RESOURCES AND SERVICES

CAMPUS DIRECTORY

Academic Success Center
1060 Hixson-Lied Student Success Center
515 294-6624
asc.dso.iastate.edu

Admissions
100 Enrollment Services Center
515 294-5836
admissions.iastate.edu

Agriculture and Life Sciences Student Services
0020 Curtiss Hall
515 294-2766
cals.iastate.edu/student-services/home

Business Undergraduate Programs Office
1200 Gerdin Business Building
515 294-8300
business.iastate.edu/undergraduate

Campus Safety Escort Service
515 294-4444
parking.iastate.edu/escort

Dean of Students
1010 Student Services Building
515 294-1020
dso.iastate.edu

Department of Public Safety
168 Armory
515 294-4428
dps.iastate.edu

Design Student Services
297 Design
515 294-6983
design.iastate.edu/current-students/student-services-office/

Destination Iowa State
2630 Memorial Union
515 294-5492
admissions.iastate.edu/destination

Engineering Student Services
1300 Marston Hall
515 294-7186
engineering.iastate.edu/student-services

Financial Aid
0210 Beardshear Hall
515 294-2223
financialaid.iastate.edu

Iowa State University Student Government
1580 Memorial Union
515 294-1585
gsb.iastate.edu

Greek Affairs (fraternities and sororities)
0355 Memorial Union
515 294-1023
greek.iastate.edu

Human Sciences Student Services
131 MacKay Hall
515 294-6466
hs.iastate.edu/current-students/student-services

International Students and Scholars
3248 Memorial Union
515 294-1120
iss.o.iastate.edu

Iowa State Center
Suite 102 Scheman Building
515 294-3347
center.iastate.edu

ISUCard Office
0530 Beardshear Hall
515 294-2727
isucard.iastate.edu

ISU Dining
1215 Friley Hall
515 294-3856
dining.iastate.edu

Lesbian, Gay, Bisexual, Transgender Student Services
1064 Student Services Building
515 294-5433
lgbtts.dso.iastate.edu

Liberal Arts and Sciences Student Services
102 Catt Hall
515 294-4831
las.iastate.edu/students/

Library, Parks
515 294-3642
lib.iastate.edu

Margaret Sloss Women’s Center
205 Sloss House
515 294-4154
dso.iastate.edu/wc

Multicultural Student Affairs
2080 Student Services Building
515 294-6338
dso.iastate.edu/msa

National Student Exchange
1080 Hixson-Lied Student Success Center
515 294-6479
nse.dso.iastate.edu

New Student Programs: Orientation/Destination Iowa State
2630 Memorial Union
515 294-0801
admissions.iastate.edu/orientation

Parents’ Advisory Line (PAL)
1010 Student Services Building
800 772-8546
parents.iastate.edu

Parents’ Association
1010 Student Services Building
515 294-6054
parents.dso.iastate.edu

Parking Division
27 Armory
515 294-3388
parking.iastate.edu

Registrar
214 Enrollment Services Center
515 294-1840
registrar.iastate.edu

Residence, Department of
2419 Friley Hall
515 294-2900
housing.iastate.edu

Student Assistance and Outreach
1010 Student Services Building
515 294-1020
studentassistance.dso.iastate.edu

Student Counseling Service
3rd floor, Student Services Building
515 294-5056
counseling.iastate.edu

RESOURCES AND SERVICES
CAMPUS DIRECTORY (CONTINUED)

Student Disability Resources
1076 Student Services Building
515 294-7220
sdr.dso.iastate.edu

Student and Scholar Health Insurance Office
3810 Beardshear Hall
515 294-4800
hrs.iastate.edu/sship

Study Abroad Center
3224 Memorial Union
515 294-6792
studyabroad.iastate.edu

Student Activities Center
1560 Memorial Union
515 294-8081
sac.iastate.edu

Thielens Student Health Center
Student Health Center
515 294-5801
cyclonehealth.org

Treasurer
1220 Beardshear Hall
515 294-4363
treasurer.iastate.edu

Veterans Benefits and Certification
214 Enrollment Services Center
515 294-1840
veterans.iastate.edu/benefits

Veterans Center
3578 Memorial Union
515 294-9801
veterans.iastate.edu

Writing and Media Center
300 Carver
515 294-5411
wmc.dso.iastate.edu

Off-campus resources
Ames Convention and Visitors Bureau
1601 Golden Aspen Dr.
800 288-7470
515 232-4032
visitames.com

Ames Police
515 Clark Avenue
515 239-5133
cityofames.org/Police

First Nurse Hotline,
Mary Greeley Medical Center
515 239-6877
800 524-6877 (Iowa only)
mgmc.org

Mary Greeley Medical Center
1111 Duff Avenue
515 239-2011
mgmc.org

THINGS TO KNOW,
PLACES TO GO

This orientation manual is a valuable source of information about Iowa State. In addition to this material, you’ll want to become familiar with the Iowa State Catalog. It provides information about university policies, academic requirements, course descriptions, and general information. The catalog is available at catalog.iastate.edu.

Also, the Policy Library is available to all students online (policy.iastate.edu). It offers additional information on student rights and responsibilities, support services, and student involvement.

What is my ISUCard?
Your ISUCard is your permanent university identification card, which includes your picture and university identification number. It is also your library card and access card for university services and buildings.

Your university ID number will be displayed on your ISUCard. This number will be different than your social security number. Find more details at isucard.iastate.edu.

Student Activities Center
Students learn inside and outside the classroom. The Student Activities Center (SAC) in the Memorial Union offers countless ways to get involved at Iowa State through student organizations, leadership, service, arts, entertainment, and recreation activities.

The Student Activities Center includes: the Workspace (art studios), The Maintenance Shop (entertainment venue), CyBowl and Billiards (recreation center/bowling alley), leadership and service programs, art galleries in the Memorial Union, recognition of more than 850 clubs and organizations, ClubFest and Spring ClubFest, WelcomeFest, WinterFest, and the advisement for: Student Union Board, ISU AfterDark, Dance Marathon, CyServe Council, and Freshmen Council.

Stop by to learn about all the great opportunities for involvement at Iowa State. For more information visit sac.iastate.edu or call 515 294-8081.

Student Union Board (SUB)

SUB is a student run organization that coordinates entertainment events such as concerts, films, comedy, multicultural, hypnotists/magicians, and celebrity guests. SUB’s mission is to provide the Iowa State campus and students with a series of diverse cultural, recreational, social, and educational entertainment programs. SUB’s signature programs include Cyclone Cinema (free weekly films series in Carver 101), the Maintenance Shop (concerts, comedy, open mic), Varieties (80+ year-old student talent show), featured entertainment at ISU AfterDark nights, large national concerts (Kevin Hart, Sam Hunt, Chance the Rapper, X Ambassadors), Global Gala, and so much more.

Performing arts, concerts, and comedians
Each year, the Performing Arts Series at Stephens Auditorium offers events of widely varying genres to campus: Broadway shows, theatre, dance, world music and jazz, along with rock, pop, country and comedy attractions. Shows of international acclaim, premiers of new artists and performers from Little Big Town and Norah Jones to Annie and Blue Man Group have graced the stage.

Wowing audiences for over 40 years, the 2,727-seat Stephens Auditorium has been called the ‘crown jewel’ of the Iowa State Center, hailed as one of the best concert halls in the world and named Iowa’s Building of the Century by the American Institute of Architects (Iowa Chapter).

Iowa State students may receive discounted tickets to any Performing Arts Series show by showing their ISUCard at the ticket office, which is located at the north entrance of Stephens Auditorium (corner of Beach Avenue and Lincoln Way), Monday–Friday 10 a.m.–6 p.m. Join the Stephens Auditorium text club by texting RUSHTIX to 313131 and receive information on Rush tickets. For more information, call 515 294-3347 or visit center.iastate.edu.

Athletics events
There are several options for students who want to attend Iowa State athletics events.

