RESOURCES AND SERVICES

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CAMPUS DIRECTORY

Academic Success Center
1060 Hixson-Lied Student Success Center
515 294-6624
asc.dso.iastate.edu

Admissions
100 Enrollment Services Center
515 294-5836
admissions.iastate.edu

Agriculture and Life Sciences Student Services
0020 Curtiss Hall
515 294-2766
cals.iastate.edu/student-services/home

Business Undergraduate Programs Office
1200 Gerdin Business Building
515 294-8300
business.iastate.edu/undergraduate

Center for LGBTQIA+ Student Success
3224 Memorial Union
515 294-5433
center.dso.iastate.edu

Dean of Students Office
1010 Student Services Building
515 294-1020
dso.iastate.edu

Department of Public Safety
168 Armory
515 294-4428
dps.iastate.edu

Design Student Services
297 Design
515 294-6983
design.iastate.edu/current-students/student-services-office/

Destination Iowa State
2630 Memorial Union
515 294-5492
admissions.iastate.edu/destination

Engineering Student Services
1300 Marston Hall
515 294-7186
engineering.iastate.edu/student-services

Financial Aid
0210 Beardshear Hall
515 294-2223
financialaid.iastate.edu

Human Sciences Student Services
131 MacKay Hall
515 294-6466
hs.iastate.edu/current-students/student-services

International Students and Scholars Office
3241 Memorial Union
515 294-1120
isso.iastate.edu

Iowa State Center
Suite 102 Scheman Building
515 294-3347
center.iastate.edu

ISUCard Office
0530 Beardshear Hall
515 294-2727
isucard.iastate.edu

ISU Dining
1215 Friley Hall
515 294-3856
dining.iastate.edu

Liberal Arts and Sciences Student Services
102 Catt Hall
515 294-4831
las.iastate.edu/students/

Library, Parks
701 Morrill Road
515 294-3642
lib.iastate.edu

Margaret Sloss Center for Women and Gender Equity
205 Sloss House
515 294-4154
sloss.dso.iastate.edu

Multicultural Student Affairs
2080 Student Services Building
515 294-6338
multicultural.dso.iastate.edu

National Student Exchange
1080 Hixson-Lied Student Success Center
515 294-6479
nse.dso.iastate.edu

New Student Programs: Orientation/Destination Iowa State
2630 Memorial Union
515 294-0801
admissions.iastate.edu/orientation

Parent and Family Programs
1010 Student Services Building
515 294-6054
parents.dso.iastate.edu
Parents' Advisory Line (PAL)
800 772-8546

Parking Division
27 Armory
515 294-3388
parking.iastate.edu

Registrar
214 Enrollment Services Center
515 294-1840
registrar.iastate.edu

Residence, Department of
2419 Friley Hall
515 294-2900
housing.iastate.edu

SafeRide
515 294-4444
parking.iastate.edu/escort

Sorority and Fraternity Engagement
0355 Memorial Union
515 294-1023
sfe.dso.iastate.edu

Student Accessibility Services
1076 Student Services Building
515 294-7220
sas.dso.iastate.edu

Student Assistance and Outreach
1010 Student Services Building
515 294-1020
studentassistance.dso.iastate.edu

Student Counseling Service
3rd floor, Student Services Building
515 294-5056
counseling.iastate.edu

Student Government
1580 Memorial Union
515 294-1585
stugov.iastate.edu

CAMPUS DIRECTORY (CONTINUED)

Student and Scholar Health Insurance Office
3810 Beardshear Hall
515 294-4800
sship.hr.iastate.edu

Study Abroad Center
6563 Memorial Union
515 294-6792
studyabroad.iastate.edu

Student Activities Center
1560 Memorial Union
515 294-8081
sac.iastate.edu

Thielen Student Health Center
2647 Union Drive
515 294-5801
cyclonehealth.iastate.edu

Treasurer
1220 Beardshear Hall
515 294-4363
treasurer.iastate.edu

Veterans Benefits and Certification
214 Enrollment Services Center
515 294-1840 (option 6)
veterans.iastate.edu/for-students/benefits

Veterans Center
3224 Memorial Union
515 294-9801
veterans.iastate.edu

Writing and Media Center
208 Carver
515 294-5411
wmc.dso.iastate.edu

Off-campus resources
Ames Convention and Visitors Bureau
1601 Golden Aspen Dr. Suite 110
800 288-7470
515 232-4032
thinkames.com

Ames Police
515 Clark Avenue
515 239-5133
cityofames.org/government/departments-divisions-i-z/police

First Nurse Hotline
Mary Greeley Medical Center
515 239-6877
800 524-6877 (Iowa only)
mgmc.org

Mary Greeley Medical Center
1111 Duff Avenue
515 239-2011
mgmc.org

THINGS TO KNOW, PLACES TO GO

This orientation manual is a valuable source of information about Iowa State. In addition to this material, you'll want to become familiar with the Iowa State Catalog. It provides information about university policies, academic requirements, course descriptions, and general information. The catalog is available at catalog.iastate.edu.

Also, the Policy Library is available to all students online (policy.iastate.edu). It offers additional information on student rights and responsibilities, support services, and student involvement.

What is my ISUCard?

Your ISUCard is your permanent university identification card, which includes your picture and university identification number. It is also your library card and your access card for university services and buildings.

Your university ID number will be displayed on your ISUCard. This number will be different than your social security number. Find more details at isucard.iastate.edu.

Student Activities Center

Students learn inside and outside the classroom. The Student Activities Center (SAC) in the Memorial Union offers countless ways to get involved at Iowa State through student organizations, leadership, service, arts, entertainment, and recreation activities.

The Student Activities Center includes:

The Workspace (art studios), The Maintenance Shop (entertainment venue), CyBowl & Billiards (recreation center/bowling alley), leadership and service programs, art galleries in the Memorial Union, recognition of more than 900 clubs and organizations, ClubFest(s), WelcomeFest, WinterFest, Cyclone Carnival and the advisement for: Student Union Board, ISU AfterDark, Dance Marathon, and Freshmen Council.

Stop by to learn about all the great opportunities for involvement at Iowa State. For more information visit sac.iastate.edu or call 515 294-8081.

Student Union Board (SUB)

SUB is a student run organization that coordinates entertainment events such as concerts, films, comedy, multicultural, hypnotists/magicians, and celebrity guests. SUB's mission is to provide the Iowa State campus and students with a series of diverse cultural, recreational, social, and educational entertainment programs. SUB's signature programs include Cyclone Cinema (free weekly films series in Carver 101), the Maintenance Shop (concerts, comedy, open mic), Varieties (80+ year old student talent show), featured entertainment at ISU AfterDark nights (Woody Harrelson, Pete Davidson, Camila Mendes, Jesse Eisenberg, Jenna Marbles), large national concerts and comedians (Kevin Hart, Sam Hunt, Chance the Rapper, Twenty One Pilots, X Ambassadors, Brett Young), Global Gala, and so much more.

Iowa State Center

The Iowa State Center is an educational and cultural complex home to Stephens Auditorium, Fisher Theater and the Scheman Building. Each year, the Performing Arts Series at Stephens Auditorium brings events of all varieties to the Iowa State University Campus including Broadway, comedy, theatre, dance, concerts and more! World-class performances like Motown, Wizard of Oz, Bob Dylan, Ringo Starr, and Blue Man Group have all graced the stage.

Stephens Auditorium has been wowing audiences for 50 years, and as an Iowa State student, you have the opportunity to be a patron of Iowa's Building of the Century, one of the best concert halls in the world. As an Iowa State student you may also receive discounted tickets to any Performing Arts Series show by showing your ISUCard at the ticket office, which is located at the north entrance of Stephens Auditorium, Monday - Friday 12pm-6pm.

Sign up for our text club by texting RUSHTIX to 313131 to receive exclusive student discounts! For more information call 515 294-2479 or visit center.iastate.edu.

Incoming Student Ticket Information

There are several options for students who want to attend Iowa State athletics events.

All-Sports Package Price: $275

Includes football season tickets, men's and women's basketball season tickets, wrestling season tickets, volleyball season tickets, gymnastics season tickets and a Cyclone Alley/Student Alumni Association membership. (men's & women's basketball excludes holiday break games).

