ the road!** Make sure to communicate plans for move-out with your student. Whether it’s back home, traveling, summer classes, or off to an internship, make sure your student has their summer mapped out.

- **Undergraduate Commencement**

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- What experiences can you seek out to get more knowledge about your future career?

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**DESTINATION IOWA STATE**

Held prior to the start of the Fall semester, Destination Iowa State kicks off the transition to college with fun activities, sessions, and guest speakers all over campus. Students are split into groups with a Team Leader to get them into the Cyclone spirit. The whole weekend kicks off with a picnic with the entire freshman class and a pep rally in Hilton Coliseum.

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**LAVERNE LAKE**

Just to the west of the Memorial Union sits Lake LaVerne. Thanks to LaVerne W. Noyes, a member of Iowa State’s first graduating class, the three-acre lake was created in 1916 and has been a beautiful addition to campus. An Iowa State tradition says that if you walk around Lake LaVerne three times in silence with your beloved, you are destined to be together.

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**FINAL EXAMS**

- Final exams! Send positive thoughts!

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**MAY**

- Undergraduate Commencement

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**FALL**

- University closed
- Memorial Day
- **Final Exams**
What’s next? Is your student still exploring major options? Encourage them to check with their college’s career services office to see which academic path will best match their career goals.

AROUND TOWN

Listed as one of the Top 100 Places to Live in 2018 by Livability.com, Iowa State calls Ames, Iowa, home. Ames offers a variety of dining, shopping, and entertainment options including performers like Chance The Rapper, Dan + Shay, and Chelsea Peretti, along with international symphonies and Broadway musicals. The CyRide bus system gives students a convenient way to get around campus but also offers fare-free rides throughout the community. Ames also boasts hundreds of acres of parks, numerous bike paths, as well as cultural festivals and celebrations.

Iowa State Center 515-294-3347 center.iastate.edu

Ames Convention and Visitors Bureau 515-232-4032 thinkames.com

Summer in Ames, Iowa, presents endless activities. Playing some Spikeball on Central Campus, relaxing in hammock with some friends, strolling through downtown Ames, or biking around Ada Hayden Park Lake are just a few ways to enjoy summers in Iowa.

Summer Session II begins

2023
**FREQUENTLY ASKED QUESTIONS**

**WHEN DOES EVERYTHING START?**

Your student’s assigned move-in day will be available in AccessPlus this summer. Destination Iowa State begins Thursday, August 18 and runs through Saturday, August 20. Classes begin on Monday, August 22.

**WHAT IS MOVE-IN LIKE?**

Your student will be assigned to a move-in day and signs will be posted on campus to direct them to their residence hall. The Move-In Crew will help your student unload and carry their items into their new room and direct them to longer-term parking. Full move-in details will be shared with your student over the summer (make sure they check their @iastate.edu email address!) and posted to housing.iastate.edu. The Department of Residence will send your student room assignment and roommate information beginning in June.

**WHAT RECORDS DO I HAVE ACCESS TO?**

The Family Educational Rights and Privacy Act (FERPA) provides guidance to Iowa State on who has access to a student’s university records. Your student can decide who can access their information and records such as grades and bills through AccessPlus by granting third-party access. Certain areas of campus must also adhere to the Health Insurance Portability and Accountability Act (HIPAA) regulations to ensure the privacy of a student’s health care information. Students can create up to five third-party access accounts and choose what information they would like to share.

You can learn more about FERPA and Iowa State confidentiality policies at registrar.iastate.edu/policies. More information on HIPAA can be found at policy.iastate.edu/policy/healthinfo.

**WHEN CAN I SEE MY STUDENT’S BILL?**

Bills are not viewable to you unless you have been given third-party access to this information by your student. Fall semester bills are available on August 1 with a due date of August 20. Spring semester bills are available on January 1 with a due date of January 20.

There are three payment options available: paying the account in full by the due date, the Deferred Billing Plan that divides the bill into three payments to be made during the first three months of the semester, and the Monthly Payment Plan that allows for payment of both fall and spring semester over a period of 12, 11, 10, or 9 months. Please contact the Accounts Receivable Office at 515-294-7388 or ubill.iastate.edu for more information.