All-Sports Package Price: $249
Includes Football, Men’s Basketball
Women’s Basketball, Volleyball,
Gymnastics, Wrestling, Student Alumni
Association/Cyclone Alley membership
(Men’s Basketball excludes holiday break
games)

Football only student season tickets: $125
Includes seven home games at Jack Trice
Stadium

Cy’s Pass: $30
Includes Wrestling, Gymnastics, Volleyball
and Women’s Basketball (Women’s
Basketball excludes holiday break games)
Ticket Process

The Athletic Department has implemented a lottery system for incoming students to purchase the All-Sports Package, Football season tickets and Cy’s Pass. This process gives incoming students an equal opportunity to purchase any of these packages.

During orientation time period (month of June) students can sign up for the All-Sports Package, Football season tickets and/or a Cy’s Pass. Information about the process will be given to new students at the Orientation Resource Fair. In addition an email will be sent to all incoming students.

Students who do sign up for either the All-Sports Package, Football season ticket and/or the Cy’s Pass will be charged to their U-Bill if they are selected in the lottery. Students will be notified when these charges are applied to their U-Bill.

Students will be notified in the beginning of August about what ticket package they received. If the All-Sports Package or Football season tickets are not sold out at this time, Iowa State Athletics will send an email to all students letting them know there are still tickets available.

For more information, go to Cyclones.com or call the ticket office at 1-888-478-2925.

INFORMATION TECHNOLOGY AND COMPUTING SERVICES

A wide variety of information technology resources are available for students. More information is available at it.iastate.edu. Some popular services are included below.

New to ISU

ISU’s technology quick start guide (newtoisu.it.iastate.edu) provides you with the information you need to get started.

Net-ID

• When you register for your CyMail account, you are creating your Network-ID (Net-ID). You will need your university identification number, and you will choose your own Net-ID and password.
• Together your Net-ID and password are the key to many university resources, particularly services such as CyMail, online class materials, library e-services, remote access, and free, site-licensed software.

CyMail

The university community uses your Iowa State email address to contact you, so it is important that you register for an Iowa State account. However, you can have email accounts with off-campus providers, too. Here are some guidelines for your email account:
• If you register the name “patuser,” your CyMail address is “patuser@iastate.edu” and your Net-ID is “patuser.”
• You can check CyMail at c-mail.iastate.edu.

More information can be found at it.iastate.edu/email or through the Solution Center, 192 Parks Library, 515 294-4000.

AccessPlus

AccessPlus (accessplus.iastate.edu) is a secure and confidential campus information system that allows you to view a personalized menu from any Internet connected device. AccessPlus is available to Iowa State students, day or night, seven days a week, from anywhere in the world. It offers a wide range of services, from changing your address and managing your CyCash account to viewing, or even paying your university bill online.

On AccessPlus you can:
• Register for ISU Alert
• Add or update emergency contacts
• Register for classes
• View or print a current term or future term class schedule
• View residence hall information
• Complete residence hall contract
• Choose a dining plan
• Buy Dining Dollars
• Add value/check balance of CyCash
• Search for jobs on and off campus
• Sign up for direct deposit of payroll
• View payroll information
• Review, accept/decline, and authorize financial aid
• Sign up for direct deposit of excess financial aid funds
• View, print, and pay university bill
• View or print grades
• Verify address and other personal information
• Update in-session or interim address
• Print unofficial transcript
• Obtain enrollment certificate
• Order official transcript
• Print 1098T tuition summary statements for tax reports
• Manage third-party access
• Enroll in health insurance program
• Run your degree audit

Information on AccessPlus is kept confidential. Your university ID and password are required to view your personal information through AccessPlus. Always remember to log out of AccessPlus.

Solution Center

If you have a question about computing and information technology at Iowa State, the Solution Center has an answer. They offer assistance with:
• Your Net-ID and password
• CyMail, Blackboard Learn, and AccessPlus (access and passwords)
• Data networks, including connecting a computer in the residence halls, wireless locations around campus, and off-campus remote connections
• Virus protection and removal; site-licensed antivirus and anti-spyware packages
• Software support, including productivity tools (Microsoft Office)
• Web services, such as setting up and updating personal or class web pages

For more information on services, visit the Solution Center online at it.iastate.edu/solution, in person at 192 Parks Library, by phone at 515 294-4000, or email solution@iastate.edu.

Connecting to the campus network

Ethernet is a high-speed connection to the campus network that enables you to connect to the Internet from your personal computer in your residence hall room. Iowa State has an extensive wireless network with public access points at many locations throughout campus and all on-campus residence hall rooms.

For more information, contact the Solution Center at 515.294-4000 or visit it.iastate.edu/services/data.

Students can bring their computers to the Solution Center for no-charge networking assistance. Staff can assist with setup for Ethernet and wireless access for students who live on campus, and remote access to the campus network for off-campus students. Solutions Center staff can also scan your computer and fix common security problems and vulnerabilities, plus install anti-virus and anti-spyware software at no charge.

Contact the Solution Center by phone at 515 294-4000 for an appointment.
Free software
Iowa State has purchased site-licensed software, which is available at no charge to Iowa State students. Currently available are: antivirus, anti-spyware, and network software, and others. For more information, visit it.iastate.edu/services/software or contact the Solution Center, 192 Parks Library, 515 294-4000.

Computer security
Many computer problems are a result of problems with security. Common problems include a computer that runs slowly or crashes regularly. Common solutions are removing a virus from the computer, cleaning off spyware, and maintaining the latest software updates. Learn more at it.iastate.edu/services/security.

As an Iowa State student, you can get free anti-virus software plus updates for your Windows or Mac computer. Windows users can also get free anti-spyware software. You’ll need your Iowa State Net-ID to download the software at it.iastate.edu/downloads.

Computer sales
Tech CYte, located in the University Book Store (Memorial Union), is an on-campus source for computer hardware, software, peripherals, and electronics, with many items priced for educational use. Visit isubookstore.com or contact Tech CYte at 515 294-8357.

Computer service
Computer Service is a resource for solving hardware problems for students and doing maintenance and warranty service on a variety of computers and printers. This area also does upgrades such as installing additional memory, hard drives, or other computer equipment. Computer Service is located in 74 Durham Center, 515 294-2218. For more information visit it.iastate.edu/services/service.

Computer labs
Computer labs on campus include public, college, and departmental labs. Public labs are accessible to everyone at the university. College and departmental labs may be limited to use by those in a specific college or department. Some public labs are funded by student computer fees and are managed by the Computation Advisory Committee (CAC).

To find labs based on location, operating system, or other search criteria go to it.iastate.edu/labsdb. Information about each lab includes hours of operation and available hardware and software.

Assistive technology
Some students with documented disabilities may have difficulty accessing course materials in the traditional way. Fortunately, computer technology and other assistive tools/strategies can provide a powerful set of alternative techniques for people with accessibility challenges. Resources and consulting services are available through the Student Disability Resources Office. More information can be found at dso.iastate.edu/dr or in Room 1076 Student Services Building, 515 294-7220.

CAMPUS RESOURCES AND OPPORTUNITIES

Academic help rooms
asc.dso.iastate.edu
Help rooms are available for accounting, astronomy, chemistry, organic chemistry, economics, math, physics, statistics, sociology, and world languages.

Academic Success Center
1060 Hixson-Lied Student Success Center
(515 294-6624)
asc.dso.iastate.edu
The Academic Success Center (ASC) enhances the academic development of students and reinforces student-centered learning. The ASC provides small group assistance for a wide range of academic disciplines and courses as well as individual consultations to assess strengths and/or challenges and develop goals.

Academic Coaching
1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu
Academic Coaching helps students through one-on-one meetings designed to support the growth and development of learning strategies such as time management, note taking, study skills, and test taking. Students are encouraged to call the ASC for an academic coaching appointment. There is no charge.

Academic Learning Skills Course
1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu/psych131
Psychology 131 is a one-credit-hour course focusing on academic success strategies such as time management, test taking, critical study skills, and goal setting.

Supplemental Instruction (SI)
1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu/supplemental
Supplemental Instruction is a nationally recognized academic support program offering free, regularly scheduled study sessions for selected difficult 100-200-level courses. SI sessions are facilitated by “SI Leaders,” undergraduate students who have previously taken the course and demonstrated academic competency in the subject area.