Football only student season tickets: $150

Includes seven home games at MidAmerican Field at Jack Trice Stadium.

Free

All Iowa State students will now receive free admission to all regular season

wrestling, gymnastics, volleyball and women's basketball events (women's basketball excludes holiday break games). Information on how you can utilize your free admission will be sent to all students in August.

Ticket Process

Due to the demand for tickets, the Athletics Department has implemented a lottery system for incoming students to purchase the All-Sports Package and Football season tickets. This process gives incoming students an equal opportunity to purchase any of these packages.

Incoming students will have until June 30 to sign up for the lottery. Information about the process will be given to new students at the Orientation Resource Fair. In addition an email will be sent to all incoming students.

Students who do sign up for either the All-Sports Package or Football season ticket will be charged to their U-Bill if they are selected in the lottery. Students will be notified when these charges are applied to their U-Bill.

Students will be notified in the beginning of August about what ticket package they received. If the All-Sports Package or Football season tickets are not sold out at this time, Iowa State Athletics will send an email to all students letting them know there are still tickets available.

If you have any questions in regards to the process, please contact the Iowa State Athletics Ticket Office at 888 478-2925.

INFORMATION TECHNOLOGY RESOURCES

A wide variety of information technology resources are available for students. More information is available at it.iastate.edu. Some popular services are included below.

New to ISU

ISU's technology quick start guide (newtoisu.it.iastate.edu) provides you with the information you need to get started.

Net-ID

- When you register for your CyMail account, you are creating your Network-ID (Net-ID). You will need your university identification number, and you will choose your own Net-ID and password.
- Together your Net-ID and password are the key to many university resources, particularly services such as CyMail, online class materials, library e-services, remote access, and free, site-licensed software.

CyMail

The university community uses your Iowa State email address to contact you, so it is important that you register for an Iowa State account. However, you can have email accounts with off-campus providers, too. Here are some guidelines for your email account:

- If you register the name "patuser," your CyMail address is "patuser@iastate.edu" and your Net-ID is "patuser."
- You can check CyMail at cymail.iastate.edu.

More information can be found at it.iastate.edu/email or through the Solution Center, 192 Parks Library, 515 294-4000.

AccessPlus

AccessPlus (accessplus.iastate.edu) is a secure and confidential campus information system that allows you to view a personalized menu from any Internet connected device. AccessPlus is available to Iowa State students, day or night, seven days a week, from anywhere in the world. It offers a wide range of services, from changing your address and managing your CyCash account to viewing, or even paying your university bill online.

On AccessPlus you can:

- Register for ISU Alert
- Add or update emergency contacts
- Register for classes
- View or print a current term or future term class schedule
- View residence hall information
- Complete residence hall contract
- Choose a dining plan
- Buy Dining Dollars
- Add value/check balance of CyCash
- Search for jobs on and off campus
- Sign up for direct deposit of payroll
- View payroll information
- Review, accept/decline, and authorize financial aid
- Sign up for direct deposit of excess financial aid funds
- View, print, and pay university bill
- View or print grades
- Verify address and other personal information
- Update in-session or interim address
- Print unofficial transcript
- Obtain enrollment certificate
- Order official transcript
- Print 1098T tuition summary statements for tax reports
- Manage third-party access
- Enroll in health insurance program
- Run your degree audit

Information on AccessPlus is kept confidential. Your university ID and password are required to view your personal information through AccessPlus. Always remember to log out of AccessPlus.

IT Solution Center

Located in 192 Parks Library, the IT Solution Center is available to all students, faculty and staff for questions about computing and information technology at Iowa State. The IT Solution Center's hours of operation can be found on the Information Technology Services website, it.iastate.edu, and the center can be reached at 515-294-4000 and solution@iastate.edu.

Connecting to the campus network

Ethernet is a high-speed connection to the campus network that enables you to connect to the Internet from your personal computer in your residence hall room. Iowa State has an extensive wireless network with public access points at many locations throughout campus and all on-campus residence hall rooms.

For more information, contact the Solution Center at 515 294-4000 or visit it.iastate.edu/services/data.

Students can bring their computers to the Solution Center for no-charge networking assistance. Staff can assist with setup for Ethernet and wireless access for students who live on campus, and remote access to the campus network for off-campus students. Solution Center staff can also scan your computer and fix common security problems and vulnerabilities, plus install anti-virus and anti-spyware software at no charge.

Contact the Solution Center by phone at 515 294-4000 for an appointment.

Software

Iowa State has purchased site-licensed software for students to use at no cost. For more information, visit it.iastate.edu/services/software-students.

Computer security

Many computer problems are a result of problems with security. Common problems include a computer that runs slowly or crashes regularly. Common solutions are removing a virus from the computer, cleaning off spyware, and maintaining the latest software updates. Learn more at it.iastate.edu/services/security.

As an Iowa State student, you can get free anti-virus software plus updates for your Windows or Mac computer. Windows users can also get free anti-spyware software. You'll need your Iowa State Net-ID to download the software at it.iastate.edu/downloads.

Computer Sales

Tech CYte, located in the University Book Store in the Memorial Union, is an on-campus source for computer hardware, software, and electronics. Visit isubookstore.com or contact Tech CYte at 515-294-8357 for more information.

Computer Service

Computer Service solves hardware problems and performs maintenance on computers and printers. Computer Service is located in 74 Durham Center and can be reached at 515-294-2218.

Computer labs

Computer labs on campus include public, college, and departmental labs. Public labs are accessible to everyone at the university. College and departmental labs may be limited to use by those in a specific college or department. Some public labs are funded by student computer fees and are managed by the Computation Advisory Committee (CAC).

To find labs based on location, operating system, or other search criteria go to it.iastate.edu/labsdb. Information about each lab includes hours of operation and available hardware and software.

Assistive Technology

Students with documented disabilities may have difficulty accessing traditional course materials. Resources and consulting services are available through the Student Accessibility Services Office, located in room 1076 of the Student Services Building. More information can be found at dso.iastate.edu or by calling 515-294-7220.

Information Technology Glossary

AccessPlus - accessplus.iastate.edu

A secure and confidential campus information system that offers a wide range of services, from changing your address to paying your university bill online.

Canvas - canvas.iastate.edu

Canvas is the learning management system used at Iowa State University, and is maintained and supported by the Center for Excellence in Learning and Teaching (CELT) and Information Technology Services.

CyBox

CyBox is a cloud-based file storage platform where individuals can store and share files.

CyMail

CyMail is the university's student email system.

Eduroam

Eduroam is the preferred wireless network of Iowa State University.

Lynda.com - iastate.edu/lynda

Lynda.com is an online training resource available to students, containing information on topics ranging from technology to leadership.

Multifactor Authentication

Multifactor Authentication, or MFA, is a technology used to protect your ISU identity through the use of something you know, such as your password, and something you have, such as a phone.

Net-ID

Net-ID is your electronic identity for accessing Iowa State resources.

NetReg

NetReg is the process of registering devices on the ISU network.

Okta Dashboard - login.iastate.edu

Okta is your web-based portal for accessing ISU applications.

CAMPUS RESOURCES AND OPPORTUNITIES

Academic Help Rooms
asc.dso.iastate.edu

Help rooms are available for accounting, astronomy, chemistry, organic chemistry, economics, math, physics, statistics, sociology, and world languages.

Academic Success Center
1060 Hixson-Lied Student Success Center
(515 294-6624)
asc.dso.iastate.edu, success@iastate.edu

The Academic Success Center provides opportunities for students to develop skills that promote success, practice leadership, and become self-directed learners through the delivery of centralized, high-quality academic support services that are responsive to the needs of the campus community. The ASC provides small group assistance for a wide range of academic disciplines and courses as well as individual consultations to assess strengths and/or challenges and develop goals.

Academic Coaching
1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu, acteam@iastate.edu

Academic Coaching helps students through one-on-one meetings designed to support the growth and development of learning strategies such as time management, note taking, study skills, and test taking. Students are encouraged to call the ASC for an academic coaching appointment. There is no charge.