**HOW CAN MY STUDENT ACCESS MEDICAL CARE?**

Iowa State students are served on campus by Thielens Student Health Center; a full-service medical clinic committed to providing care in an inclusive and respectful environment to meet the needs of a diverse campus. McFarland Urgent and Express Care is available for acute and non-emergent health problems and emergency medical services are provided by Mary Greeley Medical Center (MGMC) located near campus.

More information on services provided by Thielens Student Health Center, McFarland Urgent and Express Care, and MGMC can be found at health.iastate.edu/services.

**WHAT ARE MY STUDENT’S TUITION AND FEES?**

Tuition is assessed depending on the student’s major and number of credits enrolled in each semester. Mandatory fees each semester include health facility fee; health fee; activity, services, building and recreation fee; and technology fee. A full list of tuition rates and fees can be found at registrar.iastate.edu/fees.

**HOW WILL MY STUDENT RECEIVE SUPPORT ON CAMPUS?**

Many students will face challenges in college. Iowa State provides services to assist students with college success. The Student Assistance staff in the Dean of Students Office can provide helpful information on a variety of issues and can guide students to additional resources such as Student Counseling Services, Student Accessibility Services, Academic Success Center, and more.

Students can visit the Dean of Student’s Office or reach out via email at studentassistance@iastate.edu to learn more about resources on campus and how they can notify instructors in times of difficulty.

**HOW WILL MY STUDENT GET AROUND THE CAMPUS/THE CITY/THE COUNTRY/THE WORLD?**

Transportation for Iowa State students comes in many forms. Though primarily a pedestrian campus, Iowa State is served by the Ames public transportation system CyRide to navigate campus and Ames. Current students can use CyRide for free by showing their ISU student ID card. Students can also use bicycles, skateboards, and roller skates when adhering to campus policies. Students may also bring their vehicles to campus. Parking permit information can be found at parking.iastate.edu or by contacting the Parking Division at 515-294-3388.

Ames is served by ride share services, taxi services, bus lines to travel farther away from the city, and the Des Moines International Airport located approximately 40 miles south of campus. Both taxi and shuttle service are available for travel to the airport. Providers include Executive Express Shuttle (888 522-9899), Story County Taxi (515 232-1343), and Des Moines International Airport (515 296-5000).

CIT Signature Transportation offers direct, exclusive transportation to Iowa State students wanting to travel home to the Chicago area for Thanksgiving, winter, and spring break. Picking up and dropping off on the south side of the Memorial Union.

Chicago area stops include: Naperville, Schaumburg, Union Station, and Oak Lawn.

Booking information, pricing, dates, and times can be found at citbus.com and by clicking on CIT Express or on the CIT Mobile App and choosing CIT Express.

**WHAT SHOULD I KNOW ABOUT CAMPUS SAFETY?**

Iowa State’s police department is among the best in the nation and all officers are graduates of the Iowa Law Enforcement Academy. Officers are on staff 24 hours a day and provide support in emergency situations, offering Safetelife ISU, providing Helpplan to assist motorists having vehicle issues on campus, and more. Your student will also want to sign up for ISU Alert on AccessPlus for notifications on potentially dangerous situations. Visit isualert.iastate.edu for more information.

Iowa State University is committed to being a place where our students can succeed and thrive in a community that is free of discrimination, harassment, and intimidation. Your student will learn more about the commitment to creating a safer and healthier environment through online modules regarding Title IX.

**THIS CALENDAR WAS GREAT! WHAT OTHER DATES ARE IMPORTANT FOR MY STUDENT TO KNOW?**

Students will want to be aware of add/drop dates for their classes. Changes made after the first week of classes will require assistance from advisers and/or instructors. Students will be able to avoid tuition charges if they drop a class early enough or avoid fees for adding a class too late. You can view these dates and more at registrar.iastate.edu/calendar. Students can also keep up with campus happenings at event.iastate.edu.