Tutoring Services
1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu/tutoring
ASC is dedicated to providing quality tutoring for many undergraduate courses. Small-group tutoring, which consists of 2-4 students, are scheduled during student-available times. Tutors, hired for both their knowledge and ability to communicate, work with students to identify problem areas and misconceptions about the course material. A minimal fee is charged (additional funding from multiple sources is available).

Alternative Breaks
East Student Office Space, Memorial Union
(515 294-8081)
sac.iastate.edu/AltBreaks
Alternative Breaks, a program of the Leadership and Service Center in the Student Activities Center, offers week long trips during winter and spring breaks to engage in community service outside of the Ames area. Students perform projects for community agencies and learn about the various issues that cause the need for service. Visit the website to see past and upcoming trip information.

Office of Student-Athlete Development
2050 Hixson-Lied Student Success Center
cyclones.com
Student-athletes have a variety of services available to them through this staff, including:

- New student-athlete orientation
- Educational seminars
- Learning centers
- Tutoring and mentoring
- Monitoring academic progress and eligibility status
- Intervention/referral
- Advocacy for student-athletes
- Scholar-Athlete Banquet
- Student-Athlete Advisory Committee
- NCAA Student-Athlete Affairs

Career Exploration Services
2030 Student Services Building
(515 294-0742)
careerexploration.iastate.edu
Career Exploration Services (CES) is available to all ISU students searching for a major or trying to determine how to translate their major into a career that is the best fit for them. CES offers a multifaceted approach to provide students a variety of
assistance sources. These services include:

- Career coaching: a flexible, informal option for students wanting one-on-one guidance through the career development process from a trained career coach
- Career counseling: Student Counseling Service (SCS) offers individual career counseling, which is a more comprehensive service than career coaching and involves scheduled individual meetings with counselors trained in both career development and counseling
- Computerized assessments to aid students in choosing a major and career path
- A Career Exploration Center with an extensive collection of books and 9 computer stations with various internet resources for students exploring career and major choice
- The annual ISU Major Fair held each fall, which brings the majors from all ISU colleges together in the Memorial Union to provide students an opportunity to receive information on a variety of majors in one place
- U ST 104 (Personal Career Development): A 2-credit course open to all ISU students who are having difficulty choosing a major or career path (includes computerized assessment and interpretation, and focuses on teaching a systematic approach to career choice and implementation)

**Career Services**
career.iastate.edu

Through a network of college-based offices, Career Services offers a broad range of programs and tools to help all students with their career development and job search. Services for students include assistance with selection of major and career exploration, individual career advising, seminars, and position listings for cooperative education, internships, and/or summer jobs. Ten annual career events bring more than 1,400 employers to campus.

**Agriculture and Life Sciences**
15 Curtiss Hall
(515 294-4725)
career.cals.iastate.edu

**Business**
1320 Gerdin Business Building
(515 294-2542)
business.iastate.edu/careers

**Design**
297 Design
(515 294-0735)

design.iastate.edu/career-services/

**Engineering**
3200 Marston Hall
(515 294-2540)
engineering.iastate.edu/ecs

**Human Sciences**
131 MacKay Hall
(515 294-0626)
hs.iastate.edu/career-services

**Liberal Arts and Sciences**
131 Carver Hall
(515 294-8691)
careers.las.iastate.edu

**ISU Child Care & Family Resource Services**
2623 Bruner Drive
(515 294-8827) or (515 294-3149)
ccfamily@iastate.edu

Child Care & Family Resource Services, supports Iowa State families by linking families with programs, services, and financial assistance that can help meet their needs.

CCFRS is available to assist families in accessing services available both on campus and in the community.

Child care programs located on campus include:

- **University Community Childcare**
  (515 294-9838)

- **Flex-Care**
  (515 294-9838)

- **Part-time care for children of Iowa State students**

- **University Child Center at Veterinary Medicine**
  (515 294-2273)

  College of Veterinary Medicine campus

- **The Comfort Zone**
  (515 294-3333)

  11725 Long Rd

  For kids who are ill

- **ISU Child Development Laboratory School**
  (515 294-3040)

  4380 Palmer HDFS Building, Suite 0351

- **YWCA’s Sitters List**
  (515 294-1663)

  Referral list of sitters for parents needing occasional in-home child care services

**Dean of Students Office**
1010 Student Services Building
(515 294-1020)
Monday–Friday, 8 a.m.–5 p.m.
dso.iastate.edu

The Dean of Students Office (DSO) uses an integrated approach to support student-centered learning through personal, community and academic development culminating in a transformative experience. Reporting through the Division of Student Affairs, the DSO provides numerous opportunities for students to connect beyond the classroom. Iowa State prides itself on providing students the breadth of educational experiences they want from a large research university and the social experiences they’d expect to find on a smaller campus.

The DSO plays a vital role in helping students navigate their adventures at Iowa State. The 14 departments that comprise the DSO are grouped within four spheres of influence: Student Life, Student Success and Retention, Social Justice and Inclusion, and Wellness.

This collaborative model exemplifies the dynamic synergy with which all DSO units merge to create and support a common community experience for Iowa State University students.

Units of the Dean of Students Office include:

- **Academic Success Center**
- **Student Conduct**
- **Greek Affairs**
- **Hixson Opportunity Awards**
- **Lesbian, Gay, Bisexual, Transgender Student Services**
- **Margaret Sloss Women’s Center**
- **Multicultural Student Affairs**
- **National Student Exchange**
- **Parent and Family Programs**
- **Recreation Services**
- **Student Assistance**
- **Student Disability Resources**
- **Student Legal Services**
- **Writing and Media Center**

**Department of Public Safety**

**Parking Division**
Room 27 Armory
(515 294-3388)
parking.iastate.edu

**Police Department**
Room 55 Armory
(515 294-4428)
police.iastate.edu

The Iowa State Department of Public Safety’s mission is to ensure the campus remains a safe place to live, learn, and work. The Department of Public Safety is composed of two divisions—Parking and Police.

The Parking Division is responsible for managing all parking lots, issuing permits, providing HelpVan motorist assists, and enforcing applicable rules and regulations. The Police Department is the university’s official law enforcement agency and employs state-certified, sworn peace officers to respond to calls for service 24 hours a day.
The security of all members of the campus community is of vital concern to Iowa State. Information regarding crime prevention strategies, the law enforcement authority of the ISU police, policies concerning crime reporting on campus, and crime statistics for the most recent three-year period may be requested from the Police Department, 55 Armory, Ames, Iowa 50011, or by calling 515 294-4428. A link to campus crime statistics is also available at police.iastate.edu/useful-links.

International Students and Scholars Office
3248 Memorial Union
(515 294-1120)
Monday–Friday, 8 a.m.–5 p.m.
issso.iastate.edu
International students are encouraged to seek assistance from the International Students and Scholars Office (ISSO) for immigration, cultural, and personal concerns. International student advisers specialize in F-1 and J-1 non-immigrant regulations.

ISSO offers U ST 110X International First-Year Experience Seminar which is a required course for freshmen international students at Iowa State. The course focuses on the transition to college in the U.S., ISU resources, culture, and personal development through a lecture and a peer mentor-led recitation session.

ISSO sponsors the International Student Council, a very active and dynamic group of students, which creates exciting activities and serves as an umbrella organization for all international student groups at Iowa State. Other events such as the International Student Orientation, International Week, and various social, academic, and informative programs held throughout the year are coordinated through ISSO.

Iowa State University Student Government
1580 Memorial Union
(515 294-1585)
stu.gov.iastate.edu
Iowa State University Student Government legislates and administers student policy and provides services necessary to meet the needs of students.

Leadership and Service Center
East Student Office Space, Park Memorial Union (515 294-8081)
sac.iastate.edu/lscenter
The Leadership and Service Center is a resource for students to explore their leadership and service journey at Iowa State.

Stop by the center to get advice about getting involved, running a student organization, find volunteer opportunities, and learn about resources on campus.