Alternative Breaks
East Student Office Space,
Memorial Union
(515 294-8081)
sac.iastate.edu/AltBreaks

Alternative Breaks, a program of the Leadership and Service Center in the Student Activities Center, offers week-long trips during spring break and several weekend trips to engage in community service outside of the Ames area. Perform projects for community agencies and learn about the social issues that cause the need for service. Take the opportunity to make an impact, establish lifelong friendships, and create unforgettable memories. Visit sac.iastate.edu/AltBreaks to see more trip information.

Career Exploration Services
2030 Student Services Building
(515 294-0742)
careerexploration.iastate.edu

Career Exploration Services (CES) is available to all ISU students searching for a major or trying to determine how their major may fit into a career that is the best fit for them. CES is a part of Student Counseling Services. CES offers a multifaceted approach to provide students a variety of sources for assistance including electronic and hard copy resources, computerized assessments, career counseling, group counseling, and workshops. The team can also connect you with resources available through your college.

Career Services
career.iastate.edu

Through a network of college-based offices, Career Services offers a broad range of programs and tools to help all students with their career development and job search. Services for students include assistance with selection of major and career exploration, individual career advising, seminars, and position listings for cooperative education, internships, and/or summer jobs. Ten annual career events bring more than 1,400 employers to campus.

Agriculture and Life Sciences
15 Curtiss Hall
(515 294-4725)
career.cals.iastate.edu

Business, Ivy College of
1320 Gerdin Business Building
(515 294-2542)
business.iastate.edu/careers

Design
297 Design
(515 294-0735)
design.iastate.edu/current-students/career-services/

Engineering
3200 Marston Hall
(515 294-2540)
engineering.iastate.edu/ecs

Human Sciences
131 MacKay Hall
(515 294-0626)
hs.iastate.edu/career-services

Liberal Arts and Sciences
131 Carver Hall
(515 294-8691)
careers.las.iastate.edu

Center for LGBTQIA+ Student Success
3224 Memorial Union
(515 294-5433)
Center hours: Mon-Fri, 8 a.m.-5 pm.
center@iastate.edu
center.dso.iastate.edu

The Center for LGBTQIA+ Student Success is the hub for academic and personal success, community, and leadership for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and allied students. Drop in to visit with other Cyclones and to check out the computer lab, study area, comfortable couches, games, and more. Whether in-person or online, the Center is your connection to all of the LGBTQIA+ programs, events, resources, and involvement opportunities on campus!

Child Care & Family Resource Services
2623 Bruner Drive
(515 294-8827) or (515 294-3149)
ccfamily@iastate.edu

Child Care & Family Resource Services, supports Iowa State families by linking families with programs, services, and financial assistance that can help meet their needs.

CCFRS is available to assist families in accessing services available both on campus and in the community.

Child care programs located on campus include:

- University Community Childcare (515 294-9838)
- Flex-Care (515 294-9838)
  Part-time care for children of Iowa State students
- University Child Center at Veterinary Medicine
  (515 294-2273)
  College of Veterinary Medicine campus
- The Comfort Zone (515 294-3333)
  11725 Long Rd.
  For kids who are ill
- ISU Child Development Laboratory School (515 294-3040)
  4380 Palmer HDFS Building, Suite 0351
- YWCA's Sitters List (515 294-1663)
  Referral list of sitters for parents needing occasional in-home child care services

Cyclone CashCourse
Cyclone CashCourse is a required financial education course that must be completed by all new freshmen. New freshmen will be enrolled in the course automatically and the course will be available in Canvas when classes begin in the fall. Cyclone CashCourse contains four modules covering basic financial management topics like money management, credit, saving and financial aid/student loans. Students will have all of fall semester to complete the four modules.

Cyclone CashCourse is required by the Board of Regents at all three public universities in Iowa. The course is administered by the Student Loan Education Office.

Dean of Students Office
1010 Student Services Building
(515 294-1020)
Monday–Friday, 8 a.m.–5 p.m.
dso.iastate.edu

The Dean of Students Office (DSO) uses an integrated approach to support student-centered learning through personal, community, and academic development culminating in a transformative experience. Reporting through the Division of Student Affairs, the DSO provides numerous opportunities to help Cyclones succeed. The DSO consists of fifteen unique departments to help students thrive on their adventure. These departments include:

- Academic Success Center
- Center for LGBTQIA+ Student Success
- Hixson Opportunity Awards
- International Students and Scholars
- Margaret Sloss Center for Women and Gender Equity
- Office of Multicultural Student Affairs
- National Student Exchange
- Parent and Family Programs
- Office of Sorority and Fraternity Engagement
- Student Accessibility Services
- Office of Student Assistance
- Office of Student Conduct
- Student Legal Services
- Veterans Center
- Writing and Media Center

Department of Public Safety
Parking Division
Room 27 Armory
(515 294-3388)
parking.iastate.edu

Police Department
Room 55 Armory
(515 294-4428)
police.iastate.edu

The Iowa State Department of Public Safety's mission is to ensure the campus remains a safe place to live, learn, and work. The Department of Public Safety is composed of two divisions—Parking and Police.

The Parking Division is responsible for managing all parking lots, issuing permits, providing HelpVan motorist assists, and enforcing applicable rules and regulations.

The Police Department is the university's official law enforcement agency and employs state-certified, sworn peace officers to respond to calls for service 24 hours a day.

The security of all members of the campus community is of vital concern to Iowa State. Information regarding crime prevention strategies, the law enforcement authority of the ISU police, policies concerning crime reporting on campus, and crime statistics for the most recent three-year period may be requested from the Police Department, 2519 Osborn Dr., 55 Armory, Ames, Iowa 50011, or by calling 515 294-4428. A link to campus crime statistics is also available at police.iastate.edu/useful-links.

Financial Aid
0210 Beardshear Hall
(515 294-2223)
Monday–Friday, 8 a.m.–5 p.m.
financialaid@iastate.edu
financialaid.iastate.edu

The Office of Student Financial Aid administers federal, state and institutional financial aid programs including grant, scholarships, work-study and loans. Financial Aid Advisers are available to help answer student and family questions regarding financial aid programs and eligibility.

Freshmen Council
East Student Office Space, MU
fc.stuorg.iastate.edu
fcinfo@iastate.edu

Freshmen Council is dedicated to supporting, educating, and representing the freshmen class. This council provides a foundation for growth, opportunity, and leadership development. Join a group of motivated new students ready to make an impact on campus.

For more information, look for Freshmen Council at ClubFest or contact FC directly.

Honors Program
2130 Jischke Honors Building
(515 294-4371)
Monday–Friday, 8 a.m.–5 p.m.
honors@iastate.edu
honors.iastate.edu

The Honors Program provides opportunities for students to participate in programs and activities that will enhance their college experience. Honors students may take introductory courses with smaller class sizes and top-notch instruction for enriched learning. Within a lively and supportive community, Honors students pursue undergraduate studies suited to their educational and career goals, become engaged in research and creative projects early in their career, and get to know faculty inside and outside the classroom through mentoring relationships. The University Honors Program recognizes the accomplishments of Honors students at graduation and on their diplomas.

International Students and Scholars Office
3248 Memorial Union
(515 294-1120)
Monday–Friday, 8 a.m.–5 p.m.
isso.iastate.edu

The International Students and Scholars Office (ISSO) assists international students and scholars through immigration advising, orientation programming, support with cultural and personal concerns, and special activities. ISSO provides programs that facilitate interaction between international and domestic students and encourage the development of cross-cultural understanding.

Leadership and Service Center
East Student Office Space,
Memorial Union (515 294-8081)
sac.iastate.edu/lscenter

The Leadership and Service Center is peer-to-peer resource for students to explore how to get involved at Iowa State. The LSC can help you find your place by joining or creating a club. Our leadership retreats, conferences, and skill-building workshops help you grow your leadership potential. You can also find ways to serve your community through volunteer opportunities, non-profit partnerships, and break service trips. Whether you are new student or a seasoned student leader, we have programs tailored to you!