Lesbian Gay Bisexual Transgender Student Services (LGBTSS)
1064 Student Services Building
(515 294-5433)
Center hours: Mon–Fri, 8 a.m.–5 p.m.
lgbtsscenter@iastate.edu
lgbtss.dso.iastate.edu
LGBTSS advocates for Iowa State students of all sexual identities, gender identities, and gender expressions by providing support, community, education, and referral services.

Math Center
East Student Office Space, East Iowa State University
(515 294-4426)
mathcenter@iastate.edu
The Math Center provides free drop-in assistance for students with math, statistics, and computer science courses.

Library, Parks
General Information (515 294-3642)
lib.iastate.edu
The university library system provides a wide array of print, non-print, and digital information resources in Parks Library, the Library website, the Veterinary Medicine Library, and two subject-oriented reading rooms (Design and Mathematics). The Library’s extensive collections support research and study for all Iowa State academic programs. These collections are nationally recognized for their strengths in basic and applied fields of biological and physical sciences. Library holdings include almost 3 million volumes and over 100,000 current serial titles.

The Library website (lib.iastate.edu) provides 24/7 online access to the Library’s digital collections and services, with tools that support both the discovery of information resources and their delivery to your desktop. Online collections include e-journals, e-books, article indexes and databases, as well as other digital media. Assistance in using this vast body of digital resources is available at the Research Help Desk, via chat,email, and phone reference, and through individually arranged appointments with subject-expert librarians. In addition, students learn library research and information literacy skills in Library 160, a credit-bearing class required for all Iowa State undergraduates. Other learning opportunities for students include the Library’s Guides, course-related instruction sessions taught by librarians, and special workshops.

The Library encourages use of its collections—both digital and in print—as well as its many student-centered services. The Learning Connections Center provides computer workstations for students working individually or in small groups; group study rooms; tables wired with charging stations; scanning stations; and a presentation practice room. The Research Help Desk is located near the Library entrance, laptops can be checked out at Circulation and tech support is available at the IT Solution Center.

The Library remains a focal point for student learning at Iowa State, providing access to resources, instruction, computer workstations, and popular individual and group study areas. The Library website is an indispensable partner to student success.
Memorial Union activities and services
Main Desk, second floor
(515 298-6848)
mu.iastate.edu

Arts, entertainment, recreation:
• CyBowl and Billiards (bowling, billiards, video arcade, table tennis)
• The Maintenance Shop (live music and events)
• Comedy, special events, student performances, and much more
• Art exhibits and art-for-rent
• The Workspace (studios for paint your own pottery, wood, jewelry, photo, pottery, button making, screen printing, die cutting, and other classes)

Student organizations
• Student organization offices
(Student Union Board, Student Government, etc.)
• Meeting space

Dining and shopping
• MU Food Court
• MU Market & Café
• ISU Book Store
• ISU Catering
• Panda Express
• Subway

Study spots
• Browsing Library, computer lab, and chapel
• Multicultural Center
• Lounges: Main, West, Pride
(Veterans Lounge located in Pride)
• MU Commons and more

Services
• All-gender restrooms
• ATMs
• Campus Organization Accounting
• Computer labs
• Copy center
• Family restrooms including infant care station
• FedEx dropbox
• Lincoln Way marquee
• Lockable skateboard/longboard rack
• Lost & Found
• Meeting rooms
• Student Legal Services
• Parking ramp
• Ticket office in the M-Shop
• US full-service post office
• Veterans Center
• Video phone for hearing impaired

Multicultural Liaison Officers (MLOs)
Multicultural Liaison Officers are located in each of the six undergraduate colleges. The MLOs provide support services and programs for multicultural students in their respective colleges. Services include:
• Academic advising and counseling
• Academic workshops on various topics (i.e. financial counseling, study skills, time management, etc.)
• Orientation activities designed specifically for multicultural students
• Information about other campus resources and services
• Mentoring opportunities
• Academic, career, social, and professional activities within colleges

To speak with your MLO, contact your college’s student services office.

Multicultural Student Affairs Office (MSA)
2060 Student Services Building
(515 294-6338)
multicultural.dso.iastate.edu
The Office of Multicultural Student Affairs (MSA) advocates for and supports Iowa State University’s domestic students who self-identify as African American, American Indian/Alaskan Native, Asian American, Hawaiian/Pacific Islander, Latinx, and/or Multiracial. MSA provides leadership through the development of programs and services that enhance the recruitment, transition, retention and graduation of multicultural students. Working in collaboration with University partners, the office assists in fostering a campus climate that recognizes, appreciates and shares a mutual understanding of respect for all cultures in addition to supporting students’ academic, cultural, personal and social development.

National Student Exchange
1080 Hixson-Lied Student Success Center
(515 294-6479)
nse@iastate.edu
nse.dso.iastate.edu
National Student Exchange (NSE) provides Iowa State students access to 170 member colleges and universities in 48 states, three U.S. territories, and seven Canadian provinces. Campuses range in size from large public research universities in the country to small state colleges; Hispanic serving institutions; and historically black colleges and universities. Since its beginning in 1968, NSE has placed more than 100,000 students for exchange.

Iowa State students can participate for up to one calendar year. Most students utilize NSE to:
• Broaden personal and educational experiences
• Explore and appreciate new cultures
• Take courses not offered by Iowa State
• Expand academic program options
• Investigate graduate schools or employment opportunities

Financial aid and scholarships travel with students while on exchange, making NSE an affordable way to expand the curriculum. Returning exchange students describe NSE as a life-changing experience which has made them more independent, self-confident, resourceful, and helped them better define their academic and career objectives.

Recreation Services
Administrative Office in State Gym
(515 294-4980)
Lied Recreation Service Desk
(515 294-7140)
Beyer Hall Service Desk
(515 294-2466)
Outdoor Recreation Service Desk
(515 294-8200)
recreservices.iastate.edu
Recreation Services inspires, educates, and empowers members of the ISU community to cultivate healthy lifestyles. Our programs are created for everyone, whether you’re just getting started on your wellness journey, have been competing in a sport all your life, or just looking to have fun. We hope that you take a break and have some fun with us!

Facilities and informal recreation
Recreation Services offers five indoor facilities: Lied Recreation Athletic Center, Beyer Hall, State Gym, Forker Building, and the Ames/ISU Ice Arena. Lied Recreation Athletic Center houses two premier running tracks, multiple basketball, volleyball and racquetball courts, top-of-the-line exercise and weight training equipment, and a bouldering wall. Beyer Hall has basketball, volleyball, racquetball and squash courts, functional training room, and an indoor pool used for competitive events and lap swim. State Gym provides approximately 160,000 square feet of recreational space on the west side of campus. The facility offers five basketball/volleyball courts, two indoor tracks, an indoor leisure pool, and top-of-the-line exercise and weight training equipment. Outdoor space of over 100 acres includes an 18-hole disc golf course, tennis and sand volleyball courts, softball, flag football, and soccer fields to provide the perfect environment for friendly competition.
Intramural sports
Participate in one of the largest intramural sports programs in the nation. With more than 40 different opportunities designed for individual, dual, team and co-ed competition, the intramural sports program has something for everyone. Some of our unique and popular programs include broomball, curling, flag football, dodgeball, euche, volleyball, and badminton. Participate for the opportunity to win one of the most coveted items on campus—an intramural champion t-shirt.

Sport clubs
If you are looking for a higher level of competition, there are over 50 sport clubs designed to meet individual interests in a variety of sports such as rugby, soccer, water-ski, lacrosse, ultimate frisbee, ice hockey, ski and snowboard, martial arts, kayaking, crew, mountaineering, weightlifting, and boxing. The clubs participate in regional and national tournaments, and many have coaches who supervise organized practices.

Fitness
Striving to improve health and wellness, our fitness program offers activities rich in variety and intensity levels. Instructors teach innovative, fun and safe fitness classes, including cardio workouts, kickboxing, cycling, sculpting, Pilates, and yoga classes, along with deep and shallow aqua fitness workouts. Personal training sessions can be purchased to provide one-on-one training to enhance individual wellness.

Outdoor Recreation Program
Travel, attend a workshop, rent equipment, or climb the wall! Choose your landscape as you participate in one-day, weekend, or extended trips throughout Iowa and the nation. Trips cover a broad range of activities and locations such as canoeing in Iowa, sea kayaking in Alaska, snowboarding and skiing in Colorado, mountain biking, whitewater rafting, hiking and climbing in Utah, and surfing in California. Instructional workshops are also offered on various outdoor recreational skills. Rent equipment for camping, canoeing, skiing, backpacking, mountain biking, kayaking, and many other activities. Also available to students are two climbing and bouldering walls at the Lied Recreation Athletic Center and State Gym.

Employment opportunities
Part-time jobs in Recreation Services offer students flexible hours, valuable skills, work experience, and competitive hourly wages. Over 600 students are employed as building supervisors, lifeguards, office assistants, trip leaders, climbing wall supervisors, fitness instructors, personal trainers, and intramural officials. Sixty percent of Recreation Services student fees are returned to students each year in the form of wages. Students desiring to work in this healthy and enjoyable environment should visit recservices.iastate.edu for more information and application forms.

ROTC-Reserve Officers Training Corps Army—Department of Military Science, 132 Armory (515 294-1852) armymrotc.iastate.edu
Air Force—Department of Air Force Aerospace Studies, 131 Armory (515 294-1716) airforce.iastate.edu, afrotc@iastate.edu
Navy and Marine Corps—Naval Science Department, Room 3 Armory (515 294-6050) navy.iastate.edu, isunrotc@iastate.edu

Students may participate in introductory Officer Education courses without any service obligations. Eligible students may join a Reserve Officers Training Program. Army, Navy, Marine Corps, and Air Force, programs are all offered at Iowa State. Students interested in available courses, program requirements, and scholarships may contact each department. Minimum physical, medical, and academic requirements must be met in order to qualify for a scholarship.

SafeRide ISU
Department of Public Safety/Police Department (515 294-4444) police.iastate.edu/services/saferide

Whether you are a student, faculty, staff or visitor at Iowa State, there may be times when you find yourself on campus late at night or in the early hours of the morning. If walking leaves you feeling a little uneasy or apprehensive, call SafeRide ISU. We will gladly pick you up and transport you to your next on-campus location at no charge.

SafeRide ISU is available 6:00pm - 6:00am to everyone by calling (515) 294-4444. Individuals with an ISU NetID can download the free SafeRide ISU app to request a ride. A student employee wearing a department uniform will pick you up. Students, faculty, staff and visitors at Iowa State are eligible for on-campus motorist assistance from the HelpVan. There is no charge for these services. Dial (515) 294-4444 and the HelpVan will arrive to provide the equipment needed for the following services:

• Jump start
• Jucks, lug wrenches, or other tools needed to change a flat tire
• A ride to and from the nearest gas station for fuel assistance
• A shovel to allow you to scoop snow

All SafeRide and Motorist Assist services are only available on University owned and leased properties and Greek properties. Services may be limited on breaks and weekends.

Solution Center
192 Parks Library
(515 294-4000) solution@iastate.edu
IT.iastate.edu/solution

The Solution Center, a service of ISU Information Technology, is your single point of contact for your technology questions and issues. The mission of the Solution Center is to provide successful solutions to our customers including support for computer software, networking, and service-related issues.

Student Assistance and Outreach
1010 Student Services Building
(515 294-1020) Monday–Friday, 8 a.m.–5 p.m.
studentassistance.dso.iastate.edu

Student Assistance in the Dean of Students Office works with students and families to navigate the challenges students may encounter at Iowa State. Unexpected life events, personal crises, or other difficulties can interfere with college success. Whether it is something as simple as not being able to find one of your classes or something more stressful and complicated such as the loss of a loved one, the Student Assistance staff is prepared to listen to your experience and guide you to the appropriate campus or community resources.

When you are unsure where to go for help or when the unexpected occurs in your life, staff members in Student Assistance are available to provide support and information about university resources. Student Assistance can help students navigate their options if they have experienced a sexual misconduct situation. Student Assistance staff also educate students on the appropriate way to file an academic grievance; notify academic faculty in emergency absence situations; intervene and assist with students experiencing personal, academic, or mental health distress; and otherwise help students navigate the university’s policies and procedures.

Student Answer Center
Ground floor, Beardshear Hall
(515 294-4469) Monday–Friday, 8 a.m.–5 p.m.
answercenter@iastate.edu
Not sure where to go for answers to your questions? Stop by the Student Answer Center, where the staff can help you find answers to your questions about Iowa State. Located near the offices of Student Financial Aid, Accounts Receivable, Treasurer, and ISUCard, the staff can answer questions related to these offices and many other topics. The Student Answer Center is staffed by students who are trained to answer your questions on the spot or direct you to the proper source. You can contact them online at financialaid.iastate.edu or by phone at 515 294-4469 or search for answers 24/7 at financialaid.iastate.edu/answers.

**Student Conduct, Office of**
1010 Student Services Building
(515 294-1021)
studentconduct.iastate.edu

The Office of Student Conduct is responsible for coordinating and administering the student disciplinary process at Iowa State University. This includes receiving reports of alleged misconduct, ensuring that students receive due process and fair treatment throughout the hearing process, and maintaining students’ disciplinary records. Additionally, the Office of Student Conduct staff is committed to informing students of their rights as members of the university community and educating them regarding the responsibilities they have to themselves and the other members of the university community.

Individuals who believe that a violation of the Student Disciplinary Regulations has occurred may contact the Office of Student Conduct in the Dean of Students Office to discuss options available for reporting incidents to the appropriate authorities on campus.

**Student Counseling Service**
Student Services Building, 3rd floor
(515 294-5056)
Monday–Friday, 8 a.m.–5 p.m.
counseling.iastate.edu

Student Counseling Service (SCS) has a staff of professional counselors and psychologists who work with students to enhance their academic and personal well-being.

Some SCS programs and services include:
- Crisis intervention
- Career exploration, information and counseling
- Outreach for the campus community
- Consultation services for faculty, staff, parents, etc.
- Biofeedback and Mind/Body Center services for learning to:
  > Alleviate stress and tension
  > Improve physical health and well-being
  > Enhance athletic and academic performance
  > Alleviate anxiety and depression

- Individual counseling and group counseling services for the following concerns (but not limited to):
  > Depression
  > Anxiety
  > Body image
  > Grief
  > Sexual abuse
  > Homesickness
  > Self-esteem
  > Eating disorders
  > Relationship concerns
  > Trauma
  > Assault
  > Coming out
  > Identity Development
  > Diversity and multicultural concerns

**Student Disability Resources**
1076 Student Services Building
(515 294-7220)
Monday–Friday, 8 a.m.–5 p.m.
disabilityresources@iastate.edu
dso.iastate.edu/dr

Student Disability Resources (SDR) coordinates reasonable accommodations, referral services, student advocacy, educational programming, and a variety of other services that complement the university’s goals and objectives for equal access and full participation. SDR staff determines eligibility and coordinates reasonable accommodations.

**Student Employment Center**
0640 Beardshear Hall
(515 294-5627)
studentjobs@iastate.edu

The Student Employment Center knows how important a part-time job can be to help pay expenses while students are enrolled. Students are encouraged to use the online Job Board via AccessPlus. Listings are maintained for both on- and off-campus positions and are updated on a daily basis.

**Student Health Center, Thielen**
Thielen Student Health Center
(515 294-5801)
CycloneHealth.org

Iowa State University Thielen Student Health Center is staffed with physicians, advance registered nurse practitioners and highly-trained medical professionals available to see you for your primary health care needs.

We understand the unique needs of students—like offering appointments that fit around your class schedule and helping you transfer prescriptions during breaks. The student health center offers an inclusive, nonjudgmental environment for a diverse student body. We are conveniently located on campus at the corner of Sheldon & Union drive—across from State Gym.

View all mandatory health requirements at CycloneHealth.org/new and submit your immunization records online through Access Plus.

**Student Legal Services**
0367 Memorial Union
(515 294-0978)
Monday–Friday, 8 a.m.–5 p.m.

Student Legal Services (SLS), funded by the Iowa State University Student Government, provides free legal services for ISU students and student organizations. There is no charge for consultation with, or representation by, SLS lawyers.