Library, Parks
General Information (515 294-3642)
lib.iastate.edu

The university library system provides a wide array of print, non-print, and digital information resources in Parks Library, the Library website, the Veterinary Medicine Library, and two subject-oriented reading rooms (Design and Mathematics). The Library's extensive collections support research and study for all Iowa State academic programs. These collections are nationally recognized for their strengths in basic and applied fields of biological and physical sciences. Library holdings include almost 3 million volumes and over 100,000 current serial titles.

The Library website provides 24/7 online access to the Library's digital collections and services, with tools that support both the discovery of information resources and their delivery to your desktop. Online collections include e-journals, e-books, article indexes and databases, as well as other digital media. Assistance in using this vast body of digital resources is available at the Research Help Desk, via chat, email, and phone reference, and through individually-arranged appointments with subject librarians. In addition, students learn library research and information literacy skills in Library 160, a credit-bearing class required for all Iowa State undergraduates. Other learning opportunities for students include the online Library Guides, course-related instruction sessions taught by librarians, and special workshops.

The Library staff encourage use of the collections—both digital and in print—as well as its many student-centered services. The Learning Connections Center provides access to computer workstations for students working individually or in small groups; group study rooms; tables wired with charging stations; scanning stations; and a presentation practice room. The Research Help Desk is located near the Library entrance, laptops can be checked out at Tech Lending and tech support is available at the IT Solution Center.

The Library remains a focal point for student learning at Iowa State and is an indispensable partner to student success.

Margaret Sloss Center for Women and Gender Equity
501 Farm House Lane, 203 Sloss House
(515 294-4154)
Monday–Friday, 8 a.m.–5 p.m.
sloss.dso.iastate.edu

The Margaret Sloss Center for Women and Gender Equity is a resource for students, faculty, and staff of all genders. Working collaboratively with academic and administrative departments and units, the Margaret Sloss Center for Women and Gender Equity promotes social change through (1) the creation of community and networks for students; (2) education through institutional training and curriculum development; and (3) programming to empower all individuals to participate in a fully equitable society. The center advocates for individuals and groups; provides support, referrals, and programming; and maintains a safer space in the Sloss House.

Memorial Union Activities and Services
Main Desk, second floor
(515 296-6848)
mu.iastate.edu

Arts, entertainment, recreation:

- CyBowl and Billiards (bowling, billiards, video arcade, table tennis)
- The Maintenance Shop (live music and events)
- Comedy, special events, student performances, and much more
- Art exhibits and art-for-rent
- The Workspace (studios for paint your own pottery, wood, jewelry, photo, pottery, button making, screen printing, die cutting, and other classes)

Student organizations

- Student organization offices (Student Union Board, Student Government, etc.)
- Leadership & Service Center
- Meeting space

Dining and shopping

- Lance and Ellie's
- MU Food Court
- MU Market & Café
- ISU Book Store
- ISU Catering
- Panda Express

Study spots

- Browsing Library, computer lab, and chapel
- Multicultural Center
- Lounges: Main, West, Pride
- MU Commons and more

Services

- All-gender restrooms
- ATMs
- Campus Organization Accounting
- Computer labs
- Copy center
- International Students & Scholars Office
- Family restrooms including infant care station
- FedEx dropbox
- Lincoln Way marquee
- Lockable skateboard/longboard rack
- Lost & found
- Meeting rooms
- New Student Programs
- Sorority and Fraternity Life

Engagement
- Soults Family Visitors Center
- Student Legal Services
- Study Abroad Center
- Parking ramp
- Ticket office in the M-Shop
- The Center for LGBTQIA+ Student Success
- US full-service post office
- Veterans Center
- Video phone for hearing impaired

Multicultural Liaison Officers (MLOs)

Multicultural Liaison Officers are located in each of the six undergraduate colleges and in the College of Veterinary Medicine. The MLOs provide support services and programs for multicultural students in their respective colleges. Services include:

- Academic advising and counseling
- Academic workshops on various topics (i.e. financial counseling, study skills, time management, etc.)
- Orientation activities designed specifically for multicultural students
- Information about other campus resources and services
- Mentoring opportunities
- Academic, career, social, and professional activities within colleges

To speak with your MLO, contact your college's student services office.

Multicultural Student Affairs Office (MSA)

2080 Student Services Building
(515 294-6338)
omsa@iastate.edu
multicultural.dso.iastate.edu

The Office of Multicultural Student Affairs (MSA) supports and empowers Iowa State University's students who self-identify as African American, Asian American, Native Hawaiian, Pacific Islander, Latina/o/x, Native American, Alaskan Native and/or Multiracial, and advocates for their holistic development across the University. MSA's values encompass:

- Agency and Advocacy
- Community-minded dialogue
- Culturally responsible coalition building
- Social Justice and Intersectional Inclusion
- Student Development and Reflection
- Transformative experiential learning

National Student Exchange

1080 Hixson-Lied Student Success Center
(515 294-6479)
nse@iastate.edu
nse.dso.iastate.edu

National Student Exchange (NSE) provides Iowa State students access to 165 member colleges and universities in 49 states, 7 Canadian provinces, Guam, Puerto Rico, and the U.S. Virgin Islands. Campuses range in size from large public research universities to small state colleges; Hispanic serving institutions; and historically black colleges and universities. Since its beginning in 1968, NSE has placed more than 119,000 students for exchange.

Iowa State students can participate for up to one calendar year. Most students utilize NSE to:

- Broaden personal and educational experiences
- Explore and appreciate new cultures
- Take courses not offered by Iowa State
- Expand academic program options
- Investigate graduate schools or employment opportunities

Financial aid and scholarships travel with students while on exchange, making NSE an affordable way to expand the curriculum. Returning exchange students describe NSE as a life-changing experience which has made them more independent, self-confident, resourceful, and helped them better define their academic and career objectives.

Psychology 131–Academic Learning Skills Course

1060 Hixson-Lied Student Success Center
asc.dso.iastate.edu/more/psychology-131

Psychology 131 is a one-credit-hour course focusing on academic success strategies such as time management, test taking, critical study skills, and goal setting.

Student Government

1580 Memorial Union
(515 294-1585)
stugov.iastate.edu

Iowa State University Student Government legislates and administers student policy and provides services necessary to meet the needs of students.

Supplemental Instruction (SI)

1060 Hixson-Lied Student Success Center
si.iastate.edu, sistaff@iastate.edu

Supplemental Instruction is a nationally recognized academic support program offering free, regularly scheduled study sessions for selected difficult 100-200-level courses. SI sessions are facilitated by "SI Leaders," undergraduate students who have previously taken the course and demonstrated academic competency in the subject area.

Tutoring Services

1060 Hixson-Lied Student Success Center
tutoring.iastate.edu

ASC is dedicated to providing quality tutoring for many undergraduate courses. Small-group tutoring, which consists of 2-4 students, are scheduled during student-available times. Tutors, hired for both their knowledge and ability to communicate, work with students to identify problem areas and misconceptions about the course material. A minimal fee is charged (additional funding from multiple sources is available).

Recreation Services

Administrative Office in State Gym
(515 294-4980)
Lied Recreation Service Desk
(515 294-7140)
Beyer Hall Service Desk
(515 294-2466)
Outdoor Recreation Service Desk
(515 294-8200)
recservices.iastate.edu

Recreation Services creates exceptional experiences in a respectful, welcoming, and fun environment while empowering the ISU community to enhance personal well-being. Our programs are for everyone, whether you're just getting started on your wellness journey, have been competing in a sport all your life, or just looking to have fun. We hope that you take a break and have some fun with us!

Facilities and informal recreation

Recreation Services offers three indoor facilities: Lied Recreation Athletic Center, Beyer Hall, and State Gym. Lied Recreation Athletic Center houses two premier running tracks, multiple basketball, volleyball and racquetball courts, top-of-the-line exercise and weight training equipment, and a bouldering wall. Beyer Hall has basketball, volleyball, racquetball and squash courts, functional training room, and an indoor pool used for competitive events and lap swim. State Gym provides approximately 160,000 square feet of recreational space on the west side of campus. The facility offers five basketball/volleyball courts, two indoor tracks, an indoor leisure pool, and top-of-the-line exercise and weight training equipment. Outdoor space of over 100 acres includes an 18-hole disc golf course, tennis and sand volleyball courts, softball, flag football, and soccer fields to provide the perfect environment for friendly competition.