SLS engages in the general practice of law including, but not limited to, the following frequently handled matters:
- Administrative law
- Contracts
- Criminal law
- Employment law
- Family law
- Immigration
- Landlord/Tenant
- Notary services

SLS does not represent students in fee generating cases, controversies involving a student vs. student or student vs. ISU, ISU student conduct matters, and generally does not handle felony defense or cases involving excessive time. However, free consultation with an attorney regarding these matters is available.

When applicable, court costs and out-of-pocket expenses must be paid by the student.

**Student Loan Education Office**
0680 Beardshear Hall
(515 294-0677)
loaneducation@iastate.edu
nofearfinance.com

The Student Loan Education Office is available for students to receive confidential one-on-one counseling regarding personal financial matters. The goal of the office is to educate students about finances so they can live a financially healthy life. Students can meet
with an advisor to discuss how to develop a budget in order to keep borrowing to a minimum, how to budget their personal earnings and/or financial aid refunds, as well as other personal financial topics like responsible borrowing and use of credit, credit card concerns, and debt management. These services are available to all ISU students at no charge.

**Study Abroad Center**
3224 Memorial Union  
(515 294-6792)  
Monday–Friday, 8 a.m.–5 p.m.  
No appointment necessary  
studyabroad.iastate.edu

What’s the most fun you can have in college while preparing for life after graduation? Study abroad offers students a chance to travel the world, while building skills desirable to future employers! In fact, a recent study conducted by IES Abroad found that students who study abroad are hired faster and paid more than students who don’t! So do something for yourself and your future career, study abroad.

Iowa State offers more than 1,300 study abroad programs every year, from one week to two semesters, in nearly every major, during spring break, summer, fall, or spring. It’s time to ask yourself, “Where will my next adventure be?” But first, here are the basics:

- **When can I study abroad?** There are programs for freshmen called Study Abroad Shorts, that allow students to try out study abroad before signing up for a longer experience. Students can also study abroad as a sophomore, junior, or senior.

- **How much does it cost?** There are programs available to meet all budgets. Some of our most affordable programs cost the same as ISU tuition!

- **Can I use my scholarships and financial aid?** Yes! And you can apply for additional study abroad scholarships too!

- **If I study abroad, will I have to spend another semester at ISU, right?** Wrong! You can study abroad and take classes to fulfill major, minor, and general education requirements, ensuring that you graduate on time.

I don’t speak a foreign language. Can I only go to English speaking countries? No! You can go to countries like Costa Rica, Germany, Italy, and Japan and take your courses in English.

In addition to study abroad, the Study Abroad Center also provides advising on international internships and traineeships, work abroad, and scholarships. Come visit us today to start planning your international adventure!

**Women’s Center, Margaret Sloss Sloss House**
501 Farm House Lane  
(515 294-4154)  
Monday–Friday, 8 a.m.–5 p.m.  
mswc.dso.iastate.edu

The Margaret Sloss Women’s Center is a resource for students, faculty, and staff regardless of gender. The center promotes the development of gender equity, awareness of sexual assault and relationship violence, and social change on the Iowa State campus. The center advocates for individuals and groups; provides support, referrals, programming, and maintains a safer space in the Sloss House.

**Veterans Center**
3578 Memorial Union  
(515 294-9801)  
veterans.iastate.edu

Located in the Memorial Union, the Veterans Center offers a place to go for Veteran-related questions and an opportunity to connect with others in forming a greater sense of camaraderie around a shared common experience. The Veterans Center helps veterans and military-affiliated students successfully navigate the transition into a university setting, including VA Certifying Officials, Accounts Receivables, Financial Aid and more.

**Writing and Media Center**
208 Carver Hall  
(515 294-5411)  
writectr@iastate.edu.  
wmc.dso.iastate.edu

The Writing and Media Center helps students become stronger, more confident communicators. The WMC is a welcoming and inclusive educational workspace where Communication Consultants offer individualized assistance to undergraduate and graduate students across the disciplines, working on any form of written, oral, visual, or electronic communication. Trained Communication Consultants will assist you at any stage of your composing process, from brainstorming and organizing your ideas to polishing your final draft. We will help you learn how to proofread, evaluate, and improve the effectiveness of your own work. All forms of communication are welcome! We are also happy to work with you on presentations, job documents, posters, application essays, graduate school personal statements, or any other genre. This service is free for any student.

**Community Resources**

**Location**
Centrally located in the midwest and Iowa, Ames is easily accessed by north-south Interstate 35 or east-west Interstate 80. The Des Moines International Airport is located 45 minutes south of Ames and is served by major commercial airlines. The Ames Municipal Airport is located south of Highway 30 and receives small aircraft, including corporate jets. Ames is 218 miles south of Minneapolis, MN; 322 miles west of Chicago, IL; 227 miles north of Kansas City, MO; and 168 miles east of Omaha, NE.

**Around Ames**
For information on the Ames community, including lodging, dining, and shopping, contact:

**Ames Convention & Visitors Bureau**
1601 Golden Aspen Drive, #110  
Ames, IA  50010  
515 232-4032  
thinkames.com

For information on local businesses, contact:

**Ames Chamber of Commerce**
304 Main Street  
Ames, IA 50010  
515 232-2310  
ameschamber.com

**Weather**
Ames experiences all four changes in seasons. The average rainfall in Ames is 33.4 inches, and the annual snowfall averages 30.8 inches. Throughout the year, these are the expected high temperatures by month:

<table>
<thead>
<tr>
<th>Month</th>
<th>High Temperature</th>
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<tbody>
<tr>
<td>January</td>
<td>27</td>
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<td>February</td>
<td>34</td>
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<td>March</td>
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<td>November</td>
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<td>December</td>
<td>31</td>
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</tbody>
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**Automatic Teller Machine (ATM) locations**

On campus—Operated by USBank  
College of Design  
College of Veterinary Medicine  
Frederiksen Court  
The Hub  
Maple-Willow-Larch Commons  
Memorial Union (3 locations)  
Parks Library  
Union Drive Commons  

Off campus—Check with your local bank for ATM locations.

**Health services**
In addition to the Thielien Student Health Center’s counseling and psychological health services, there are a number of resources available on campus and in the Ames community. To explore these resources, visit the Student Health Center’s website or call 515-294-1294.

**Financial Aid**
Financial aid is available for students who demonstrate need. To apply for financial aid, complete the Free Application for Federal Student Aid (FAFSA) and submit it to the Office of Student Financial Aid. Application deadlines vary, so check the website for specific dates.

**Entrepreneurship**
The Iowa State University Entrepreneurship Program offers a range of services and resources for students interested in starting their own businesses. These include mentorship, workshops, and networking events.

**Sports and Recreation**
Ames offers a variety of sports and recreation opportunities for students, including intramural and club sports, as well as access to the on-campus Recreation Center.

**Local Businesses**
Ames is home to a diverse range of local businesses, including restaurants, cafes, and retail stores. Many of these businesses are located within walking distance of the Iowa State University campus.

**Transportation**
Ames is served by the Mid-Iowa Transit Authority (MITA), which provides bus service to most areas in the Ames area.

**Entertainment**
Ames offers a variety of entertainment options, including live music, theater, and film festivals. The Iowa State University Student Union also hosts a range of events throughout the year.

**Travel**
Ames is easily accessible by car, bus, or train. Major airlines serve the Des Moines International Airport, which is located approximately 45 minutes south of Ames.

**Accommodations**
Ames offers a variety of affordable accommodations options, including on-campus housing, off-campus apartments, and furnished rooms for rent.

**Employment**
Ames is home to a diverse range of employers, including local businesses, government agencies, and non-profit organizations. The Career Services office offers career counseling, resume writing, and job searching assistance.

**Community Engagement**
Ames is known for its strong sense of community and engagement with the local community. The Iowa State University also offers a range of community service opportunities for students, including community service projects, volunteer opportunities, and service learning experiences.

**Safety and Security**
Ames is a safe and welcoming community, with a low crime rate. The Ames Police Department provides 24/7 police protection, and the Iowa State University Police Department offers a range of services, including police visits, security consultations, and security awareness training.

**Volunteer Opportunities**
Ames offers a variety of volunteer opportunities, including volunteering at local non-profit organizations, participating in community service projects, and serving on campus committees.

**Volunteering**
Volunteering is a great way to give back to the community and gain valuable experience. The Iowa State University Career Services office offers a range of volunteer opportunities, including volunteering at local non-profit organizations, participating in community service projects, and serving on campus committees.
Center located on the Iowa State campus, health care is available in Ames from a major medical center, nearby clinics, and a full complement of human services.

- Mary Greeley Medical Center, 1111 Duff Avenue (515 239-2011), provides medical, surgical and emergency care, as well as a variety of health and wellness programs. Visit mgmc.org for more information.

- McFarland Clinic, 1215 Duff Avenue (515 239-4400), is the largest physician-owned multi-specialty clinic in Central Iowa, with 200 providers offering a wide range of general and specialty services, including an Urgent Care Clinic, open nights and weekends, which offers same day appointments (515 956-4044).

For a list of chamber member chiropractors, doctors, dentists, orthodontists, and opticians, contact the Ames Chamber of Commerce, 515 232-2310 or ameschamber.com.

**Local media**

News and happenings in Ames are covered by a number of local media that also provide information on area employment opportunities.

**Newspapers**

- The Ames Tribune
  317 5th Street (515 232-2160) amestrib.com

- The Des Moines Register
  400 Locust St., Des Moines, IA 50309 (1-877-424-0225) desmoinesregister.com

- The Story County Sun
  317 5th Street (515 232-2160) storycountysun.com

- Iowa State Daily
  2420 Lincoln Way, Suite 205 (515 294-4120) iowastatedaily.com

**Radio stations**

- KASI AM—1430
  415 Main Street (515 232-1430) 1430kasi.com

- NOW 105.1 (KCYZ-FM)
  415 Main Street (515 232-1430) now1051.iheartradio.com

- Iowa Public Radio/WOI AM—640
  509 W. Grand Ave. (515 239-4741) woi.iastate.edu

- Iowa Public Radio/WOL FM—90.1
  204 Communications Building, Iowa State campus (515 294-2025)

- KURE FM—88.5
  1199 Friley Hall, Iowa State campus (515 294-4332) kure.stuorg.iastate.edu

**Television stations/services**

- KCCI Ames News Bureau
  323 Main Street (515 233-0438)

- Mediacom
  225 South Dayton Avenue (885 633-4226)

**Government/public**

- Ames City Hall
  515 Clark Avenue (515 239-5101) cityofames.org

**Entertainment opportunities**

For a complete list of area events and entertainment, contact the Ames Convention & Visitors Bureau (515 232-4032 or 800 288-7470) or go to thinkames.com.

**Arts**

- ACTORS, Inc. (Community Theater)
  120 Abraham Drive (515 292-2073) actorsinc.org

- Ames Community Arts Council
  PO Box 1842 (515 233-6110) amesart.org

- Brunnier Gallery and Museum
  Scheman Building (515 294-3342) museums.iastate.edu

- The Maintenance Shop
  Memorial Union, Iowa State campus (515 294-4332) sub.iastate.edu/maintenance-shop

- Octagon Center for the Arts
  427 Douglas (515 232-5331) octagonarts.org

- The Workspace
  Memorial Union, Iowa State campus (515 294-0970) sac.iastate.edu/arts-the-workspace

**Bowling**

- Perfect Games
  1320 Dickinson Avenue (515 598-2695) perfectgamesinc.com

- CyBowl and Billiards
  Memorial Union, Iowa State campus (515 294-1233) sac.iastate.edu/cybowl

**Fitness centers**

- Ames Community Center
  City Hall, 515 Clark Avenue (515 294-3360)

- Ames Racquet & Fitness Centers
  320 South 17th Street (515 232-9771)

- Anytime Fitness
  823 Wheeler Street Ste 6 (515 233-1353)

**Golf**

- Coldwater Golf Links
  8105 West Lincoln Way Ste 103 (515 268-0444)

**Shopping**

- Campustown
  Across from the Iowa State campus

- Main Street Cultural District
  amesdowntown.org

- North Grand Mall
  2801 Grand Avenue (515 232-3679) northgrandmall.com

- Somerset
  North of campus on Stange Road

**Visitor attractions**

**Art galleries**

- Brunnier Gallery
  Scheman Building, Iowa State Center

- Christian Petersen Art Museum
  Morrill Hall, Iowa State campus

- Anderson Sculpture Garden
  Iowa State campus

**Design on Main, ISU College of Design**

- 203 Main St
  design.iastate.edu/design-on-main

**Iowa State Museum**

- Iowa State campus
  museums.iastate.edu
The Gallery, Pioneer Room
Memorial Union, Iowa State campus

Octagon Center for the Arts
427 Douglas (515 232-5331)

Other attractions
Boone (IA) and Scenic Valley Railroad
225 10th Street, Boone, IA
(515 432-4249)
scenic-valleyrr.com

Iowa Arboretum
1875 Peach Avenue, Madrid, IA
(515 795-3216)
ioaarboretum.org

Mamie Doud Eisenhower Birthplace
709 Carroll Street, Boone, IA
boonecountyhistory.org

McFarland Park
56461 180th St
Story County Conservation
(515 232-2516)
storycountyconservation.org

Reiman Gardens
1407 University Boulevard (515 294-2710)
reimangardens.com

Seven Oaks Recreation
1086 222nd Drive, Boone, IA (515 432-9457)
sevenoaksrec.com

Story City Carousel
Story City, IA (515 733-2464)

Annual events
Cyclone Family Weekend (CFW)
familyweekend.iastate.edu
Enjoy the Iowa State campus with your student at the premiere event for family members in the fall. Daytime and evening entertainment and college receptions make up this weekend dedicated to the Cyclone Family.

Iowa Games
iowagames.org
Competition for amateur athletes from around the state.

Iowa Special Olympics
soiowa.org
Olympic-style sports and awards ceremonies for special athletes.

Lincoln Highway Days in Nevada
Parade and carnival.

Midnight Madness
A tradition featuring speed walks, bike races, and 5- and 10-K road races at night.

Octagon Art Festival
octagonarts.org
Sponsored by the Octagon Center for the Arts.

Pufferbilly Days in Boone
Boone’s annual celebration with parade and other events.

Scandinavian Days in Story City
A celebration of the Scandinavian culture, through folk dancing, live theater, and ethnic food.

WinterFest
sac.iastate.edu/winterfest
Annual event the last day of the fall semester before dead week. Features entertainment, free food, ice skating, tree lighting ceremony, open house at the Knoll, and more.

ISU AfterDark
sac.iastate.edu/afterdark
Monthly events occurring from 9pm–1am on Fridays in the Memorial Union. Each event is free and includes featured entertainment (recently Jenna Marbles, JoJo, Matt Bellissai, Nasm Pedradl), food, prizes, bingo, crafts, bowling & billards, photo booth and more.

Ames environmental programs
For decades, the City of Ames has actively engaged in saving resources, reducing energy demand, and promoting recycling. There is a growing movement in the Ames community to promote conservation of limited resources as a means to achieving a greater global good—a more sustainable future.

EcoSmart is the City of Ames’ comprehensive strategy to reduce energy consumption and decrease our carbon footprint. While many of these efforts are new, others have been around for decades. The components of EcoSmart include Smart Ride, Smart Trash, Smart Watersheds, Smart Water, Smart Energy, Smart Housing, and Smart City.

Ames’ CyRide bus system, part of Smart Ride operates with biofuel. In the last year, CyRide provided over 6 and a half million rides. In addition, the new fleet of hybrid buses, called CyBrids, will further reduce fuel consumption and improve air quality in Ames.

The Arnold O. Chantland Resource Recovery Plant was the first municipally operated waste-to-energy facility in the nation and was built in 1975. The plant recycles trash from Ames and the surrounding communities in Story County. The burnable portion of the trash is converted into Refuse Derived Fuel, which is piped to the city’s power plant and used as a supplemental fuel in the coal boilers to generate electricity. The metals recovered are recycled, and the non-burnable material is shredded and sent to a landfill. Ames has been recycling 70 percent of trash for over 35 years and has saved more than 80 acres of Iowa farmland from becoming a landfill—now that’s Smart Trash!