Intramural Sports
Participate in one of the largest intramural sports programs in the nation. With more than 40 different opportunities designed for individual, dual, team and co-ed competition, the intramural sports program has something for everyone. Some of our unique and popular programs include broomball, curling, flag football, dodgeball, euchre, volleyball, and badminton. Participate for the opportunity to win one of the most coveted items on campus—an intramural champion t-shirt.

Sport Clubs
If you are looking for a higher level of competition, there are over 50 student lead sport clubs designed to meet individual interests in a variety of sports such as rugby, soccer water-ski, lacrosse, ultimate frisbee, ice hockey, ski and snowboard, martial arts, kayaking, crew, mountaineering, weightlifting, and boxing. The clubs participate in regional and national tournaments, and many have coaches who supervise organized practices.

Fitness
Striving to improve health and wellness, our fitness program offers activities rich in variety and intensity levels. Instructors teach innovative, fun and safe fitness classes, including cardio workouts, kickboxing, cycling, sculpting, Pilates, and yoga classes, along with deep and shallow aqua fitness workouts. Personal training sessions can be purchased to provide one-on-one training to enhance individual wellness.

Outdoor Recreation Program
Travel, attend a workshop, rent equipment, or climb the wall! Choose your landscape as you participate in one-day, weekend, or week long trips throughout Iowa and the US. Trips cover a broad range of activities and locations such as canoeing in Iowa, sea kayaking in Alaska, snowboarding and skiing in Colorado, mountain biking, whitewater rafting, hiking and climbing in Utah, and surfing in California. Instructional workshops are also offered on various outdoor recreational skills. Rent equipment for camping, canoeing, skiing, backpacking, mountain biking, kayaking, and many other activities. Also available to students are two climbing and bouldering walls at the Lied Recreation Athletic Center and State Gym.

Employment opportunities
Part-time jobs at Recreation Services offer students flexible hours, valuable skills, work experience, and competitive hourly wages. Over 600 students are employed as building supervisors, lifeguards, office assistants, trip leaders, climbing wall supervisors, fitness instructors, personal trainers, and intramural sports officials. Sixty percent of Recreation Services student fees are returned to students each year in the form of wages. Students desiring to work in this healthy and enjoyable environment should visit recservices.iastate.edu for more information and application forms.

ROTC-Reserve Officers Training Corps
Army—Department of Military Science, 132 Armory (515 294-1852)
armyrotc.iastate.edu, arotc@iastate.edu

Air Force—Department of Air Force Aerospace Studies,
131 Armory (515 294-1716)
airforce.iastate.edu, afrotc@iastate.edu

Navy and Marine Corps—Naval Science Department, Room 3 Armory
(515 294-6050)
navy.iastate.edu, isunrotc@iastate.edu

Students may participate in introductory Officer Education courses without any service obligations. Eligible students may join a Reserve Officers Training Corps program. Navy, Marine Corps, Army, and Air Force programs are offered at Iowa State. Students interested in available courses, program requirements, and scholarships may contact each department. Minimum physical, medical, and academic requirements must be met in order to qualify for a scholarship.

SafeRide ISU
Department of Public Safety/
Police Department
(515 294-4444)
police.iastate.edu/services/saferide

Whether you are a student, faculty, staff or visitor at Iowa State, there may be times when you find yourself on campus late at night or in the early hours of the morning. If walking leaves you feeling a little uneasy or apprehensive, call SafeRide ISU. We will gladly pick you up and transport you to your next on-campus location at no charge.

SafeRide ISU is available 6:00 p.m. - 5:30 a.m. to everyone by calling (515) 294-4444. Individuals with an ISU NetID can download the free SafeRide ISU app to request a ride. A student employee wearing a department uniform will pick you up. Students, faculty, staff and visitors at Iowa State are eligible for on-campus motorist assistance from the HelpVan. There is no charge for these services. Dial (515) 294-4444 and the HelpVan will arrive to provide the equipment needed for the following services:

- Jump start
- Jacks, lug wrenches, or other tools needed to change a flat tire
- A ride to and from the nearest gas station for fuel assistance
- A shovel to allow you to scoop snow

All SafeRide and Motorist Assist services are only available on University owned and leased properties and Sorority and Fraternity properties. Services may be limited on breaks and weekends.

Solution Center
192 Parks Library
(515 294-4000)
solution@iastate.edu
it.iastate.edu/solution

The Solution Center, a service of ISU Information Technology, is your single point of contact for your technology questions and issues. The mission of the Solution Center is to provide successful solutions to our customers including support for computer software, networking, and service-related issues.

Student Accessibility Services
1076 Student Services Building
(515 294-7220)
Monday–Friday, 8 a.m.–5 p.m.
accommodations@iastate.edu
sas.dso.iastate.edu

Student Accessibility Services (SAS) coordinates reasonable accommodations and other support services for eligible students with disabilities to promote equal access within the university. The programs and resources provided by Student Accessibility Services assist students with disabilities as they work with their instructors and advisors to reach their fullest academic potential. SAS staff determine eligibility and coordinate reasonable accommodations inside and outside of the classroom. SAS also provides advocacy, education, support, consultation, and referral assistance for students, faculty, and staff.

Student Assistance
1010 Student Services Building
(515 294-1020)
Monday–Friday, 8 a.m.–5 p.m.
studentassistance.dso.iastate.edu

Student Assistance in the Dean of Students Office works with students and families to navigate the challenges students may encounter at Iowa State. Unexpected life events, personal crises, or other difficulties can interfere with college success. Whether it is something as simple as not being able to find one of your classes or something more stressful and complicated such as the loss of a loved one, the Student Assistance staff is prepared to listen to your experience and guide you to the appropriate campus or community resources.

When you are unsure where to go for

help or when the unexpected occurs in your life, staff members in Student Assistance are available to provide support and information about university resources. Student Assistance can help students navigate their options if they have experienced a sexual misconduct situation. Student Assistance staff also educate students on the appropriate way to file an academic grievance; notify academic faculty in emergency absence situations; intervene and assist with students experiencing personal, academic, or mental health distress; and otherwise help students navigate the university's policies and procedures.

Student Assistance also help with resolving financial concerns, mediating off-campus roommate issues, understanding ISU policies, or general problem solving strategies. This website offers basic information; however it is typically helpful to talk one-on-one with a Student Assistance staff member.

Student Answer Center
Ground floor, Beardshear Hall
(515 294-4469)
Monday–Friday, 8 a.m.–5 p.m.
answercenter@iastate.edu

Stop by the Student Answer Center for guidance navigating campus and student resources. Located near the offices of Student Financial Aid, Accounts Receivable, Treasurer, and ISUCard, the staff can answer questions related to these offices and many other topics. The Student Answer Center is staffed by students who are trained to answer your questions on the spot or direct you to the proper source. You can contact them online at financialaid.iastate.edu/student-answer-center or by phone at 515 294-4469.

Student-Athlete Development, Office of
2050 Hixson-Lied Student Success Center
cyclones.com

Student-athletes have a variety of services available including:

- New student-athlete orientation
- Tutoring and mentoring
- Academic Enrichment and Monitoring
- Advocacy for student-athletes
- Individual Development Plans
- Graduation plans and progress toward degree
- Student-Athlete Affairs Programming
- Student-Athlete Advisory Committee
- Career Development
- Community and Campus Outreach
- Personal Development
- Social Cyclones
- Diversity and Inclusion programming
- Scholar-Athlete Banquet

Student Conduct, Office of
1010 Student Services Building
(515 294-1020)
studentconduct.dso.iastate.edu

The Office of Student Conduct is responsible for coordinating and administering the student disciplinary process at Iowa State University. This includes receiving reports of alleged misconduct, ensuring that students receive due process and fair treatment throughout the hearing process, and maintaining students' disciplinary records. Additionally, the Office of Student Conduct staff is committed to informing students of their rights as members of the university community and educating them regarding the responsibilities they have to themselves and the other members of the university community.

Individuals who believe that a violation of the Student Disciplinary Regulations has occurred may contact the Office of Student Conduct in the Dean of Students Office to discuss options available for reporting incidents to the appropriate authorities on campus.