Smart Watershed is a conservation and education effort directed at water quality and conservation. Smart Water encourages residential and commercial water consumers to decrease demand for water and be mindful that water is a limited resource.

Smart Housing is an initiative of the city’s Planning & Housing Department and involves rehabbing houses for low income participants with energy-efficient products.

Smart Energy is a suite of energy programs aimed at improving comfort, reducing electric bills, and contributing to the reliability of the Ames electric system through education, incentives, and rebates.

Ames city parks
The City of Ames Parks and Recreation department has a multitude of activities, programs, and facilities available for all ages and interests. Facilities include indoor and outdoor swimming pools, a nine-hole golf course, and an indoor ice skating arena. The community center located in City Hall includes a gymnasium, weight room, fitness rooms, and a 881 seat auditorium.

Ames has 35 municipal parks, encompassing more than 1,200 acres of park land, a combination of both passive and active areas. The following list highlights many of the local park facilities:

- Ada Hayden Heritage Park—The 137-acre lake is located at the northern city limits of Ames on U.S. Highway 69. The park includes a boat ramp, fishing, a 3.1-mile hard-surfaced pathway, natural areas and wildlife viewing
- Ames/ISU Ice Arena—1507 Gateway Hills Park Drive (515 292-6835)
  Indoor NHL regulation size ice arena
- Brookside Park—1325 6th St (515 239-5350)
  Three picnic shelters, sand volleyball court, Audubon trail, play equipment, nine horseshoe courts, four lighted tennis courts, skateboard park
- Dog Park—605 Billy Sunday Road
  (515 239-5350) 10 acre off-leash dog park with large dog (8 acre) and small dog (2 acre) areas. Facility use permits may be purchased at the Community Center at City Hall or at the Ames Animal Shelter
- Donald and Ruth Furman Aquatic Center—1635 13th Street
  (515-232-POOL)
Outdoor water park with 50-meter lap pool, lazy river, zero-depth play area and four water slides

- **Emma McCarthy Lee Park**—Ross Road (515 239-5350) Located just northwest of Iowa State Playground, includes four lighted tennis courts and two shelters

- **Gateway Park**—1500 Gateway Hills Park Drive
  Ames/Iowa State University Ice Arena, three sand volleyball courts, play equipment, natural area, Carroll Marty Disc Golf Course

- **Homewood Golf Course and Park**—401 E 20th St (515 239-5363)
  Municipal nine-hole golf course, practice green and clubhouse

- **Inis Grove Park**—2500 Duff Avenue
  Basketball courts, open play fields, three picnic shelters, nature trails, and play equipment

- **Moore Memorial Park**—3050 Northridge Parkway (515 239-5350)
  Two park shelters, hard-surface pathway, restored prairie

- **Bandshell Park**—6th Street and Duff Avenue
  Concert venue featuring summer band concerts in June and July, play equipment

- **River Valley Parks**—725 E 13th St (515 239-5350)
  Six softball fields, baseball field, two picnic shelters, open play fields, 2 1/2-miles of nature trails, and play equipment

- **Stuart N. Smith Park**—University Boulevard and South 4th St
  Grass and wooded areas, play equipment, sheltered tables, hard-surfaced pathway

**Religious organizations**

- Campus Religious Leaders Association
  2210 Lincoln Way (515 292-3810 Ext 17)

- **Apostolic**
  Christ Apostolic Faith Temple
  405 Northwestern Avenue (515 233-5619)

- **Assemblies of God**
  First Assembly of God - Lifepointe Church
  409 13th Street (515 232-7111)

- **Baha’i**
  Baha’i Faith
  714 Lynn (515 292-6587)

- **Baptist**
  Heartland Baptist Church
  3504 N. Grand (515 268-1721)

  Crossroad Baptist Church—GARBC
  57011 East Highway 30 (515 232-6022)

  First Baptist Church of Ames
  200 Lynn Avenue (515 292-9612)

  Grand Avenue Baptist Church—SBC
  612 24th Street (515 232-8803)

  New Birth Baptist Church
  159 Sheldon Ave (515 450-8881)

  **Bible**

  Stonebrook Community Church
  3611 Eisenhower Avenue (515 232-6290)

  **Catholic**

  St. Cecilia Catholic Church
  2900 Hoover Avenue (515 233-3092)

  St. Thomas Aquinas Catholic Church and Student Center
  2210 Lincoln Way (515 292-3810)

  **Christian**

  First Christian Church (Disciples of Christ)
  611 Clark (515 232-5766)

  **Christian Reformed**

  Trinity Christian Reformed Church
  3626 Ontario (515 292-4676)

  **Christian Science**

  First Church of Christ, Scientist
  123 6th Street #2 (515 232-6078)

  **Church of the Brethren**

  Ivester Church of the Brethren
  1925 Hunziker Dr (515 233-3772)

  **Church of Christ**

  Westside Church of Christ
  107 Abraham Drive (515 292-2969)

  **Episcopal**

  St. John’s Episcopal Church
  2338 Lincoln Way (515 292-6655)

  **Evangelical**

  Ames Foursquare Church
  335 Bell Ave Ste 2 (515 663-8804)

  **Friends (Quaker)**

  Ames Friends Meeting
  121 South Maple (515 232-2763)

  **Inter-denominational**

  Body of Christ Christian Worship Center
  114 5th Street (515 296-0356)

  **Islam**

  Darul-Argum Islamic Center
  1212 Iowa Avenue (515 292-3683)

  **Jewish**

  Ames Jewish Congregation
  3721 Calhoun (515 233-1347)

  **Lutheran**

  Ascension Lutheran Church—AALC
  2400 Bloomington Road (515 232-3815)

  Bethany Lutheran Church, ELS—WELS
  3113 Diamond Street (515 232-1544)

  Bethesda Lutheran Church—ELCA
  1517 Northwestern (515 232-6256)

  **Memorial Lutheran Church**

  Missouri Synod
  2228 Lincoln Way (515 292-5005)

  St. Andrew’s Lutheran Church—ELCA
  209 Colorado (515 292-2131)

  St. Paul Lutheran Church—LCMC
  610 15th Street (515 232-5838)

  **Methodist**

  Calvary United Methodist Church
  1403 24th Street (515 232-6329)

  Collegiate United Methodist Church
  Wesley Foundation
  2622 Lincoln Way (515 292-6936)

  First United Methodist Church
  516 Kellogg (515 232-2750)

  Korean United Methodist
  6147 U.S. Highway 69 (515 509-9268)

  **Mormon**

  Church of Jesus Christ of Latter Day Saints
  2524 Hoover Avenue (515 232-0437)

  Church of Jesus Christ of Latter Day Saints
  137 Lynn Avenue (515 292-2759)

  **Nazarene**

  Church of the Nazarene
  203 South Kellogg (515 233-1425)

  **Non-denominational**

  Cornerstone Church of Ames
  56829 U.S. 30 (515 232-5488)

  North Grand Church of Christ
  919 30th Street (515 232-1060)

  Oakwood Road Church
  2400 Oakwood Road (515 292-3620)

  **Pentecostal**

  Grace Bible Church
  1114 South Dakota (515 292-3293)

  New Life United Pentecostal Church
  3505 South Duff (515 232-2515)

  **Presbyterian**

  Collegiate Presbyterian Church—USA
  159 Sheldon Ave (515 292-2063)

  Northminster Presbyterian Church—USA
  1416 20th Street (515 233-2540)

  **Reformed**

  Renew Community Church
  3915 Mortenson Road (515 268-1728)

  **Seventh Day Adventist**

  Seventh Day Adventist Church
  1303 Grand Avenue (515 232-1273)
Unitarian Universalist
Unitarian Universalist Fellowship of Ames
1015 North Hyland (515 292-5960)

United Church of Christ-Congregational
United Church of Christ
217 6th Street (515 232-9323)

Unity
Unity Church of Ames
226 9th Street (515 233-1613)