Student Counseling Service
Student Services Building, 3rd floor
(515 294-5056)
Monday–Friday, To start services-walk in:
Monday-Thursday 8 a.m.-3 p.m.;
Open for service, 8 a.m.–5 p.m.
counseling.iastate.edu

Student Counseling Service (SCS) has a staff of professional counselors and psychologists who work with students to enhance their academic and personal well-being.

Some SCS programs and services include:

- Crisis assessment & intervention is available during all business hours
- Consultation services for faculty, staff, parents, etc.
- Individual counseling and group counseling services for the following concerns (but not limited to):
  - > Depression
  - > Anxiety
  - > Body image
  - > Grief
  - > Sexual abuse
  - > Homesickness
  - > Self-esteem
  - > Eating disorders
  - > Relationship concerns
  - > Trauma
  - > Assault
  - > Coming out
    - > Identity Development
    - > Diversity and multicultural concerns

Workshops and Group Counseling

- Anxiety Skills Workshop
- Emotional Skills Workshop
- Grief Group
- Making Peace with Food & Body Group
- Self-Compassion Group
- Trauma Group
- Understanding Myself and Others Group
- Persons of Color Group
- Grad Students Group
- Men's Group
- Connection & Trust Group
- Trust & Connection Group
- Women's Group

Student Employment Center
0640 Beardshear Hall
(515 294-5627)
financialaid.iastate.edu/student-employment-center
studentjobs@iastate.edu

The Student Employment Center knows how important a part-time job can be to help pay expenses while students are enrolled. Students are encouraged to use the online Student Job Board via AccessPlus. Listings are maintained for both on- and off-campus positions and are updated on a daily basis.

Student Health Center, Thielen
Thielen Student Health Center
(515 294-5801)
CycloneHealth.org

Iowa State University Thielen Student Health Center is staffed with physicians, advance registered nurse practitioners, physician's assistants and highly-trained medical professionals available to see you for your primary health care needs.

We understand the unique needs of students – things like working around your schedule to help you make an appointment or helping you transfer your medical records and prescriptions from home to school.

We are conveniently located on campus at the corner of Sheldon & Union drive—across from State Gym. We provide an inclusive, non-judgmental environment where our diverse student body is treated with dignity and respect in a non-discriminatory way.

View all mandatory health requirements at CycloneHealth.org . Your immunization records must be submitted online through

your Access Plus account. The Admissions Office does not forward health or immunization records.

A hold will be placed on your registration if you fail to submit your immunization records to Thielen Student Health Center by the due date. (Fall Entry: July 31 and Spring and Summer Entry: November 30)

Student Legal Services
0367 Memorial Union
(515 294-0978)
Monday–Friday, 8 a.m.–5 p.m.

Student Legal Services (SLS), funded by the Iowa State University Student Government, provides legal services for ISU students and student organizations. There is no charge for consultation with, or representation by, SLS lawyers. SLS provides services in areas of law including, but not limited to, the following:

- Administrative law
- Contracts
- Criminal law
- Employment law
- Family law
- Immigration
- Landlord/Tenant Law
- Notary services

SLS does not represent students in fee generating cases, controversies involving other students or the university, and generally does not handle felony defense or cases involving excessive time. However, free consultation with an attorney regarding these matters is available.

Student Loan Education Office
0680 Beardshear Hall
(515 294-0677)
Monday-Friday 8 a.m.-4:00 p.m.
loaneducation@iastate.edu
nofearfinance.com

The Student Loan Education Office is available for students to receive confidential one-on-one advising regarding personal financial matters. The goal of the office is to educate students about finances so they can live a financially healthy life. Students can meet with an advisor to discuss how to develop a budget in order to keep borrowing to a minimum, how to budget their personal earnings and/or financial aid refunds, as well as other topics like the use of credit, credit card concerns, and debt management. These services are available to all ISU students at no charge.

Study Abroad Center
6563 Memorial Union
(515 294-6792)
Monday–Friday, 8 a.m.–5 p.m.
No appointment necessary
studyabroad.iastate.edu

What's the most fun you can have in college while also preparing for life after graduation? Study abroad offers students a chance to travel the world, while building skills desirable to future employers! In fact, a recent study conducted by IES Abroad found that students who study abroad are hired faster and paid more than students who don't! So do something for yourself and your future career, study abroad!

Iowa State offers study abroad programs in more than 50 countries, from one week to two semesters long, in nearly every major, during spring break, summer, fall, or spring. It's time to ask yourself, "Where will my next adventure be?" But first, here are the basics:

- When can I study abroad? There are some programs open to freshmen, that allow students to try out study abroad before signing up for a longer experience. Students can also study abroad as a sophomore, junior, or senior.
- How much does it cost? There are programs available to meet all budgets. Some of our most affordable programs cost the same as ISU tuition!
- Can I use my scholarships and financial aid? Yes! And you can apply for additional study abroad scholarships too!
- If I study abroad, I will have to make up that time at ISU, right? Wrong! You can study abroad and take classes to fulfill major, minor, and general education requirements, ensuring that you graduate on time.

I don't speak a foreign language. Can I only go to English speaking countries? No! You can go to countries like Costa Rica, Germany, Italy, and Japan and take your courses in English.

How long does it take to prepare for study abroad? When should I apply? We recommend you start seriously looking into study abroad options roughly a year before you want to go. That way you have time to research program options, complete the application, and apply for scholarships. Study abroad applications are due the semester before you want to go. The deadline for the summer term and fall semester is March 1, while the deadline for the spring semester is October 1.

In addition to study abroad, the Study Abroad Center also provides advising on international internships, work abroad, and scholarships. Come visit us today to start planning your international adventure!

Veterans Center
3540 Memorial Union
(515 294-9801)
veterans.iastate.edu

Located on the third floor of the Memorial Union, the Veterans Center's mission is to strengthen the lives of Veterans, military personnel, their families, and our community. The Veterans Center helps Veterans and military-affiliated students (i.e., Guard/Reserve, ROTC, and Family Members/Dependents) successfully navigate the transition into a university setting. The Veterans Center is a great place to study and meet other Veterans and military-affiliated students. Open 8 a.m. to 5 p.m. Monday through Friday, please come to the Veterans Center for all Veteran-related questions.

Writing and Media Center
208 Carver Hall
(515 294-5411)
writectr@iastate.edu.
wmc.dso.iastate.edu

The Writing and Media Center (WMC) helps students become stronger, more confident communicators. The WMC is a welcoming and inclusive peer tutoring center where Communication Consultants offer free individualized assistance to undergraduate and graduate students across the disciplines working on any form of written, oral, visual, or electronic communication.

COMMUNITY RESOURCES

Location

Centrally located in the midwest and Iowa, Ames is easily accessed by north-south Interstate 35 or east-west Interstate 80. The Des Moines International Airport is located 45 minutes south of Ames and is served by major commercial airlines. The Ames Municipal Airport is located south of Highway 30 and receives small aircraft, including corporate jets. Ames is 218 miles south of Minneapolis, MN; 322 miles west of Chicago, IL; 227 miles north of Kansas City, MO; and 168 miles east of Omaha, NE.

Around Ames

For information on the Ames community, including lodging, dining, and shopping, contact:

Ames Convention & Visitors Bureau
1601 Golden Aspen Drive, Suite 110
Ames, IA 50010
515 232-4032
thinkames.com

For information on local businesses, contact:

Ames Chamber of Commerce
304 Main Street
Ames, IA 50010
515 232-2310
ameschamber.com

Weather

Ames experiences all four changes in seasons. The average rainfall in Ames is 33.4 inches, and the annual snowfall averages 30.8 inches. Throughout the year, these are the expected high temperatures by month:

January	30	July	84
February	35	August	83
March	48	September	77
April	63	October	64
May	73	November	47
June	82	December	32

Automatic Teller Machine (ATM) locations

On campus—Operated by USBank

College of Design
College of Veterinary Medicine
Frederiksen Court
The Hub
Maple-Willow-Larch Commons
Memorial Union (3 locations)
Parks Library
Union Drive Commons

Off campus—Check with your local bank for ATM locations.

Health services

In addition to the Thielen Student Health Center located on the Iowa State campus, health care is available in Ames from a major medical center, nearby clinics, and a full complement of human services.

- Mary Greeley Medical Center, 1111 Duff Avenue (515 239-2011), provides medical, surgical and emergency care, as well as a variety of health and wellness programs. Visit mgmc.org for more information.
- McFarland Clinic,1215 Duff Avenue (515 239-4400), is the largest physician-owned multi-specialty clinic in Central Iowa, with 200 providers offering a wide range of general and specialty services, including an Urgent Care Clinic, open nights and weekends, which offers same day appointments (515 956-4044).

For a list of chamber member chiropractors, doctors, dentists, orthodontists, and opticians, contact the Ames Chamber of Commerce, 515 232-2310 or ameschamber.com.

Local media

News and happenings in Ames are covered by a number of local media that also provide information on area employment opportunities.

Newspapers

The Ames Tribune
317 5th Street (515 232-2160)
amestrib.com

The Des Moines Register
400 Locust Street, Suite 500
Des Moines, IA 50309
(1-877-424-0225) desmoinesregister.com

The Story County Sun
317 5th Street (515 232-2160)
storycountysun.com

Iowa State Daily
2420 Lincoln Way, Suite 205
(515 294-4120) iowastatedaily.com

Radio stations

KASI AM—1430
415 Main Street (515 232-1430)
1430kasi.com

NOW 105.1 (KCYZ-FM)
415 Main Street (515 232-1430)
now1051.iheartradio.com

Iowa Public Radio/WOI AM—640
Iowa Public Radio/WOI FM—104.7
2111 Grand Avenue, Suite 100,
Des Moines, IA 50312
(515 725-1714)

KURE FM—88.5
1199 Friley Hall, Iowa State campus
(515 294-4332)
kure.stuorg.iastate.edu

KHOI FM—89.1
410 Douglas Avenue (515 292-2878)
khoiradio@gmail.com

Television stations/services

KCCI Ames News Bureau
323 Main Street (515 233-0438)

Mediacom
225 South Dayton Avenue (885 633-4226)

Government/public

Ames City Hall
515 Clark Avenue (515 239-5101)
cityofames.org

Entertainment opportunities

For a complete list of area events and entertainment, contact the Ames Convention & Visitors Bureau (515 232-4032 or 800 288-7470) thinkames.com.

Arts

ACTORS, Inc. (Community Theater)
120 Abraham Drive (515 292-2073)
actorsinc.org

Ames Community Arts Council
526 Main Street C (515 233-6110)
amesart.org

Brunnier Gallery and Museum
Scheman Building (515 294-3342)
museums.iastate.edu

The Maintenance Shop
Memorial Union, Iowa State campus
2229 Lincoln Way (515 294-8349)
sub.iastate.edu/maintenance-shop

Octagon Center for the Arts
427 Douglas Avenue (515 232-5331)
octagonarts.org

The Workspace
Memorial Union, Iowa State campus
(515 294-0970)
sac.iastate.edu/arts-the-workspace

Bowling

Perfect Games
1320 Dickinson Avenue (515 598-2695)
perfectgamesinc.com

CyBowl and Billiards
Memorial Union, Iowa State campus
(515 294-1233)
sac.iastate.edu/cybowl-billiards

Fitness centers

Ames Community Center
City Hall, 515 Clark Avenue (515 239-5360)

Ames Racquet & Fitness Centers
3600 University Boulevard (515 232-1911)
2622 Stange Road (515 292-4741)
4700 Mortensen Road (515 232-1911)
amesracfit.com

Anytime Fitness
823 Wheeler Street Suite 6 (515 233-1353)
5820 West Lincoln Way Suite 103
(515 268-0444)
414 South 17th Street (515 232-9539)
anytimefitness.com

Iowa State Recreation Services
Iowa State campus (515 294-4980)
recservices.iastate.edu

Golf

Coldwater Golf Links
1400 S. Grand Ave.(515 233-4664)

Homewood Golf Course
20th Street and Duff Avenue (515 239-5363)

Veenker Memorial Golf Course
2916 Veenker Drive (515 294-6727)

Iowa State Center
1805 Center Drive, Suite 102
Iowa State campus (515 294-3347)
center.iastate.edu

Movie theaters

Movies 12
1317 Buckeye Avenue (515 232-5066)
cinemark.com

North Grand Cinema
2801 Grand Avenue, Suite 1300
northgrandcinema.com

Shopping

Campustown
Across from the Iowa State campus
amescampustown.com

Main Street Cultural District
amesdowntown.org

North Grand Mall
2801 Grand Avenue (515 232-3679)
northgrandmall.com

Somerset
North of campus on Stange Road

Skating (ice)

Ames/Iowa State University Ice Arena
1507 Gateway Hills Park Drive
(515 292-6835)

Visitor attractions

Art galleries

Brunnier Gallery
Scheman Building, Iowa State Center
(515 294-3342)
museums.iastate.edu

Christian Petersen Art Museum
603 Morrill Hall, Iowa State campus
(515 294-9500)
museums.iastate.edu

Anderson Sculpture Garden
601 Morrill Road Iowa State campus (515 294-3342) museums.iastate.edu Iowa State campus

Design on Main, ISU College of Design
207 Main Street
design.iastate.edu/college/facilities/design-on-main

Farm House Museum
601 Farm House Lane Iowa State campus
(515 292-7426) museums.iastate.edu

The Gallery, Pioneer Room
Memorial Union, Iowa State campus

Octagon Center for the Arts
427 Douglas Avenue
(515 232-5331) octagonarts.org

Other attractions

Boone (IA) and Scenic Valley Railroad
225 10th Street, Boone, IA
(800 626-0319)
bsvrr.com

Iowa Arboretum
1875 Peach Avenue, Madrid, IA
(515 795-3216)
iowaarboretum.org

McFarland Park
56461 180th Street
Story County Conservation
(515 232-2516)
storycountyconservation.org

Reiman Gardens
1407 South University Boulevard
(515 294-2710) reimangardens.com

Seven Oaks Recreation
1086 222nd Drive, Boone, IA
(515 432-9457), sevenoaksrec.com

Story City Carousel
102 City Park Story City, IA
(515 733-4214)

Annual events

Cyclone Family Weekend (CFW)
familyweekend.iastate.edu
Enjoy the Iowa State campus with your student at the premiere event for family members in the fall. Daytime and evening entertainment and college receptions make up this weekend dedicated to the Cyclone Family. Hold your calendars for Friday, Oct. 11 – Sunday, Oct. 13, 2019.

Iowa Games
iowagames.org
Competition for amateur athletes from around the state.

Iowa Special Olympics
soiowa.org
Olympic-style sports and awards ceremonies for special athletes.

Lincoln Highway Days in Nevada
Parade and carnival.

Midnight Madness
A tradition featuring speed walks, bike races, and 5- and 10-K road races at night.

Octagon Art Festival
octagonarts.org
Sponsored by the Octagon Center for the Arts.

Pufferbilly Days in Boone
Boone's annual celebration with parade and other events.

Scandinavian Days in Story City
A celebration of the Scandinavian culture, through folk dancing, live theater, and ethnic food.

WinterFest
sac.iastate.edu/winterfest
Annual event the last day of the fall semester before dead week. Features entertainment, free food, ice skating, tree lighting ceremony, open house at the Knoll, and more.

ISU AfterDark
sac.iastate.edu/afterdark
Monthly events occurring from 9pm – 1am on Fridays in the Memorial Union. Each event is free and includes featured entertainment (recently Jenna Marbles, JoJo, Matt Bellassai, Nasim Pedrad), food, prizes, bingo, crafts, bowling & billards, photo booth and more.

Ames environmental programs

For decades, the City of Ames has actively engaged in saving resources, reducing energy demand, and promoting recycling. There is a growing movement in the Ames community to promote conservation of limited resources as a means to achieving a greater global good—a more sustainable future.

EcoSmart is the City of Ames' comprehensive strategy to reduce energy consumption and decrease our carbon footprint. While many of these efforts are new, others have been around for decades. The components of EcoSmart include Smart Ride, Smart Trash, Smart Watersheds, Smart Water, Smart Energy, Smart Housing, and Smart City.

Ames' CyRide bus system, part of Smart Ride operates with biofuel. In the last year, CyRide provided over 6 and a half million rides. In addition, the new fleet of hybrid buses, called CyBrids, will further reduce fuel consumption and improve air quality in Ames.

The Arnold O. Chantland Resource Recovery Plant was the first municipally operated waste-to-energy facility in the nation and was built in 1975. The plant recycles trash from Ames and the surrounding communities in Story County. The burnable portion of the trash is converted into Refuse Derived Fuel, which is piped to the city's power plant and used as a supplemental fuel in the coal boilers to generate electricity. The metals recovered are recycled, and the non-burnable material is shredded and sent to a landfill. Ames has been recycling 70 percent of trash for over 35 years and has saved more than 80 acres of Iowa farmland from becoming a landfill—now that's Smart Trash!

Smart Watershed is a conservation and education effort directed at water quality and conservation. Smart Water encourages residential and commercial water consumers to decrease demand for water and be mindful that water is a limited resource.

Smart Housing is an initiative of the city's Planning & Housing Department and involves rehabbing houses for low income participants with energy-efficient products.

Smart Energy is a suite of energy programs aimed at improving comfort, reducing electric bills, and contributing to the reliability of the Ames electric system through education, incentives, and rebates.

Ames city parks

The City of Ames Parks and Recreation department has a multitude of activities, programs, and facilities available for all ages and interests. Facilities include indoor and outdoor swimming pools, a nine-hole golf course, and an indoor ice skating arena. The community center located in City Hall includes a gymnasium, weight room, fitness rooms, and an 881 seat auditorium.

Ames has 35 municipal parks, encompassing more than 1,200 acres of park land, a combination of both passive and active areas. The following list highlights many of the local park facilities:

- Ada Hayden Heritage Park—The 137-acre lake is located at the northern city limits of Ames on U.S. Highway 69. The park includes a boat ramp, fishing, a 3.1-mile hard-surfaced pathway, natural areas and wildlife viewing
- Ames/ISU Ice Arena—1507 Gateway Hills Park Drive (515 292-6835) Indoor NHL regulation size ice arena
- Brookside Park—1325 6th Street (515 239-5350) Three picnic shelters, sand volleyball court, Audubon trail, play equipment, nine horseshoe courts, four lighted tennis courts, skateboard park
- Dog Park—605 Billy Sunday Road (515 239-5350) 10 acre off-leash dog park with large dog (eight acre) and small dog (two acre) areas. Facility use permits may be purchased at the Community Center at City Hall or at the Ames Animal Shelter
- Donald and Ruth Furman Aquatic Center—1635 13th Street (515-232-POOL) Outdoor water park with 50-meter lap pool, lazy river, zero-depth play area and four water slides
- Emma McCarthy Lee Park—3400 Ross Road (515 239-5350) Located just northwest of Iowa State Playground, includes four lighted tennis courts and two shelters
- Gateway Park—1500 Gateway Hills Park Drive Ames/Iowa State University Ice Arena, three sand volleyball courts, play equipment, natural area, Carroll Marty Disc Golf Course
- Homewood Golf Course and Park—401 E 20th St (515 239-5363) Municipal nine-hole golf course, practice green and clubhouse
- Inis Grove Park—2500 Duff Avenue Basketball courts, open play fields, three picnic shelters, nature trails, and play equipment
- Moore Memorial Park—3050 Northridge Parkway (515 239-5350) Two park shelters, hard-surface pathway, restored prairie
- Bandshell Park—6th Street and Duff Avenue Concert venue featuring summer band concerts in June and July, play equipment
- River Valley Parks—725 E 13th Street (515 239-5350) Six softball fields, baseball field, two picnic shelters, open play fields, 2 1/2-miles of nature trails, and play equipment
- Stuart N. Smith Park—1501 South 4th Street (515 239-5120) Grass and wooded areas, play equipment, sheltered tables, hard-surfaced pathway

Religious organizations

Campus Religious Leaders Association
2210 Lincoln Way (515 292-3810 Ext 17)

Apostolic

Christ Apostolic Faith Temple
405 Northwestern Avenue (515 233-5619)

Assemblies of God

First Assembly of God - Lifepointe Church
409 13th Street (515 232-7111)

Baha'i

Baha'i Faith
714 Lynn (515 292-6587)

Baptist

Heartland Baptist Church
3333 Stange Road (515 268-1721)

Crossroad Baptist Church—GARBC
57011 East Highway 30 (515 232-6022)

First Baptist Church of Ames
200 Lynn Avenue (515 292-9612)

Grand Avenue Baptist Church—SBC
612 24th Street (515 232-8803)

New Birth Baptist Church
159 Sheldon Ave (515 450-8881)

Bible

Stonebrook Community Church
3611 Eisenhower Avenue (515 232-6290)

Catholic

St. Cecilia Catholic Church
2900 Hoover Avenue (515 233-3092)

St. Thomas Aquinas Catholic Church and Student Center
2210 Lincoln Way (515 292-3810)

Christian

First Christian Church (Disciples of Christ)
611 Clark (515 232-5766)

Christian Reformed

Trinity Christian Reformed Church
3626 Ontario (515 292-4676)

Church of the Brethren

Ivester Church of the Brethren
1925 Hunziker Dr (515 233-3772)

Church of Christ

Westside Church of Christ
107 Abraham Drive (515 292-2969)

Episcopal

St. John's Episcopal Church
2338 Lincoln Way (515 292-6655)

Evangelical

Ames Foursquare Church
335 Bell Ave Ste 2 (515 663-8804)

Christ Community Church (EFCA)
5501 GW Carver Ave @ The Plex
(515 232-2765)

Friends (Quaker)

Ames Friends Meeting
121 South Maple (515 232-2763)

Inter-denominational

Body of Christ Christian Worship Center
114 5th Street (515 296-0356)

Islam

Darul-Argum Islamic Center
1212 Iowa Avenue (515 292-3683)

Jewish

Ames Jewish Congregation
3721 Calhoun (515 233-1347)

Lutheran

Ascension Lutheran Church—AALC
2400 Bloomington Road (515 232-3815)

Bethany Lutheran Church, ELS—WELS
3113 Diamond Street (515 232-1544)

Bethesda Lutheran Church—ELCA
1517 Northwestern (515 232-6256)

Memorial Lutheran Church—Missouri Synod
2228 Lincoln Way (515 292-5005)

St. Andrew's Lutheran Church—ELCA
209 Colorado (515 292-2131)

St. Paul Lutheran Church—LCMC
610 15th Street (515 232-5838)

Methodist

Calvary United Methodist Church
1403 24th Street (515 232-6329)

Collegiate United Methodist Church Wesley Foundation
2622 Lincoln Way (515 292-6936)

First United Methodist Church
516 Kellogg (515 232-2750)

Korean United Methodist
6147 U.S. Highway 69 (515 509-9268)

Mormon

Church of Jesus Christ of Latter Day Saints
2524 Hoover Avenue (515 232-0437)

Church of Jesus Christ of Latter Day Saints
137 Lynn Avenue (515 292-2759)

Nazarene

Church of the Nazarene
203 South Kellogg (515 233-1425)

Non-denominational

Cornerstone Church of Ames
56829 U.S. 30 (515 232-5488)

North Grand Church of Christ
919 30th Street (515 232-1060)

Oakwood Road Church
2400 Oakwood Road (515 292-3620)

Pentecostal

New Life United Pentecostal Church
3505 South Duff (515 232-2515)

Presbyterian

Collegiate Presbyterian Church—USA
159 Sheldon Ave (515 292-2063)

Northminster Presbyterian Church—USA
1416 20th Street (515 233-2540)

Reformed

Renew Community Church
1627 S. High Ave (515 268-1728)

Seventh Day Adventist

Seventh Day Adventist Church
1303 Grand Avenue (515 232-1273)

Unitarian Universalist

Unitarian Universalist Fellowship of Ames
1015 North Hyland (515 292-5960)

United Church of Christ-Congregational

United Church of Christ
217 6th Street (515 232-9323)

Unity

Unity Church of Ames
226 9th Street (515 233-1613)